

INSTALLATION INSTRUCTIONS

Progress Technology <u>Anti-Sway Bar</u> 03-06 Mazda RX-8 (Rear) 62.1152

NOTE: Progress Technology products should only be installed by a qualified licensed mechanic experienced in the installation and removal of suspension components. Please read instructions from start to finish and verify the parts in the parts list before beginning installation.

Parts List

| <u>Item</u> | Quantity |
|-----------------------|----------|
| Anti-roll bar (19 mm) | 1 |
| Bushings | 2 |
| Bushing brackets | 2 |
| Lube | 1 |
| Instruction Sheet | 1 |

- 1. Park vehicle on a smooth, level asphalt or concrete surface. Block front wheels. Jack up rear end of car and support with jack stands.
- 2. Remove the nuts that hold the end links to the bar. Next, remove the factory bushings and brackets, keeping the hardware. Remove the bar from the vehicle.
- 3. Locate the pivot "D" shaped polyurethane bushing and tube of special grease supplied in the hardware kit. Cut the end off the tube and apply grease to the bore of the bushing. Open bushing and snap them over the new sway bar, as positioned on the stock bar. Place the new brackets (supplied) over the bushings. Tighten brackets and end links to OEM specifications.





Rear bar shown in the stiff position.

- 4. THIS IS AN ADJUSTABLE SWAY BAR. THE HOLE TOWARD THE FRONT OF THE VECHICLE IS THE SOFEST SETTING. CHARACTRISTICS IN HANDLING HAVE BEEN ALTERED, USE EXTREME CAUTION DURING DRIVING.
- 5. Installation is complete. Check assembly periodically for tightness.