



INSTALLATION INSTRUCTIONS

Progress Technology [Rear Adapter Kit](#)

2001< Civic

65.1006

NOTE: Progress Technology products should only be installed by a qualified licensed mechanic experienced in the installation and removal of suspension components. Please read instructions from start to finish and verify the parts in the parts list before beginning installation.

Parts List

Item	Quantity	Item	Quantity
Bracket	2	3/8-16 nylock	10
3/8 male heim	2	5/16 nut-sert	2
3/8 female heim	2	5/16-18 x 1.00 HHCS	2
3/8 jam nut	2	5/16-18 x1.50 full thread HHCS	2
3/8 heim spacer	8	5/16-18 plain nut	2
3/8-16 x 2.00 HHCS	2	5/16 washer SAE	2
3/8-16 x 1.75 HHCS	2	5/16 washer USS	2
3/8-16 x 1.00 HHCS	2	Instruction sheet	1
3/8-16 u-bolt	2		
3/8 washer SAE	14		

1. Park vehicle on a smooth, level, asphalt or concrete surface. Block front wheels. Jack up rear end of car and support with jackstands. Remove rear wheels and tires.
2. Remove lower control arm bolts. Mount rear brace using M12 bolt, washer and spacer provided in the sway bar kit. Place spacer on the back side of brace. Tighten bolt. Make sure the brace is flush against the chassis (See figure one.)



Figure 1



Figure 2 Driver side view from rear



Figure 3

3. Mark the center of all four rear brace mounting holes. Remove the brace. Drill the four holes using a 1/2" drill bit. Make sure to drill top holes as straight as possible.

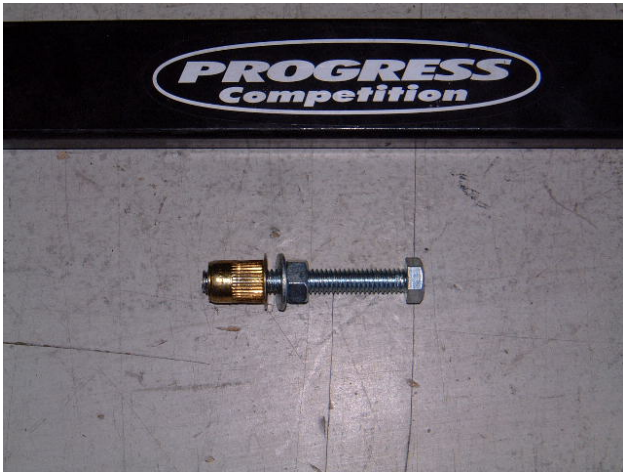


Figure 4



Figure 5

4. Assemble the nut-sert as shown for installation, using the full thread 5/16 bolt, nut and washer. Thread the bolt about 1/8" past the end of the nut-sert. Place nut-sert into hole.



Figure 6



Figure 7

5. Use two 1/2" wrenches. Hold one wrench on the bolt head, and with the other wrench, tighten the nut (slight side load will help start the nut-sert). The nut-sert is fully seated when the nut gets tight. Remove the bolt. You now have a threaded hole and a thru hole to mount the rear brace. (Figures 6&7)
6. Attach brace with lower control arm bolt only. Remember to put the spacer on the bolt behind the brace.
7. Mount the bar as shown in the bar instructions. Use the 3/8-16 x 1.00 in the lower hole and the 5/16-18 x 1.00 in the upper hole, use washers on both.



Figure 8



Figure 9

8. Mount the end link bracket using the 3/8 u-bolt provided (as shown in figures eight and nine). The u-bolt goes around the lower trailing arm. Do not tighten yet. Assemble the end links and attach them to the sway bar and end link bracket (shown on diagram). Position the brackets so that the end links are as close to vertical as possible. Now tighten the brackets and the remaining hardware.

