

SOLO WERKS S1 Coilover Suspension VAG MK7 Platform (50MM Housing) Part Number: S1VW013/14

#### Thank you for purchasing your new SOLO WERKS S1 Coilover suspension.

#### IMPORTANT PLEASE READ BEFORE BEGINNING INSTALLATION:

Please take a moment to review this installation process and verify that your kit is complete and all components have been received. If there are any questions during the process, contact us directly.

SOLO WERKS recommends that you have this kit installed by a qualified professional. Solo Werks or its authorized agents are not responsible for damage or failure resulting from an improper or modified installation. Do not use a pneumatic impact gun to torque the upper strut nut as damage may occur.

All suspension related components must be inspected and in good working condition. You should inspect all bushings, tie rods, hubs, bearings, strut mounts, sway bar end links, wheels, tires, etc. and replace if necessary.

This suspension system was designed to work best with the factory wheel/tire combination. Any deviations from these specifications could result in significantly altered handling characteristics and/or increased interference risk to other vehicle components.

SOLO WERKS TIP: Depending on the offset & size your wheels/tires, wheel spacers may be required for proper fitment.

If suspension is lowered past the recommended measurements there can be possible interference with multiple vehicle components; (i.e. modification may be necessary to fender lips, seams etc.). This will also void your Solo Werks warranty.

After installing the suspension system, a four-wheel alignment must be performed according to manufacturer's specifications. Check and reset load- dependent brake compensator, ABS system and headlight aim according to manufacturer's specifications (If applicable).

ALL RUBBER- MOUNTED STRUT/ DAMPER ATTACH-MENTS MUST NOT BE FULLY TIGHTENED UNTIL

AFTER THE SUSPENSION SYSTEM IS LOADED (WHEELS ON THE GROUND). OTHER MOUNTING

FASTENERS (FOR EXAMPLE BRACKETS) MUST BE SECURELY TIGHTENED BEFORE LOAD IS PLACED ON THE

SUSPENSION SYSTEM

Every effort has been made to avoid printing errors in our literature. However, if there are any application or specification errors or omissions we must disclaim responsibility.



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#### **Original Suspension Removal- Front:**

SOLO WERKS TIP: Disconnect Headlight level sensor on control arm (if equipped) before any other steps are taken. Disregard for this step could result in damage to sensor link.

- 1. Support Lower Control Arm/Spindle with floor jack
- 2. Remove any lines from original suspension strut mounts
- 3. Remove OEM sway bar end link from strut housing (This will be reused)
- 4. Remove Lower Pinch Bolt/Nut from spindle)
- 5. Using Strut Spreader Tool (VAG part # SCW3435), spread spindle mount
- 6. Lower the control arm to separate strut from spindle.
  - a. Ensure that the lower control arm is still supported
  - b. This may require work to separate as corrosion may limit movement
  - c. Using rubber mallet tap the cast spindle to free strut from spindle
- 7. Support strut from inside wheel well
- 8. Remove three upper strut mount bolts accessing them inside engine bay underneath wiper cowl
- 9. Remove strut assembly
- 10. Leave the Strut Spreader in place

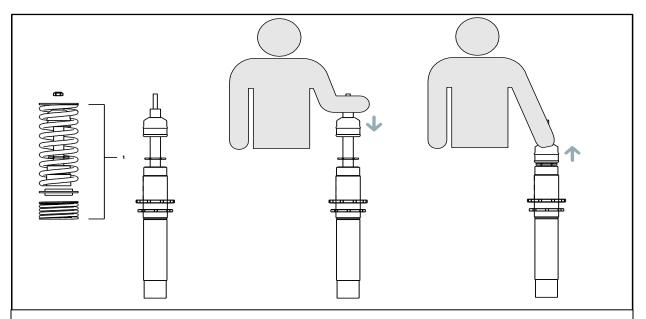
**NOTE:** If you are using your existing upper strut mount and bearing (Fig 1 #2 & 3) you must remove these items from the strut assembly. These items are under extreme pressure from the front spring and must be removed using an appropriate spring compressor to relieve the pressure. Follow the directions given by the manufacturer of the Spring Compressor to safely remove the spring and disassemble the Strut Assembly.

SOLO WERKS TIP: As the strut mounts and bearings are a consumable/wear item and are a known fail point on this chassis Solo Werks recommends using new 034Motorsports Density mounts with new OEM Bearings and leaving your original suspension as an assembly. These parts are available from your Solo Werks Dealer or your local VW/Audi parts dealer.



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### Solo Werks Coilover Pre-Assembly – Priming the Dampers



SOLO WERKS TIP: As the suspension is shipped and stored in a horizontal position, it is advisable to exercise or Prime the shock absorber before you install them to ensure that the internal contents are in the correct chambers. Therefore, we advise that before you assemble the front coilover shock absorber, take a moment to purge the shock absorber.

To do this, one side at a time remove the following from one of the front Coilover Assemblies (if equipped):

- Two Upper fasteners\* (lock nut and securing nut model dependent)
- Upper Spring Perch
- Main Spring
- Spring Isolator
- Helper Spring

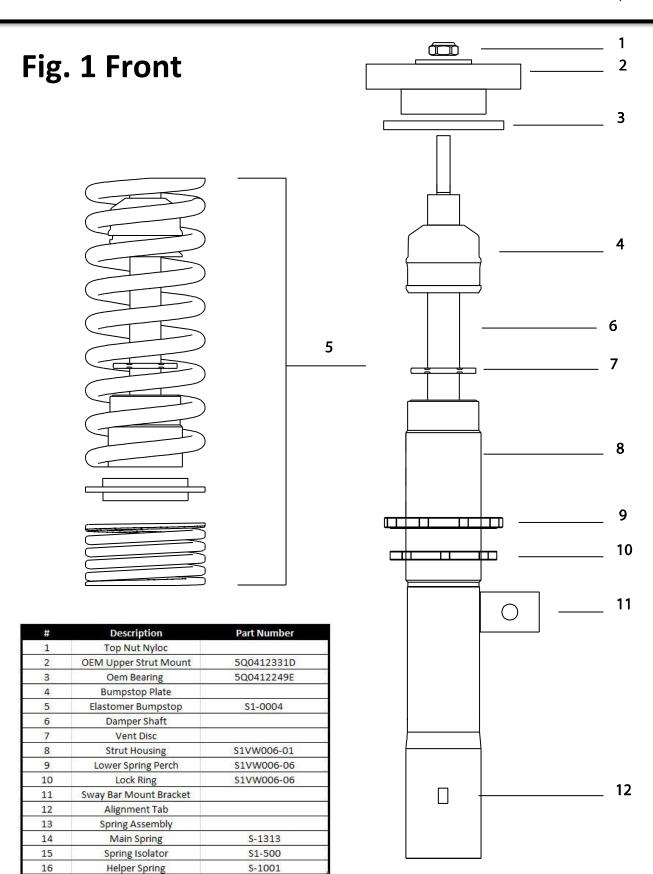
You will then be left with the coilover strut with the bumpstop and vent disc on the shaft. Pull the bumpstop up to the top of the chrome shock shaft, just before the threaded portion.

With the shock upright (as it would be installed in the vehicle) compress the shock shaft until the bump stop touches the shock housing, and then pull to extend the shock shaft back to full extension.

Repeat 3-5 time minimums. You will notice the shock forces getting progressively harder each time. Once they feel consistent each way, you are ready to install.



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Fig. 2 Rear

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Description

Top Nut Nyloc

Damper Shaft

**BUmpStop** 

**Dust Shield** 

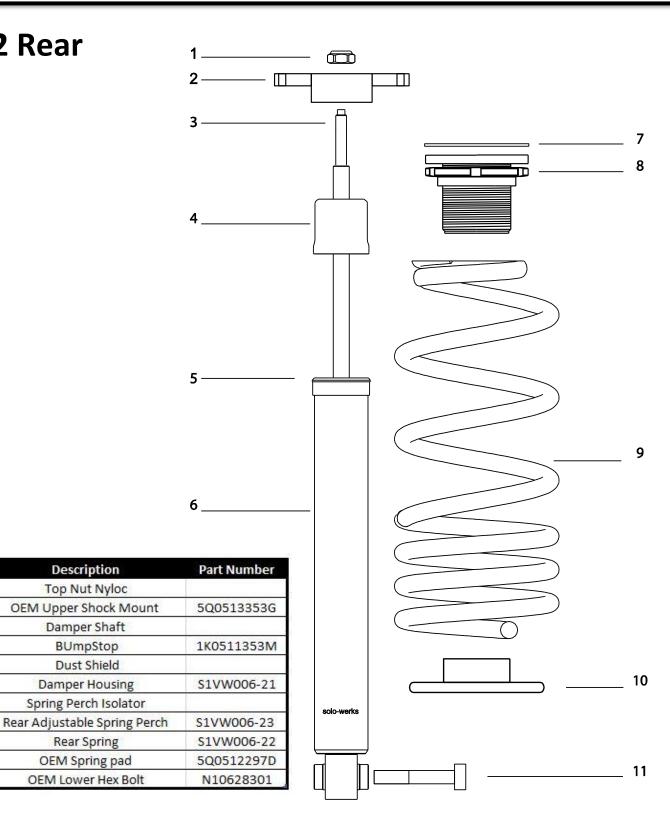
Damper Housing

Spring Perch Isolator

Rear Spring

**OEM Spring pad** 

**OEM Lower Hex Bolt** 





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#### Solo Werks Coilover Assembly and Installation – Front:

- 1. Work-in the OEM Upper Bearings Rotate the bearing a few times to break it in
  - a. We have found that brand new or even existing bearings can get stuck as they have a very limited rotation when installed
  - b. If they are stuck or too hard to move, they will not allow the assembly to rotate as it should and will create a spring bind that will produce a "boing" or "clang" sound of the springs recoiling

Assemble the coilover assembly with the OEM Strut Mount and bearing using the provided hardware as in the diagram Fig.1

- a. Top nut should be torqued to 44 ft-lbs. (Fig. 1 #1)
- b. Once assembled, we recommend starting the main perch at 25mm (1") of thread remaining below the main perch/spring seat using the included spanner wrench actual vehicle height will be set later in the process. (Fig.1 # 10&11)

NOTE: Use of an anti-corrosion product such as the Boeshield T-9 on the threads & main perch/spring seat at this point (Fig.1 # 10&11) can make the adjustment process much easier and will add an extra layer of protection. A sample bottle of Boeshield T-9 is included in your installation packet, and additional units are available from your Solo Werks dealer.

- 2. Insert strut assembly into vehicle
  - a. Reinstall three upper strut mount bolts but do not tighten at this time.

NOTE: Before proceeding with the next step, inspect the inside of the Spindle for debris (rust/dirt etc. Fig.1 #13). Also note the placement of the ridge that is built into the inner lower edge of the tube of the spindle. This is a locator for the shock tube, which must be inserted into the tube until it is stopped by this ridge. Only at this point is the shock properly seated in the Spindle.

- 3. With the Strut Spreader in place:
  - a. Insert strut assembly into Spindle housing with the metal bolt locator through the split (Fig.1 #13).
  - b. Slide the strut assembly down until the bottom of the strut housing has bottomed out on the internal ridge in the spindle.
- 4. Replace lower spindle bolt through spindle housing and strut locator
- 5. Fasten the self-locking nut onto the lower spindle bolt and tighten to:
  - a. 37 ft-lbs + ¼ turn (90°)
- 6. Repeat procedure on the other side.
- 7. Reattach oem sway bar end links onto end link bracket (Fig.1 #11) and moment arm of swaybar.
- 8. Once vehicle is placed back on the ground under its own weight, Torque upper strut mount bolts to 11 ft-lbs.



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### **Original Suspension Removal- Rear:**

SOLO WERKS TIP: Disconnect Headlight level sensor from lower control arm before any other steps are taken. Disregard for this step could result in damage to sensor link.

- 1. While Supporting lower trailing arm or beam in the compressed position (loaded as if it is on the ground)
  - a. Remove both lower shock bolts (passenger and driver's side shocks)
  - b. Independent Rear Suspension cars Remove outer control arm bolt.
  - c. Slowly lower rear trailing arm on both sides to remove the pressure on the rear springs
  - d. Remove rear springs
    - i. This may require you to lower down the rear beam or control arm to allow more room to remove the springs
- 2. Remove the two upper bolts from the upper shock mount on each side & remove rear shocks.
  - a. Remove oem upper shock mount and dust boot assembly and discard. (A new bumpstop and dustboot are now included)
  - b. Make note of orientation of OEM parts to be reinstalled later. (Fig. 2 #2)

#### Solo Werks Coilover Assembly and Installation – Rear:

The Rear of this platform is a combination of a rear lowering spring & adjustable spring perch and specially matched shock absorber. The shock absorber does not need to be adjusted in any way to change the ride height.

SOLO WORKS TIP: Just like the front struts, it is advisable to Prime the rear shocks as well. To purge the rear shocks: Refer to procedure on page 3.

In the vertical position (as it would be installed in the vehicle):

- 1. Extend the shock rod to its full extent
- 2. Compress until 1" of the chrome shock rod is visible outside of the shock housing
- 3. Repeat 3-5 times or until the strokes feel consistent.



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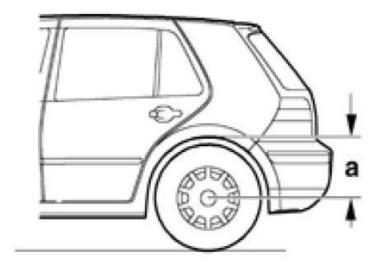
#### Solo Werks Coilover Assembly and Installation – Rear con't.

- 1. Remove both upper and lower factory spring pads from the vehicle, and ensure that both areas are clean and free of any dirt or debris.
- 2. The Solo-Werks rear spring perch is designed to be installed on top of the spring.
  - With the spring perch located above the spring it makes for easier access for future adjustments.
- 3. Place the spring into the lower control arm and clock the end of the wind into the indentation on the OEM lower spring pad. (Fig.2 #10)
  - a. This is not the end with the spring wire ground flat
- 4. Prepare the perch for installation
  - a. Thread the adjustable perches down close to the aluminum base.
- 5. Place the perch into the top of the spring and align with chassis.
  - a. You may need to raise the rear axle to keep the assembly in place.
- 6. Ensure the Solo Werks rubber spring perch isolator (Fig. 2 #7) is in place
- 7. Repeat on the other side.
- 8. Assemble Solo-Werks rear shock (Fig.2) reusing OEM upper shock mount, Bump stop and Dust shield. Torque shock shaft bolt (Fig.2 #1) to 18 ft-lbs.
- 9. Place shock into vehicle and reinstall two upper shock mount bolts and torque to 37 ft-lbs.
- 10. Re install the lower bolt / lock washer / washer assembly through the opening in the bottom of the control arm/axle.
  - a. Do not torque lower shock bolts until vehicle is back on the ground and all weight is on vehicle. Then torque lower shock bolts to 130 ft-lbs.



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# Solo Werks Coilover Final Details – Heights & Working Ranges



		Lowering Range				
		in Mm		in Inch		
Model	Year	Front	Rear	Front	Rear	
Audi/VW MK7	15+	35-65	35-70	1.4" to 2.5"	1.4" to 2.75"	

Front Measurement					
Max low mm	Max low Inch	Max high mm	Max high Inch	OEM mm	OEM Inch
315	12.5"	345	13.6"	380	15"

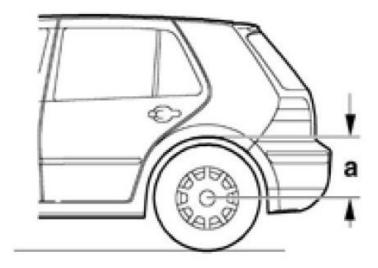
Rear Measurement							
Max low mm	Max low Inch	Max high mm	Max high Inch	OEM mm	OEM Inch		
310	12.25"	345	13.6"	380	15"		

- These measurements are in place to allow both front and rear dampers to operate properly and allow for ample shock travel.
- All measurements will be referenced from "center of wheel hub to bottom lip of fender (see example figure "a")
- Using this system outside of this range can cause premature failure and is cause to void your manufacturer specified warranty.
- Helper springs are intended to keep preload on the main spring under full suspension extension, do not remove!



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# My Setup - Heights & Working Ranges



### Use this page to record your setup heights for easy future reference

Front Measurement							
Date	Max low mm	Max low Inch	Max high mm	Max high Inch	OEM mm	OEM Inch	
Solo Spec	315	12.5"	345	13.6"	380	15"	

Rear Measurement							
Date	Max low mm	Max low Inch	Max high mm	Max high Inch	OEM mm	OEM Inch	
Solo Spec	310	12.25"	345	13.6"	380	15"	