

[Table Of Contents](#)

Dedication

Acknowledgments

Introduction

Chapter 1: The Evolution of Muscle Cars and Brakes

A Brief History of Muscle Cars

Theory of Braking Systems

Stability, Steering, and Stopping Distance

Engineering Details of Braking Performance

Force Conversions

How Upgrades Affect Vehicle Performance

Modern Braking Performance Versus High Performance

Chapter 2: Components and Their Functions

Brake Pedal and Assembly

Brake Fluid and Hydraulics

Master Cylinder

Power Assist

Brake Lines

Brake Valves

Residual Valves

Types of Automotive Hydraulic Brakes

Drum Brakes

Disc Brakes

Brake Lining Materials

Parking Brake

Brake Light Switches

Chapter 3: General Brake Upgrade Overview

OEM Conversions

Aftermarket Conversions

Wheel Fit and Tires

Caliper Types

Brake Rotor Choices

Application Selection

Power or Manual Brakes

Creating Braking Force with Calipers and Master Cylinders

Research

The Final Selection

Chapter 4: GM Brake Conversion: Budget-Friendly Upgrade

Beat the Drums

Discs

Rotors

Calipers

Brake Pads

Rear Disc Upgrades

Rear Brake Install

Front Brake Install

Chapter 5: Ford Disc Brake Conversion: Street/Strip Upgrade

Vehicle Interchanges/Crossovers

Grenada Front Brake Swap on Mustang

Ford Disc Brake Calipers

OEM-Style Front Rotors

OEM Master Cylinders, Power Units, Proportioning Valves

Aftermarket Conversions

High-Performance 1968 Ford Torino Big Brake Upgrade

Rear Axle Brake Kit

Chapter 6: Mopar Brake Conversion: Pro Touring Upgrade

Chrysler's Muscle Car Brake Systems

The Baer Brakes Upgrade

The Rear Brake System

Don't Forget the Master Cylinder

Chapter 7: Picking a System and Getting It Done

Deciding on Your Brake System

Research Options

Developing and Executing a Build Strategy

Routine After-Assembly Test

Breaking in the Brake Pads and Rotors

Post Bedding-In Inspection

The Last Word

Source Guide