



[Table Of Contents](#)

Acknowledgments

Preface

Author Bio

Introduction

Chapter 1 The Basics

Overview of an Event

Basic Autocross Gear

Classes: How to Decide Which is for You

Chapter 2 Car Control

Seating Position: Hands and Feet

Steering Inputs: Using Your Hands

Looking Ahead

The Friction Circle

Weight Transfer

Braking

Cornering

Accelerating

Feeling the Car

Recovery

Chapter 3 Driving: The Line and Other Strategies

Corners

Slaloms

The Slow Corner

Making Straights

Linking Elements

The Important Corner

Key Cones

Driving the “Swept Line”

Walking the Course

Autocross Strategy

Bumps and Other Surface Changes

Risk Versus Reward

Chapter 4 Car Setup Basics

Using the Tires Effectively

Alignment

Adjusting Roll Resistance

Chapter 5 Advanced Car Control

Blending Techniques

Shifting

Left-Foot Braking

Launching

The Advantages of Being Early

Chapter 6 Stock Category: Car Preparation and Tuning

What's Allowed

Evaluating the "Stock" Automobile

Tires and Wheels

Wheels

The Front Sway Bar

Dampers: Black Magic!

Exhaust and Other "Expendable" Items

Alignment

Chapter 7 Beyond Stock: Suspension and Light Chassis Modifications

Suspension Bits

Wheels and Tires

Lightweight Batteries and Battery Relocation

Race Seats

Update/Backdate

Out-of-Production Cars

Chapter 8 Beyond Stock: Powertrain, Ballast and Aerodynamics

Engine

Differential

Ballast

Aerodynamics

Chapter 9 Getting Help

Driving Schools

Autocross Schools

Having a Co-Driver

Free Advice

How to Get More Seat Time

Data Logging

Chapter 10 Good Things to Know

Traveling to “Other” Clubs

The PAX/RTP Index

SCCA Divisional and National Tour Events

SCCA ProSolo National Series

SCCA Solo National Championships

North of the Border