



## INSTALLATION INSTRUCTIONS

Progress Technology [Anti-Sway Bar](#)

2001> Mazda MP 3/5 (Rear) # 62.1122

**NOTE: Progress Technology products should only be installed by a qualified licensed mechanic experienced in the installation and removal of suspension components. Please read instructions from start to finish and verify the parts in the parts list before beginning installation.**

### Parts List

<u>Item</u>	<u>Quantity</u>
Anti-roll bar (22 mm)	1
Bushing brackets	2
Bushings	2
Lube	1
Instruction Sheet	1

1. Park vehicle on a smooth, level, asphalt or concrete surface. Block front wheels. Jack up rear end of car and support with jackstands.
2. Remove the nuts that hold the end link to the bar. Next, remove the factory bushings and brackets, keeping the hardware. Remove the bar from the vehicle.
3. Locate the pivot "D shaped" polyurethane bushings and tube of special grease supplied in the hardware kit. Cut the end off the grease tube and apply the grease to the bore of the polyurethane bushings (in the hole). Open the bushings and snap them over the new anti-sway bar, as positioned on the stock bar. Place the new brackets (supplied) over the pivot bushings. Tighten bar and end links to OEM specifications.
4. Installation is complete. Check assembly periodically for tightness.