



SHELL CLEANING

⚠️WARNING Only use approved methods to clean the helmet. Using other unapproved chemicals or methods may damage the helmet shell or lining. A damaged helmet may increase your risk of serious injury or death in an accident.

Glossy Finish

HJC recommends cleaning your helmet with products designed for automotive cleaning and polishing. All HJC helmets are finished with an automotive type base coat/clear coat finish. Rubbing compounds can be used for deep cleaning to remove many scratches and scuffs. Follow the product's instructions diligently. Over polishing with rubbing compounds can cause light abrasions which may dull the finish of your helmet. Stickers and decals will leave adhesive residue when removed. To remove the adhesive residue, use alcohol swabs. Be certain to immediately wipe away the excess liquid and clean the area with soap and water once the adhesive residue is removed. Do not use excessive pressure while rubbing when attempting to remove the adhesive residue, instead use multiple light treatments.

Interior Cleaning

Although we recommend changing a helmet every 3 to 5 years, the accumulation of sweat, humidity, and dirt can deteriorate the fabric and stitching and this may cause odor. To wash HJC removable pads, HJC recommends regular machine washing and air drying. For non-removable interiors, HJC recommends using bacteria and mildew eliminating products such as "Helmet Fresh".

Vent Cleaning

Dirt and debris can find its way into the venting of your HJC helmet. Compressed air cans used for cleaning computer keyboards may be used to blow the debris from the ventilation system. It is recommended that you remove any removable pads before doing this process.

Replacement Parts

⚠️WARNING Use of replacement parts not manufactured by HJC may increase your risk of serious injury or death in an accident. Only use HJC parts that are specifically designed to work with this helmet.

Do Not Modify Your Helmet

Your HJC helmet is designed to meet SNELL standards. Contact HJC Motorsports for more information about SNELL standards. Modifying your helmet may increase your risk of serious injury or death in an accident. Do not modify your HJC helmet. Modifications include the following:

- drilling holes
- cutting shell, liner, or strap
- modifying the retention system, including adding a chin cup
- removing parts
- painting and attaching accessories that are not manufactured by HJC for this helmet

⚠️WARNING An improperly stored helmet can become damaged and may increase your risk of serious injury or death in an accident. You should:

- Store helmet in a cool and dry place
- Keep helmet away from pets and other animals
- Keep helmet away from heat in excess of 122°F and do not set on or near hot surfaces.

PROPER FIT

⚠️WARNING Never buy a used helmet or borrow someone else's helmet. Over time the protective foam in helmets will adjust to the contours of a user's head. A used or borrowed helmet may not offer as much protection as a new helmet.

⚠️WARNING Wearing the wrong size helmet can increase your risk of serious injury or death in an accident. A helmet that is too large for your head may be dislodged or knocked off in an accident. To select the right size helmet for your head, follow these instructions:

1. Measure your head. Wrap a tape measure around your head about one inch (2.5 cm) above your eyebrows.
2. Use the sizing chart to select the helmet size that corresponds most closely to your head measurement. If your head size falls between two helmet sizes, try on the larger helmet first and then the smaller size. [Click here](#) to see the sizing chart.
3. Try on the helmet by grasping both chin straps to pull the helmet completely onto your head, ensuring that the top of your head is in contact with the top of the helmet interior.
4. Check for a proper fit. To make sure your helmet is the right size, check that:

- The helmet inner lining fits snugly around your head.
- The top pad presses firmly on your head.
- The cheek pads contact your cheeks.
- There is no space around your brow under the inner lining. Test this by trying to insert your fingers. If the helmet does not fit snugly, try on a smaller size.

5. Check your field of vision when trying on a helmet. Some helmets may obstruct or block your vision when looking left, right, up, or down. Always make sure you can see well enough to safely operate your motorcycle.



6. Test the helmet fit by placing your hands on each side of the helmet. While holding your head as motionless as possible, try rotating your helmet from left to right then up and down. If you can feel the helmet padding sliding on your head, it is too big, try a size smaller. You should feel the helmet move the skin on your head and face as you try to move the helmet.

7. Fasten the retention system (chin strap) as tight as possible under your jaw without causing pain. There must be no slack in the strap, and the strap must be tight up against your jaw.



8. Test the retention system (chin strap)

- Put your hands on the back of the helmet and try to push the helmet off by rotating it forward.
- Put your hands on the front of the helmet above your forehead (or on the chin guard) and try to push the helmet off by rotating backward. If helmet comes off, try another size or another model or brand. Repeat steps 3 through 8 until you find a helmet that fits your head snugly and securely.