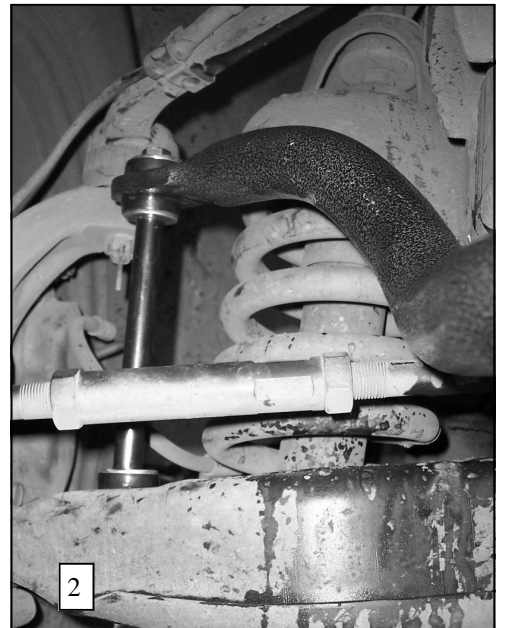
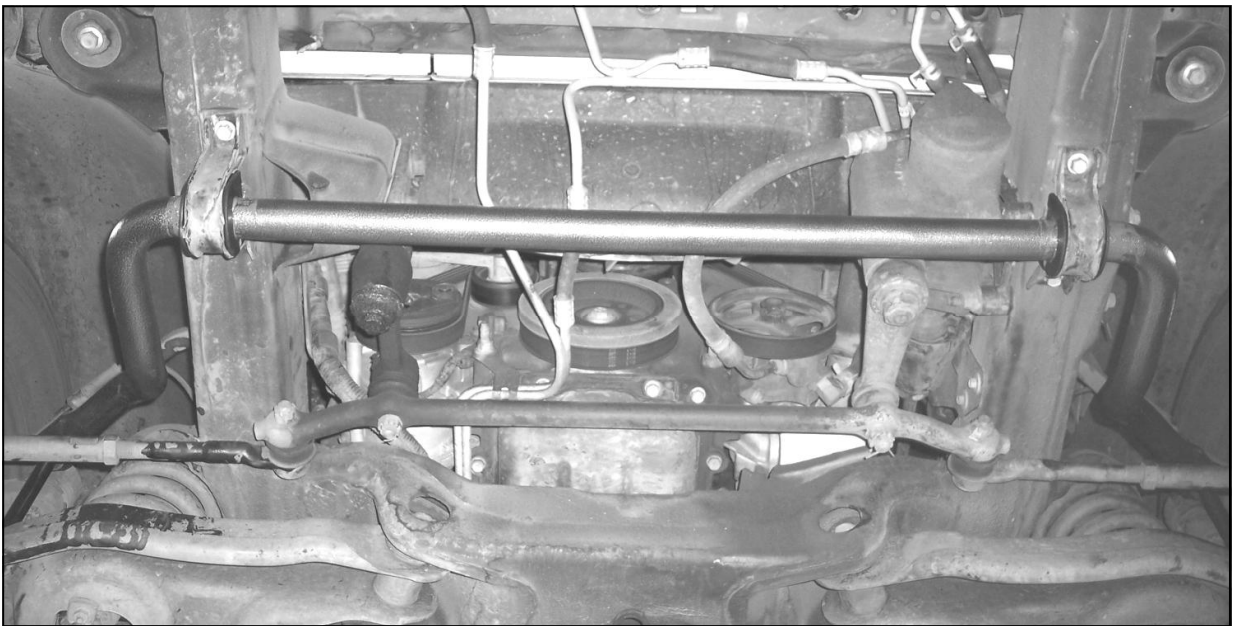


# Hellwig PRODUCTS

## INSTALLATION INSTRUCTIONS FRONT STABILIZER BAR 1997-2003 Ford F-150 2WD 1997-2002 Ford Expedition 2WD

Thank you for purchasing a quality Hellwig Product.  
PLEASE READ THIS INSTRUCTION SHEET COMPLETELY BEFORE STARTING YOUR INSTALLATION



# Hellwig PRODUCTS

## TORQUE TABLE

**BOLT SIZE: 3/8" = 20-30 ft. lbs. – 7/16" = 35-45 ft. lbs. – 1/2" = 50-70 ft. lbs. – 9/16" = 70-90 ft. lbs.**

**SAFETY: BEFORE STARTING YOUR INSTALLATION, BE SURE TO SET PARKING BRAKE AND CHOCK TIRES.**

**NOTE: THIS KIT INCLUDES LOCK NUTS WHICH REQUIRE TIGHTENING WITH A WRENCH AFTER BEING STARTED BY HAND.**

1. Remove Factory Installed Sway Bar. Save mounting hardware and frame brackets for installation of Hellwig sway bar.
2. Lubricate and install the D-shaped poly bushings on the sway bar in approximately the same location so that the bushings line up with the mounting location on the frame.
3. Raise the sway bar up into position and attach the D-shaped poly bushings using the factory mounting hardware.
4. Install the end links on the lower control arms. **TIGHTEN SLIGHTLY JUST UNTIL BUSHING START TO BULGE.** See photo two (2). **DO NOT OVER TIGHTEN.**
5. By moving the sway bar to the right or to the left the end links can be aligned as vertical as possible.
6. Tighten all the bolts on the U-plates to the factory specifications.
7. Bounce the vehicle and check for clearance on all the undercarriage components. Turn the front wheels full lock left and then to the right making sure that clearance is maintained between the tie rod and the sway bar. Be sure that all nuts and bolts securely tightened. Check and see that all wires, fuel and brake lines etc. are clear of this installation and cannot be damaged. Recheck your installation after one (1) week of driving and every thirty days thereafter.