#### **Table Of Contents**

## Acknowledgments



#### **Preface**

#### Introduction

#### What Is a Workbench® Book?

## **Chapter 1: Theory of Manual Transmissions**

Wide- and Close-Ratios Explained

What Makes a Close-Ratio Close?

Goodbye Wide- and Close-Ratios

The How and Why of Synchros

Gear Design Basics

**Bearing Selection** 

## **Chapter 2: Transmission Assembly Tips and Techniques**

So What Do I Use?

Repairing Castings

**Gear Preparation** 

**Bolts and Threads** 

**Hydraulic Press Basics** 

Loading Needle Bearings

Subassemblies and Synchronizers

**Bearing Tips** 

Gaskets and Sealants

## **Chapter 3: BorgWarner Transmissions**

T10 4-Speed History and Facts

Rebuilding T10 4-Speeds

Rebuilding Super T10 4-Speeds

T5 5-Speed History

Rebuilding the T5

T5 Assembly From the Ground Up

**High-Performance T5** 

### Chapter 4: Chrysler A833 4-Speed Transmission

## **Chapter 5: GM/Muncie 4-Speed Transmissions**

How to Identify a Muncie

Serial and VIN Numbers

Putting It All Together

M22 Rockcrushers and New Muncies

Muncie 4-Speed Rebuild

Chapter 6: Ford Toploader 4-Speed Transmission

Transmission Build-Up

Final Assembly

# **Chapter 7: Other Common Manual Transmissions**

Saginaw 4-Speed

Richmond Gear 4+1 5-Speed

S6-40

Tremec

Doug Nash 4+3

Autogear M33 "Syracuse 5-Speed"

### **Chapter 8: High-Performance Transmissions**

### **Chapter 9: Clutch Basics**

**Clutch Components** 

**Clutch Types** 

# **Chapter 10: Guide to Shifters**

The Need for Shifters

Fixing the Hurst Competition Plus Shifter

T5/T6 Shifter Modifications

# **Appendix**

Common General Motors Speedometer Gears

Speedometer Gear Ratio Formula

Oil Types and Capacity

Torque Specifications

Ratios at a Glance

### **Source Guide**