



## INSTALLATION INSTRUCTIONS

Progress Technology [Anti-Sway Bar](#)

2000-> CIVIC NON Si (Front) # 61.1006

6/20/03

**NOTE: Progress Technology products should only be installed by a qualified licensed mechanic experienced in the installation and removal of suspension components. Please read instructions from start to finish and verify the parts in the parts list before beginning installation.**

### Parts List

<u>Item</u>	<u>Quantity</u>
Anti-roll bar	1
U Bracket	2
Pivot bushing	2
Backing plate	2
M10-1.25X25 FHCS	4
Instruction Sheet	1

1. Park vehicle on a smooth, level, asphalt or concrete surface. Block rear wheels. Jack up front end of car and support with jackstands. Remove front wheels and tires. Separate the exhaust behind the catalytic converter and unplug the oxygen sensors. Remove stock (OEM) sway bar and brackets. Leave endlink attached to the lower control arm.
2. Locate the pivot "D shaped" polyurethane bushings and tube of special grease supplied in the hardware kit. Cut the end off the grease tube and apply the grease to the bore of the polyurethane bushings (in the hole). Open the bushings and snap them over the new Anti-roll Bar, as positioned on the stock bar. Place the new brackets (supplied) over the pivot bushings. Using the hardware provided, attach the bar and brackets to the stock mounting locations. Make sure to place backing plate between the chassis and the bushing bracket. Tighten the mounting bolts.
3. Attach the end links to the bar. **MAKE SURE THE BAR IS CENTERED**, equal spacing between the bar and the chassis on both sides. Place the split collars against the outside of the bushing and tighten. This will prevent the bar from moving side to side.
4. Install wheels and tires. Lower front of car onto ground, and roll car back and forth to settle suspension.
5. Installation is complete. Check assembly periodically for tightness.