

TOTAL SEAL RECOMMENDED GAP CHART

ALL EXCEPT GAPLESS TOP

APPLICATION	FUEL	TOP RING	2ND RING	OIL RAIL
Street, strip, circle	Gas, Alky, E85	Bore X .0045"	Bore X .0045"	Min .015"
Nitrous up to 150HP	Gas, Alky, E85	Bore X .0055"	Bore x .0055"	Min .015"
Nitrous 150HP-350HP	Gas, Alky, E85	Bore X .0065"	Bore x .0065"	Min .015"
Nitrous 350HP+	Gas, Alky, E85	Bore X .008"	Bore x .008"	Min .015"
Mild boost up to 15lb	Gas, Alky, E85	Bore x .0055"	Bore x .0055"	Min .015"
Medium boost 15-30lb	Gas, Alky, E85	Bore x .007"	Bore x .007"	Min .015"
High Boost 30lb+	Gas, Alky, E85	Bore x .008"	Bore x .008"	Min .015"
Mild boost up to 15lb	Nitro	Bore x .006"	Bore x .006"	Min .015"
Medium boost 15-30lb	Nitro	Bore x .008"	Bore x .008"	Min .015"
High Boost 30lb+	Nitro	Bore x .009"	Bore x .009"	Min .015"

GAPLESS TOP ONLY

APPLICATION	FUEL	TOP RING	2ND RING	OIL RAIL
Street, strip, circle	Gas, Alky, E85	Bore X .0065"	Bore X .0055"	Min .015"
Nitrous up to 150HP	Gas, Alky, E85	Bore X .007"	Bore x .006"	Min .015"
Nitrous 150HP-350HP	Gas, Alky, E85	Bore X .0075"	Bore x .0065"	Min .015"
Nitrous 350HP+	Gas, Alky, E85	Bore X .008"	Bore x .007"	Min .015"
Mild boost up to 15lb	Gas, Alky, E85	Bore x .007"	Bore x .006"	Min .015"
Medium boost 15-30lb	Gas, Alky, E85	Bore x .0075"	Bore x .0065"	Min .015"
High Boost 30lb+	Gas, Alky, E85	Bore x .0085"	Bore x .008"	Min .015"
Mild boost up to 15lb	Nitro	Bore x .0075"	Bore x .0065"	Min .015"
Medium boost 15-30lb	Nitro	Bore x .0085"	Bore x .0075"	Min .015"
High Boost 30lb+	Nitro	Bore x .0095"	Bore x .0085"	Min .015"

**Disclaimer;*

These are general gapping recommendations and are not to be considered absolute.

State of engine tune, operating environment and personal experience must also be considered.

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