



## INSTALLATION INSTRUCTIONS

Progress Technology Rear [Anti-Sway Bar](#)

2009 > Acura TSX

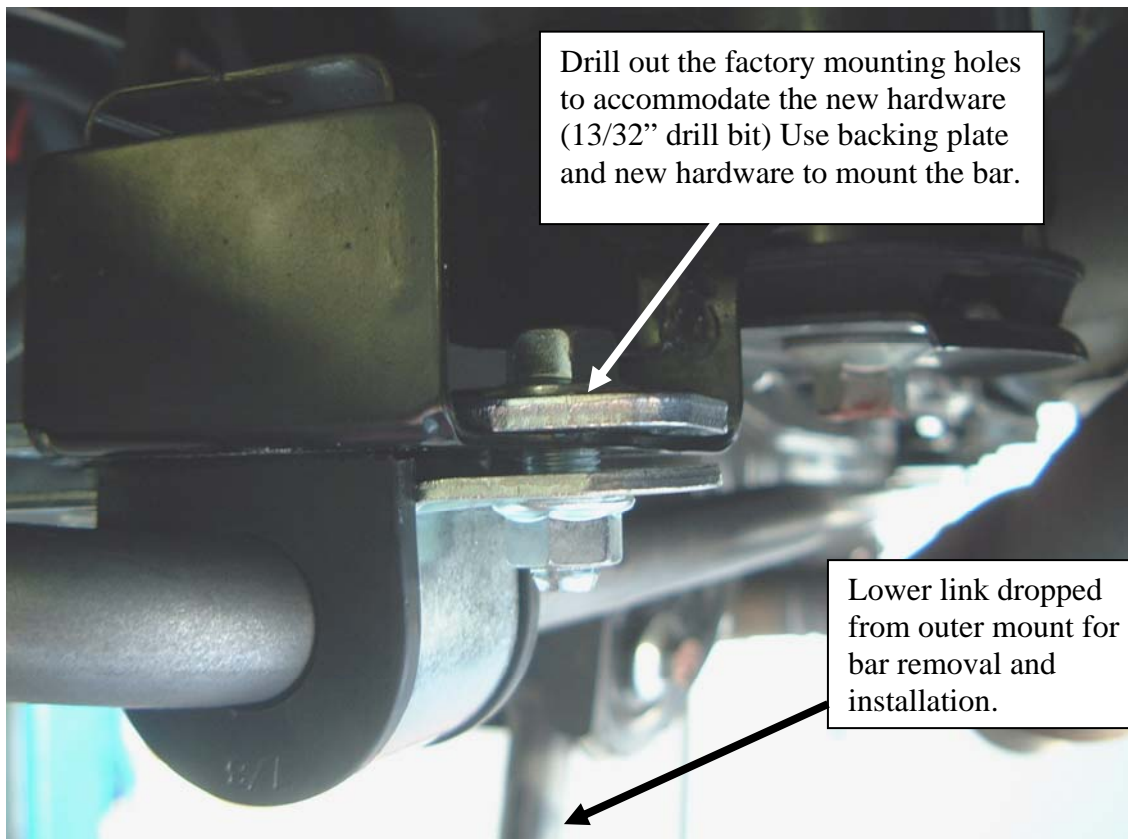
Part # 62.0105

**WHO SHOULD INSTALL THIS PRODUCT?** Progress Technology products should only be installed by a qualified licensed mechanic experienced in the installation and removal of suspension components. Please read instructions from start to finish and verify the parts in the parts list before beginning installation.

### Parts List

| Description   | Quantity | Description              | Quantity |
|---------------|----------|--------------------------|----------|
| 22mm Sway Bar | 1        | Backing Plate            | 2        |
| Bushing       | 2        | M10 x1.25x25 Flange Bolt | 4        |
| U-bracket     | 2        | M10 x1.25 Flange nut     | 4        |
| Lube          | 1        |                          |          |

1. Park vehicle on a smooth, level, asphalt or concrete surface. Block front wheels. Jack up rear end of car and support with jackstands. Remove rear wheels.
2. Remove the rear lower outer control arm bolt and just loosen the inner bolt. This allows you to swing the arm down and remove the bar. Remove the nuts that hold the end link to the bar. Next, remove the factory bushings and brackets. Remove the bar from the vehicle.



3. Drill out the existing holes for the bushing brackets using a 13/32" drill or uni-bit so that the supplied hardware can be installed. Place backing plate inside the factory mounting point so that a sandwich effect is made and a stronger mounting point is achieved. Install the M10 bolts from the top of the backing plate down thru the drilled out holes.
4. Locate the pivot "D shaped" polyurethane bushings and tube of special grease supplied in the hardware kit. Cut the end off the grease tube and apply the grease to the bore of the polyurethane bushings (in the hole). Open the bushings and snap them over the new anti-sway bar, as positioned on the stock bar. Place the new brackets (supplied) over the pivot bushings. Center the bar front to back on the mount, then using the hardware provided torque the mounting bolts to 38-42 ft/lbs. and end links to OEM specifications.



Center the bar and bracket on the mount before tightening.



Passenger side set on the soft setting.

### **IMPORTANT NOTE ABOUT ADJUSTABLE SETTINGS:**

We strongly suggest that your technician initially sets the end links in the softest setting. The softest setting will be the setting with the end links closest to the end or tip of the sway bar, furthest from the mounting bushings.

After installing the sway bar, we suggest that you drive the car carefully and within your abilities, noticing the changes in the handling characteristics. If driving in poor weather, exercise additional care during cornering and braking until you are familiar with the handling.

If you chose to use the firmer settings, again remember to drive the vehicle carefully, and take note of the changes you have made to the suspension. You will notice a handling difference with each sway bar settings.

5. Replace the bolt in the lower control arm and tighten the inner and outer bolts to 42-44 ft/lbs. Install the wheels and torque to factory specifications.
6. Installation is complete. Check assembly periodically for tightness.