

SumoSprings ***Rear***

Suspension Enhancement
GM 3500/4500 Cutaway Van [1996 ~ present]
SumoSprings SSR-206-47/54



SSR-206-47



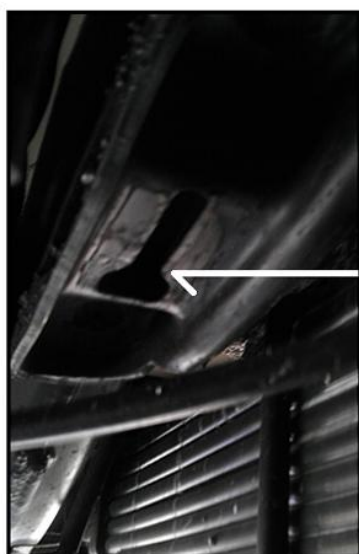
SSR-206-54

**OE
Bumpstop**

Bracket Nut Plate



*Insert plate into sideways slot at rear.
To install, turn jounce clockwise.*



*sideways
slot*



SSR-206-54 Installed

Installation Instructions

- 1) Park vehicle on level hard surface. Engage emergency brake. Place blocks in front and behind the front wheels to prevent rolling. Observe all safety precautions and wear safety glasses.
- 2) Raise rear of vehicle allowing the axle to hang freely. Support the frame using safety jack stands.
- 3) Remove existing factory jounce bumper assembly from the frame.
- 4) Apply loctite to bolt threads.
- 5) Insert the bracket nut plate on the end of the SumoSprint bolt into the sideways slot on the frame where the factory jounce bumper was located. Center the jounce over the axle, tighten securely by rotating SumoSprint and pulling down to stop nut plate from rotating. See front image for details.
- 6) Repeat steps three through four on the other side of the vehicle.
- 7) Jack up vehicle, remove safety jack stands.
- 8) Carefully lower vehicle to the hard surface. Remove the blocks in front and back of the front wheels.
- 9) Release emergency brake.
- 10) Fill out warranty card and send to SuperSprints. The warranty card is on the reverse side of this page.

Tool List

- | | |
|----------------|---|
| • Floor Jack | 1 |
| • Jack Stands | 2 |
| • Wheel Blocks | 4 |

Parts List

- | | |
|---------------------|---|
| • SumoSprints | 2 |
| • Bracket Nut Plate | 2 |
| • Loctite sachet | 1 |

Important Notice.

- 1) For easy installation please read instructions completely first and have all necessary tools available.
- 2) We recommend that this installation be done by a professional or persons with sound mechanical knowledge.
- 3) SumoSprints are designed to work with the original factory [springs](#) only.
- 4) These instructions are meant as a guide for the installation of SumoSprints. SuperSprints International assumes no liability for the actual installation process. Installers should apply common automotive safety practices when raising, lowering and working on vehicles.
- 5) SumoSprints are designed to enhance the vehicle's load carrying performance and road handling however it does not authorize (or recommend) loading beyond the manufacturer's GVWR specifications.

To prevent damage to the vehicle and to ensure safety, do not exceed the maximum load recommended by the vehicle's manufacturer (GVWR).