



**Part # 12060999**  
**61-69 Lincoln [Front CoolRide](#)**  
For Use w/ Lower StrongArms

**Components:**

2	90006873	224c Air spring
2	90000694	Upper air spring mount
2	90000683	Upper mounting plate
2	90000682	Upper mounting plate spacer
1	90000684	Driver side brake line tab
1	90000685	Passenger side brake line tab

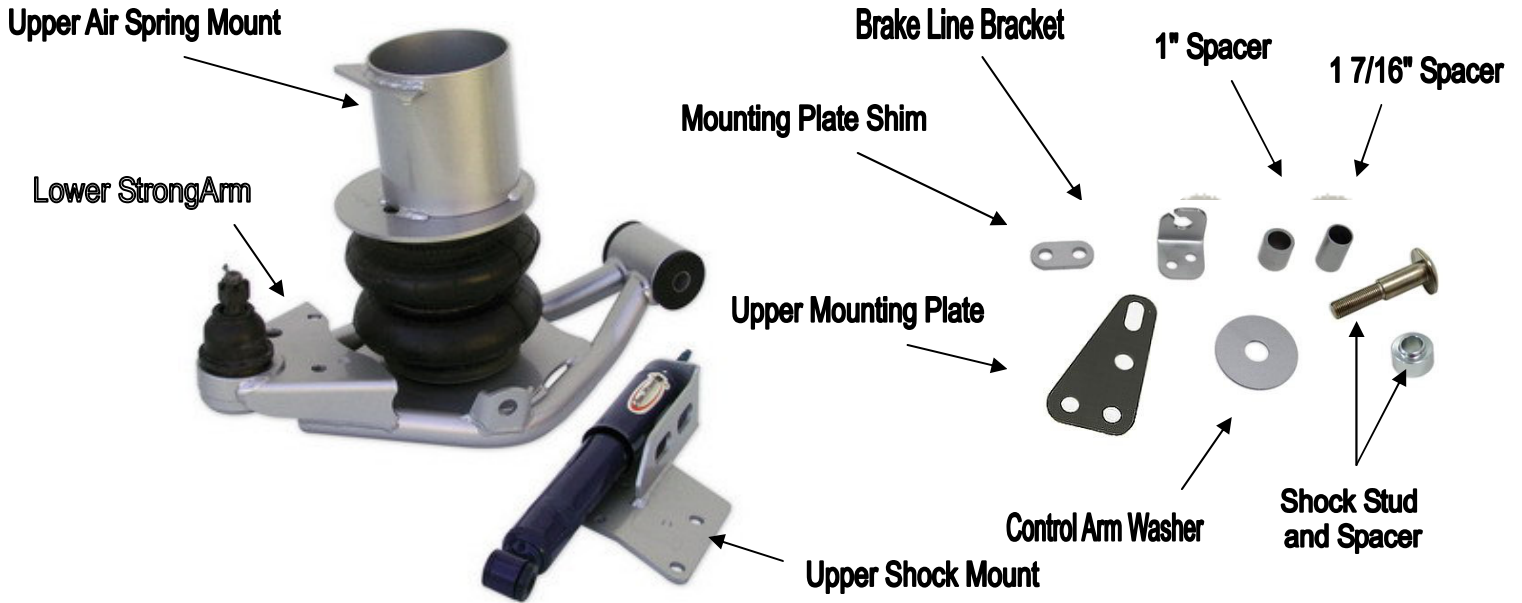
**Hardware:**

4	99371006	3/8" x 1 1/2" USS bolt	Upper plate
2	99371005	3/8" x 1 1/4" USS bolt	Upper plate
12	99373003	3/8" SAE flat washer	Upper plate & air spring
8	99373005	3/8" lock washer	Upper plate & air spring
4	99372004	3/8" USS nut	Upper plate
2	99435002	7/16" x 8" stud	Upper air spring mount (Cut off to 6 3/4" long)
2	99433002	7/16" SAE flat washer	Upper air spring mount
2	99432001	7/16" USS Nylok nut	Upper air spring mount
4	99372002	3/8" USS Nylok nut	Air spring to upper mount
2	99371001	3/8" x 3/4" USS bolt	Air spring to lower arm

# STRONG ARMS™

by Air Ride Technologies

## Installation Instructions for ARF10900-LCA



1. Raise the vehicle to a safe and comfortable working height. Support the vehicle by the frame so that the suspension can hang freely.
2. Remove the coil spring, lower control arm and shock absorber. Refer to factory service manual for disassembly procedures.
3. The inner fender well shield next to the upper control arm and the factory brake line frame bracket must also be removed.



4. Remove the factory upper shock mount. The front of it is held in with two rivets that must be ground down and pushed out. In its place install the upper air spring mounting plate & shim. The shim will go under the front side of the plate and is secured with two 3/8" x 1 1/2" bolts, flat washers, nuts and lock washers. The rear side of the plate will be secured with one 3/8" x 1 1/4" bolt flat washer and lock washer.

5. Apply thread sealant to a straight air line fitting and screw it into the top of the air spring. Fasten the air spring to the upper mount using two 3/8" Nylok nuts and flat washers.



6. Thread the 7/16" x 6 3/4" stud into the nut in the bottom of the bracket.

7. Raise the assembly into the coil spring pocket with the stud protruding through the upper plate. The wings on the side of the bracket will rest against the flat side of the coil spring retainer.

8. Secure the assembly with a 7/16" Nylok nut and flat washer. **Note:** The air line must also be routed at this time.



9. Bolt the lower StongArm to the frame using the 3/4" x 8" bolt and the two spacers supplied. Install the 1" spacer to the front side of the bushing and the 1 7/16" spacer to the rear. A large washer will go between the bushing and the spacers.

10. Attach the lower arm to the spindle and strut rod. Two 1/2" x 1 1/2" bolts and lock washers are supplied for the strut rod.

11. Fasten the air spring to the lower arm using a 3/8" x 3/4" bolt, flat washer and lock washer.



12. Raise the lower arm with a jack. Mark the frame where the lower shock tab contacts it. This must be cut out to allow clearance. Grind all edges smooth when finished.

13. Install the new brake line bracket with using the factory bolts and clip.

14. Check air spring clearance through full suspension travel. **Allowing the air spring to rub will result in failure and is not a warrantable situation.**

15. Ride height on this air spring is approximately 5" tall, but will vary to driver preference.