



REAR TRAILING ARM INSTALLATION INSTRUCTIONS 2010 CAMARO PART NO. 20143

Thank you for your purchase! The wheel hop inherent in the rear suspension of the Camaro is the result of loading and unloading of the factory rubber bushings and stamped steel used in both the rear sub frame mounts and the trailing arms. Installation of Lakewood Industries trailing arms will reduce wheel hop and strengthen the rear suspension. Lakewood also recommends installation of our sub frame connectors, p/n 30101, to further strengthen the rear suspension and sub frame.

CAUTION: INSTALLATION OF THIS PRODUCT REQUIRES WORKING UNDER THE VEHICLE. IT IS THE RESPONSIBILITY OF THE INSTALLER TO ENSURE A SAFE WORKING ENVIRONMENT. THE USE OF AN AUTOMOTIVE LIFT IS RECOMMENDED. MAKE SURE THAT THE VEHICLE IS SAFELY SUPPORTED AND ALWAYS USE JACK STANDS. ALWAYS WEAR SAFETY GLASSES.

WARNING: DUE TO THE TECHNICAL NATURE OF THIS PRODUCT, AND SPECIALIZED EQUIPMENT, PROFESSIONAL INSTALLATION IS RECOMMENDED.

1. Safely raise and secure the vehicle. Removal of some O.E. hardware may require the ability to cycle the rear suspension.
2. Working on one side at a time, remove the bolt securing the O.E. trailing arm to the hub carrier assembly. Removal of the bolt may require letting the suspension droop or compress for clearance.
3. Remove bolt securing the O.E. trailing arm to the frame mount, and remove the original trailing arm from the vehicle.
4. Reuse the factory mounting hardware to install the Lakewood trailing arm in the original position.
5. Tighten the hardware with suspension compressed and the vehicle at ride height.
6. Using SAE automotive suspension grease, apply grease via the supplied fittings.

