



3/8/02

*'99-'02 FORD F250/F350  
4WD P/U AND EXCURSION  
STAINLESS STEEL MULTIPLE SHOCK SYSTEM  
(Bilstein 5100 Series Shocks included)  
P/N 10-32400*

INSTALLATION INSTRUCTIONS

**\*Intended as an option once RCD Lift Kit is installed\***

**NOTE:** Each Lift Kit, and options to Lift Kits, are packaged separately. Therefore installation procedures are covered in separate instructions. Familiarize yourself with each set of instructions before beginning.

## Parts List

<u>Item</u>	<u>Description</u>	<u>Qty</u>	<u>Illus.</u>
<b><u>Box 1 of 2</u></b>			
20-32300-1	Mount, Center Dual Shock-Engraved	2	1
20-32300-2	Front Brace-Dual Shock, Passenger	1	1
20-32300-3	Front Brace-Dual Shock, Driver	1	1
20-32300-4	Rear Brace-Dual Shock, Passenger	1	1
20-32300-5	Rear Brace-Dual Shock, Driver	1	1
20-68851	Hardware Pack Containing: (Dual Shock Mount)		
13-23003-Z	Hex Bolt, 1/2"-13 x 6-1/2" Lg. Gr.8	2	1
13-23081-Z	Hex Bolt, 12mm-1.75 x 150mm Gr. 10.9	2	1
13-21456-Z	Hex Bolt, 1/2"-13 x 1-1/2" Lg. Gr.8	4	1
13-30382-Z	Flat Washer, 1/2" Hrdn.	12	1
13-30546-Z	Flat Washer, 12mm Hrdn.	6	1
13-10514-Z	Top Lock Nut, 1/2"-13 Gr. C	6	1
13-10696-Z	Top Lock Nut, 12mm – 1.75 Gr. 10.9	4	1
11-15846	Spacer, 1-1/4" x .375w x 1.53"	2	1
15-10248	End Cap, 1-1/2"	8	1
15-11525	End Cap, 1-1/2" x .60"	2	1
<b><u>Box 2 of 2</u></b>			
BE5-6245	Shock, Front F-250/350 4WD 4&6"	2	1
20-69176	Hardware Pack Containing: (Shock Bushing)		
20-832010	Bushing, Shock	4	1

## **BEFORE YOU BEGIN**

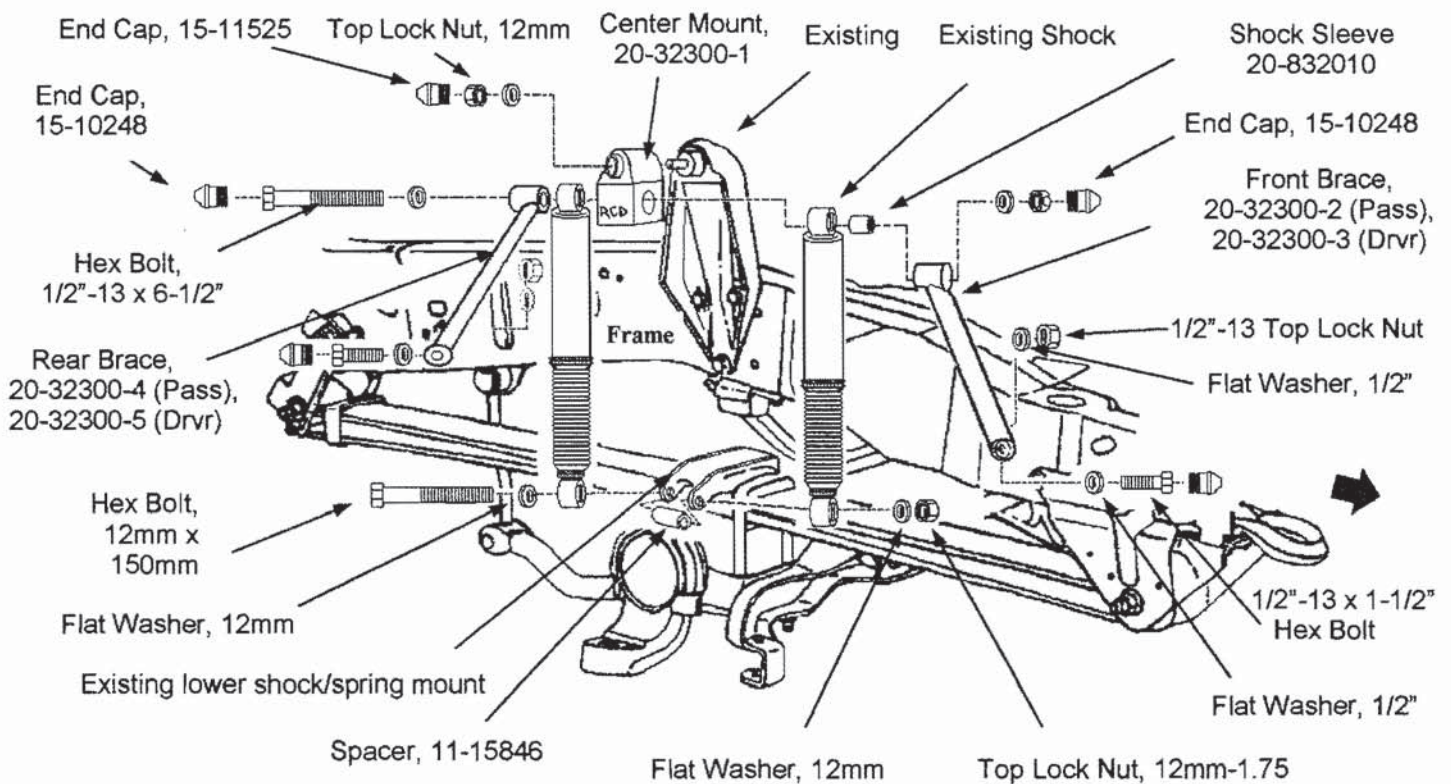
- Installation requires a professional mechanic. Read instructions carefully and study illustrations before attempting installation. *Race Car Dynamics* is not responsible for damage, failure or injury resulting from improper installation or parts substitution of this kit.
- Separate parts according to the areas they will be used. Placing the hardware with brackets before you begin will save installation time.
- This kit is supplied as a bolt-on assembly. Do not weld anything to the components and do not weld the components to the vehicle.



- ❑ All components in this kit come with a protective coating. Do not plate (i.e. chrome, cadmium, zinc etc.) or otherwise alter the finish in any way. This could weaken the structural strength of the components.
- ❑ Secure and properly block vehicle prior to beginning installation.
- ❑ Always wear safety glasses when using power tools.
- ❑ Foot-pound torque readings are listed on the Torque Specifications chart at the end of the instructions unless specifically stated in an instruction. **DO NOT USE AN IMPACT WRENCH TO TIGHTEN ANY OF THE BOLTS.**

**PLEASE NOTE**

- Intended for use with a 4" or 6" RCD Suspension System; (4" Part #10-42400, 6" Part #10-42600).
- Includes 2 additional Bilstein 5100 Series Shock Absorbers (one per side) for use with the Bilstein Shocks included in the RCD Suspension System.
- Vehicles that do not have an RCD Suspension System will need to order (2) additional #BE5-6245 Bilstein 5100 Series Shocks.



Passenger's Side Shown

## INSTALLATION

- 1) Raise the vehicle. If working without a shop hoist, put vehicle in gear, set emergency brake and block rear wheels, in front and behind tires. Loosen lug nuts. Lift vehicle with floor jack and place safety jack stands under frame rails, behind front wheel wells, and lower each frame rail onto jack stands. Remove the front tire/wheel assemblies.
- 2) Support front axle with a suitable floor jack near the spring seat. Raise the jack just enough to support axle's weight.
- 3) Remove existing shock.
- 4) Install Shock Bushing into the eye of each Shock (BE5-6245).
- 5) Hold Lower Shock Spacer (11-15846) between tabs on existing lower shock/spring mount (**Illustration 1**). Insert 12mm x 150mm Hex Bolt with Flat Washer through bottom eye of new Shock then pass bolt through Spacer and eye of second new Shock. Install Flat Washer and 12mm Top Lock Nut. Do not tighten yet.
- 6) Install Center Mount (20-32300-1) to stud on existing upper shock bracket as shown in **Illustration 1**. Secure with Flat Washer and 12mm-1.75 Top Lock Nut provided. Do not tighten.
- 7) Insert Bushing (20-832010) into top eye of shocks. Align eye of both Shocks with mounting hole in Center Mount. Temporarily insert 1/2"-13 x 6-1/2" Lg. Gr. 8 Hex Bolt with Flat Washer through the Shock, Mount, and the other Shock.
- 8) The Dual Shock Braces are specific to each side of the vehicle, as well as to the front and rear, for each side. The shorter braces are the front. The longer Braces are the rear brace. The longest end piece on all the Braces is the top. If installed improperly the bottom end piece will not lay flush to the frame. Identify the Brace (20-32300-3 Drvr. Front), (20-32300-5 Drvr. Rear), (20-32300-2 Pass. Front) (20-32300-4 Pass. Rear) needed and temporarily install appropriate Brace to Center Mount. On the bottom end of Brace center punch mounting hole location to be drilled. Remove Brace and drill 1/2" hole. Repeat procedure with opposite side Brace.

**NOTE:** The support Brace mounts between frame and brake line.



9) Install Braces to frame using 1/2"-13 x 1-1/2" Hex Bolt, Flat Washers and Nyloc Nut. Use the 1/2"-13 x 6-1/2" Hex Bolt, Flat Washers and Nyloc Nut to secure Braces to Center Mount. Torque all 1/2" Brace and Mount nuts to 90 ft. lbs. Install decorative End Caps (15-10248) to Brace ends to cover hardware. Install the shorter decorative End Cap (15-11525) to cover Center Mount hardware.

10) Torque lower shock 12mm nut to 75 ft. lbs.

11) Repeat preceding steps on opposite side of vehicle.

12) Install tire/wheel assembly and lower vehicle.

13) Check the torque on all fasteners after the first 100 miles. Periodically inspect the components for tightness. Also check for any damage especially after off-road use.

### **SOME FINAL NOTES**

- After installation is complete, double check that all nuts and bolts are tight. Refer to torque specifications chart on last page.
- If new tires were installed that are more than 10% taller than original tires, the speedometer must be recalibrated. Contact an Authorized Ford dealer for details on recalibration.
- With vehicle on the floor, cycle steering lock to lock and inspect steering, suspension and driveline systems for proper operation, tightness and adequate clearance. Check brake hose fittings for leaks and make sure all hoses are long enough.

### **TORQUE SPECIFICATIONS** *(Grade 8 & Class 10.9)*

5/16" NUTS	20 ft. lbs.	M6	9 ft. lbs.
3/8" NUTS	35 ft. lbs.	M8	23 ft. lbs.
7/16" NUTS	60 ft. lbs.	M10	45 ft. lbs.
1/2" NUTS	90 ft. lbs.	M12	75 ft. lbs.
9/16" NUTS	160 ft. lbs.	M14	120 ft. lbs.
5/8" NUTS	175 ft. lbs.	M16	165 ft. lbs.

### **EXISTING TORQUE SPECIFICATIONS**

Wheel 8-lug M14 Bolts (stock) 148 ft. lbs.