

READYLIFT[®] *SUSPENSIONS*

69-9920 Subaru Forrester 2" Lift



READ INSTRUCTIONS THOROUGHLY AND COMPLETELY BEFORE BEGINNING INSTALLATION.

INSTALLATION BY A CERTIFIED PROFESSIONAL MECHANIC IS HIGHLY RECOMMENDED.

READYLIFT® IS NOT RESPONSIBLE FOR ANY DAMAGE OR FAILURE RESULTING FROM IMPROPER INSTALLATION.

Safety Warning

MISUSE OF THIS PRODUCT COULD LEAD TO INJURY OR DEATH.

Suspension systems or components that enhance the on and off-road performance of your vehicle may cause it to handle differently than it did from the factory. Extreme care must be used to prevent loss of control or vehicle rollover during abrupt maneuvers.

Always operate your vehicle at reduced speeds to ensure your ability to control your vehicle under all driving conditions. Failure to drive safely may result in serious injury or death to driver and passengers.

Driver and passengers must ALWAYS wear your seat belts, avoid quick sharp turns and other sudden maneuvers. ReadyLIFT Suspension does not recommend the combined use of suspension lifts, body lifts, or other lifting devices.

You should never operate your vehicle under the influence of alcohol or drugs.

Constant maintenance is required to keep your vehicle safe. Thoroughly inspect your vehicle before and after every off-road use.

It is the responsibility of the retailer and/or the installer to review all state and local laws, with the end user of this product, related to bumper height laws and the lifting of their vehicle before the purchase and installation of any ReadyLIFT products.

It is the responsibility of the driver/s to check their surrounding area for obstructions, people, and animals before moving the vehicle.

All raised vehicles have increased blind spots; damage, injury and/or death can occur if these instructions are not followed.

Installation Warning

All steps and procedures described in these instructions were performed while the vehicle was properly supported on a two post vehicle lift with safety jacks.

Use caution during all disassembly and assembly steps to insure suspension components are not over extended causing damage to any vehicle components and parts included in this kit.

Included instructions are guidelines only for recommended procedures and are not meant to be definitive. Installer is responsible to insure a safe and controllable vehicle after performing modifications.

ReadyLIFT Suspension recommends the use of an OE Service Manual for model/year of vehicle when disassembly and assembly of factory and related components.

Unless otherwise specified, tighten all bolts and fasteners to standard torque specifications listed within the OE Service Manual.

Suspension components that use rubber or urethane bushings should be tightened with the vehicle at normal ride height. This will prevent premature wear or failure of the bushing and maintain ride comfort.

Larger tire and wheel combinations may increase leverage on suspension, steering, and related components.

Due to payload options and initial ride height variances, the amount of lift is a base figure. Final ride height dimensions may vary in accordance to original vehicle ride height. Always measure the vehicle ride height prior to beginning installation.

This suspension system was developed using a 225-65R17" tire with 17" x 9" wheel and a offset of +15. If wider tires are used, offset wheels may be necessary and trimming may be required. Factory wheels can be used but are not recommended with tires over 11" wide.

The stock spare rim can be run in an emergency - exercise extreme caution under stock spare tire operating conditions. Please note that, if running the spare factory tire, it is done for short distances and a speed not to exceed 45mph or damage to differentials may occur.

IMPORTANT NOTE:

Vehicle's rear suspension mounting points MUST be left loose until the full vehicle weight is set on the wheel/tire and the vehicle has been settled to the new ride height. This may require pulling the vehicle forward and backwards while tapping the brakes to get it to settle to the new ride height. New vehicles with low miles need this to happen as the springs have not had a chance to relax due to cycling of the suspension. This is necessary to get the rear to settle in for proper alignment specs to be achieved. NEVER tighten any suspension components while the suspension is at full droop on a lift or jack stands. Full vehicle weight must be applied and all rubber isolated points must be settled prior to alignment.

VEHICLE HEIGHT MEASUREMENTS

	Driver Before	Driver After	Passenger Before	Passenger After
Front				
Rear				

BILL OF MATERIALS

DESCRIPTION	QTY
Driver Front Strut Spacer	1
Pass Front Strut Spacer	1
Rear Strut Spacer	2
Sway Bar Bracket	2
1/4" Thick Spacer Washer	2
M10 Flange Nut	10
M12 Bolt	2
M12 Nut	2
M12 Washer	4

WARNING

Before starting installation: ReadyLIFT Suspension highly recommends that the installation of this product be performed by a professional mechanic with experience working on and installing suspension products. Professional knowledge and skill will typically yield the best installation results.

INSTALLATION BY A PROFESSIONAL IS HIGHLY RECOMMENDED.

- A Factory Service Manual for your specific Year / Make / Model is highly recommended for reference during installation.
- All lifted vehicles may require additional driveline modifications and / or balancing.
- A vehicle alignment is REQUIRED after installation of this product.
- Speedometer / Computer recalibration is required if changing +/- 10% from factory tire diameter.
- A vehicle lift or hoist greatly reduces installation time. Installation time estimates are based on an available vehicle hoist.
- Vehicle must be in excellent operating condition. Repair or replace any and all worn or damaged components prior to installation.

Parts shown in red for picture clarification only

ReadyLIFT recommends all steps and procedures described in these instructions be performed while the vehicle is properly supported on a two post vehicle lift with safety jacks.

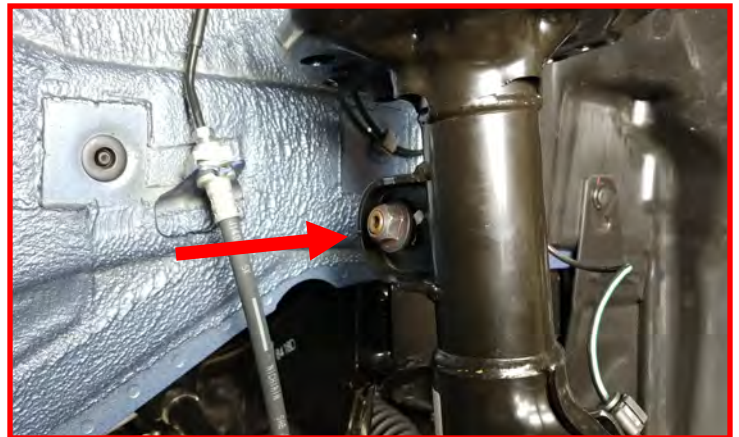
Otherwise, park vehicle on a clean flat surface and block the rear wheels for safety. Engage the parking brake.

Open the hood and set on the prop rod.

Disconnect the vehicle power source at the ground terminal on the battery.

Jack the front of the vehicle up and place jack stands under the main lifting points indicated by the owners manual. Support the lower control arm with a suitable jack. Remove the front wheels. All steps are repeated for both sides of the vehicle.

Remove the front sway bar end link at the strut body. This step should be completed on both sides to ease in installation at later steps.



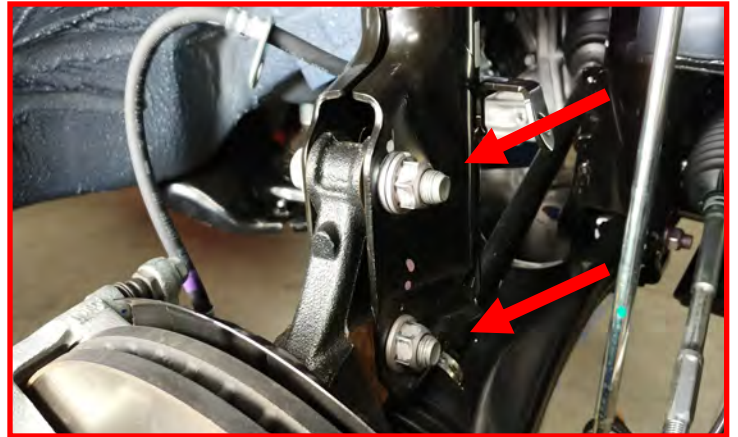
Remove the brake line bracket at the strut body. Let hang out of the way. Note how the brake line is run from the underside of the strut body. Installation will be changed in a later step.



Remove the ABS harness clip at the strut body. Let hang out of the way.



Remove the strut to knuckle bolts. The bolts are specific to upper and lower mounting locations and direction of install. The upper is a cam bolt, while the lower is a standard bolt. Make sure to note their orientation for reinstallation later.



While keeping the lower control arm supported, release the knuckle from the strut body and let hang out of the way. Make sure to not overextend the ABS, brake line, and CV axle. Adjust as necessary.



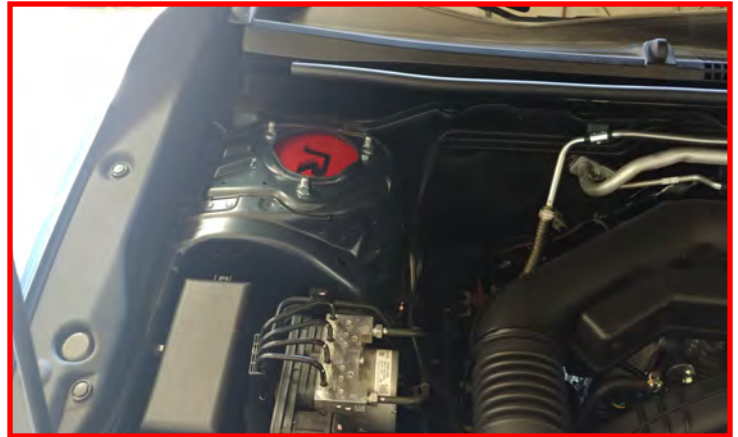
Remove the upper strut hardware. Make sure to hold the strut assembly from falling out of the vehicle. A helper is recommended for removal.



Locate the ReadyLIFT front strut extension. These are driver and passenger side specific and have a D and P etched into the top. Passenger side shown. Install to the top of the strut using the **factory hardware**. Torque to **30 ft-lbs**.



When installed correctly, the R logo will be legible through the strut tower when facing the engine compartment from the side that you are on. Passenger side shown. The spacers are offset to the inside and rear of the vehicle to adjust for camber and caster. **THEY MUST BE INSTALLED AS SHOWN.**



Install the completed strut assembly to the strut tower using the **provided M10 flange nuts**. Leave loose to aid in installation of the knuckle. A helper is recommended.



Raise the knuckle up and install into the strut body. Install the cam bolt into the upper hole and the remaining bolt into the lower.



The cam bolt has lines that correspond to a notch on the strut body (paint marked for picture clarification). You will rotate the cam bolt until the lines are facing the inside of the vehicle. Line up the last line with the notch. This sets max negative camber. Torque both bolts to **95 ft-lbs**. Final adjustment and torque to be set by the alignment tech.



Install the brake line bracket to the strut body. Rotate the brake line bracket as shown. Originally the brake line was bolted from the bottom upwards to the strut, now it will be mounted to the top of the strut body using the **factory hardware**. Torque to **5 ft-lbs**. Make sure to rotate the ferule inside the cut out on the strut body. Refer to disassembly step for reference if needed.



Install the ReadyLIFT sway bar bracket to the strut using the provided **M12 bolts, washers, and nuts**. Do not tighten at this time. If you have not started the opposite side of the vehicle at this time, you may not be able to line the sway bar up until the opposite side is released.



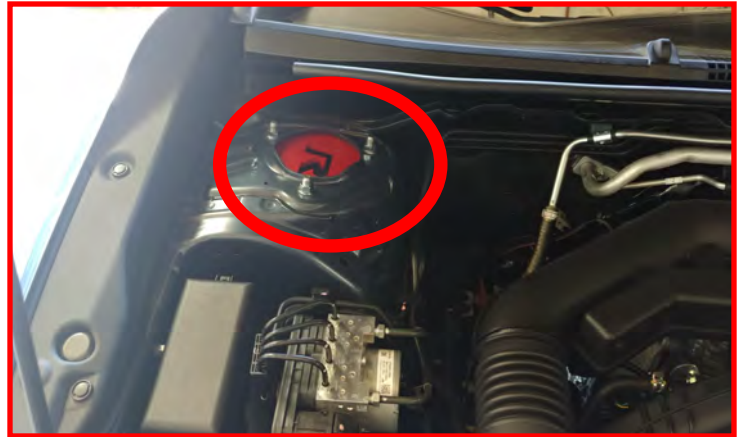
Install the **1/4" thick spacer washer** onto the end link.



Install the factory end link to the Ready-LIFT bracket using the **factory hardware**. Torque the bracket and end link to **45 ft-lbs**.



Install the front wheels and lower the vehicle to the ground. Torque the lug nuts to the wheel manufacturers specs. Jounce the front end to settle the suspension. Torque the upper strut spacer to **30 ft-lbs**.



Jack the rear of the vehicle up and place jack stands under the main lifting points indicated by the owners manual. Open the hatch and remove the spare tire cover / carpet by lifting the leading edge closest to the body of the vehicle, and then folding onto itself.



Remove the spare tire cover from the center of the trunk.



Locate the plastic push clips holding the foam tool holders in place. Remove these clips and set the foam pieces aside.



Remove the strut covers by pulling upwards at the trunk area, then pushing down at the plastic cover, and set aside.



Remove the strut nuts and set aside.



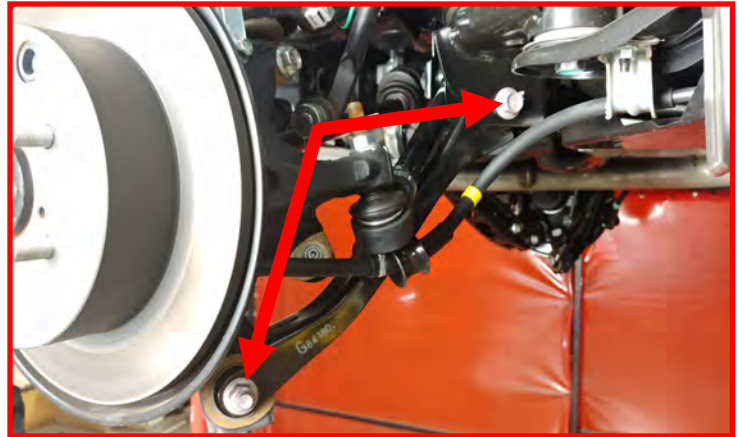
Support the lower control arm with a suitable jack. Remove the rear wheels.



Loosen but do not remove the upper control arm bolts.



Loosen but do not remove the front lower control arm bolts.



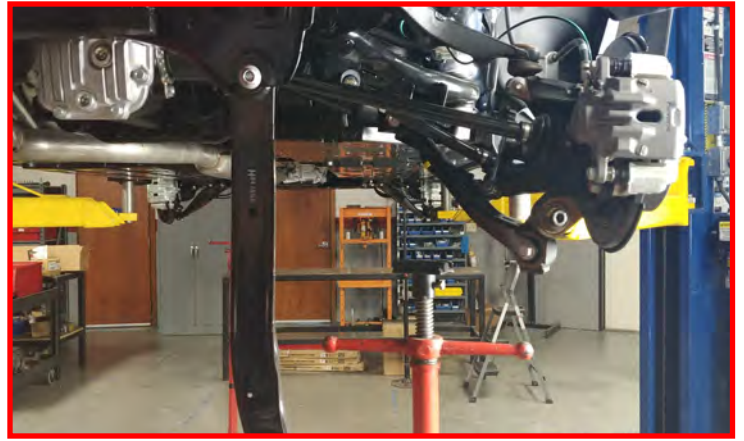
Loosen but do not remove the rear lower control arm bolt at the subframe.



Support the strut and lower control arm, remove the lower strut and knuckle bolts. Lower the control arm down, while holding the strut. Remove the strut from the vehicle. A helper is recommended to hold the strut from falling.



Remove the strut assembly from the vehicle and let the control arm hang.



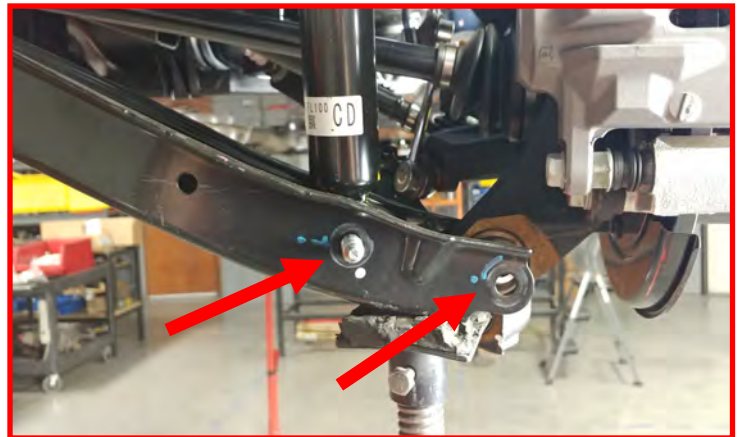
Locate the ReadyLIFT strut extension. Install using the **factory hardware**. You will have to start each nut before tightening fully. Run each nut down in an alternating pattern until you can torque them down. Torque to **30 ft-lbs**.



Install the completed strut assembly to the car using the provided **M10 flange nuts**. Do not tighten at this time. A helper is recommended.



Raise the lower control arm into place and install the **lower strut hardware**. Do not tighten at this time. Use the jack and raise the lower control up to set pre load on the strut. Install the lower **knuckle bolt**. Torque to **95 ft-lbs**.



Install the wheels and lower the vehicle to the ground. Torque the lug nuts to the **wheel manufacture's specs.**

Drive the vehicle forward and backward while tapping the brakes to get it to settle to the new ride height. Torque the upper strut hardware to **30 ft-lbs**. Install the strut covers and foam tool holders using the factory plastic push clips. Torque all the upper/lower control arm and lower strut hardware to **95 ft-lbs**.

Reconnect the vehicle power source at the negative terminal. Turn the front wheels from lock to lock verifying all clearances between tire, suspension components and ABS / brake lines. Adjust as necessary.

Have the vehicles alignment set to the recommended specs on the last page of this booklet by a reputable alignment shop. Final torque of all tie rods and cam bolts to be done by the alignment tech. Make sure all steering wheel angle sensors and electronic controls are reset per the manufacturer requirements.

Front Caster is fixed, Camber and Toe are adjustable. Rear Camber and Caster are fixed unless aftermarket arms are used, Toe is adjustable.



FAILURE TO PERFORM THE POST INSPECTION CHECKS MAY RESULT IN VEHICLE COMPONENT DAMAGE AND/OR PERSONAL INJURY OR DEATH TO THE DRIVER AND/OR OTHERS.

Final Checks & Adjustments

Once the vehicle is lowered to the ground, check all parts which have rubber or urethane components to ensure proper torque. Torque lug nuts to the wheel manufacturer specs. Move vehicle backwards and forwards a short distance to allow suspension components to adjust. Turn the front wheels completely left then right and verify adequate tire, wheel, brake line, and ABS wire clearance. Test and inspect steering, brake and suspension components for tightness and proper operation. Inspect brakes hoses and ABS lines for adequate slack at full extension, adjust as necessary.

RECHECK ALL HARDWARE FOR PROPER TORQUE VALUES AFTER 500 MILES, AND THEN PERIODICALLY AT EACH SERVICE INTERVAL THERAFTER.

Vehicle Handling Warning

Increasing the height of your vehicle raises the center of gravity and can affect stability and control. Use caution on turns and when making steering corrections.

Vehicles with larger tires and wheels will handle differently than stock vehicles. Take time to familiarize yourself with the handling of your vehicle.

Wheel Alignment/Headlamp Adjustment

It is necessary to have a proper and professional wheel alignment performed by a certified alignment technician. Align the vehicle to factory specifications. It is recommended that your vehicle alignment be checked after any off-road driving.

In addition to your vehicle alignment, for your safety and others, it is necessary to check and adjust your vehicle headlamps for proper aim and alignment. If the vehicle is equipped with active or passive safety/collision monitoring and/or avoidance systems including, but not limited to, camera- or radar-based systems, **check and adjust your vehicle's systems for proper aim and function.**

RECOMMENDED ALIGNMENT SPECS

Front	Driver	Passenger	Tolerance	Total / Split
Camber	+0.0	+0.0	+/- 0.5	+0.0
Caster	+4.5	+4.5	+/- 0.5	+0.0
Toe	+0.0	+0.0	+/- 0.05	+0.0
Rear	Driver	Passenger	Tolerance	Total / Split
Camber	+0.3	+0.3	+/- 0.5	+0.0
Toe	+0.07	+0.07	+/-0.05	+0.0

[View other performance suspension parts made by ReadyLIFT on our website.](#)