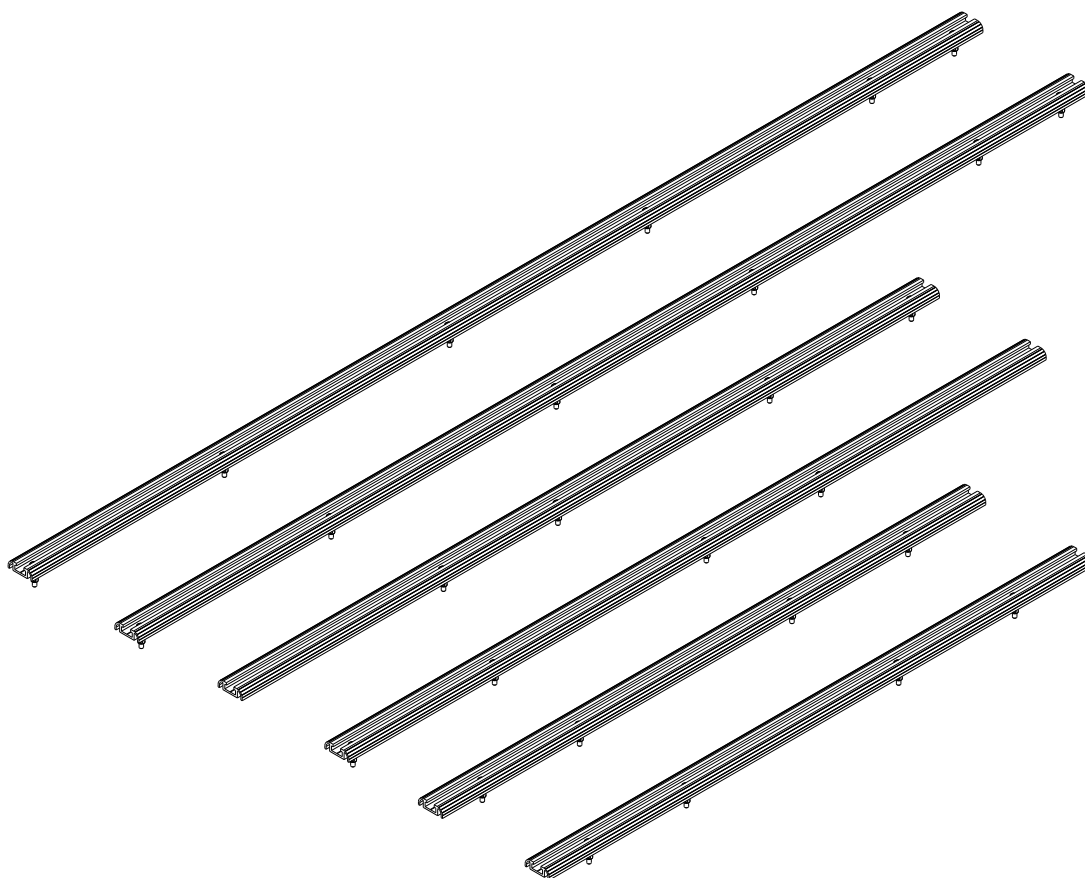




**FRONT RUNNER**  
VEHICLE OUTFITTERS

**TRACKS \_ 3082MM-4098MM(L)**  
**MERCEDES SPRINTER (2013-CURRENT)**

TRMS001



## **READ ME !**

Thank you for purchasing Front Runner Mount Mercedes Sprinter Tracks.

Before you start, take a moment to familiarize yourself with the Fitting Instructions and the components received.

Refer to Page 2 for a list of all the components, quantities and tools required.

**NOTE:** Front Runner will not be responsible for any damage caused by the failure to install the product according to these instructions.

## **IMPORTANT WARNING!**

FRONT RUNNER CAN NOT RECOMMEND A MAXIMUM LOAD CARRYING CAPACITY. PLEASE REFER TO YOUR VEHICLE MANUFACTURER'S RECOMMENDATIONS. IT IS CRITICAL THAT ALL FRONT RUNNER PRODUCTS BE PROPERLY AND SECURELY ASSEMBLED AND ATTACHED TO YOUR VEHICLE. IMPROPER ATTACHMENT COULD RESULT IN AN AUTOMOBILE ACCIDENT, AND COULD CAUSE SERIOUS BODILY INJURY OR DEATH. YOU ARE RESPONSIBLE FOR ASSEMBLING AND SECURING ALL FRONT RUNNER PRODUCTS TO YOUR VEHICLE. CHECKING THE ATTACHMENTS PRIOR TO USE, AND PERIODICALLY INSPECTING THE PRODUCTS FOR ADJUSTMENT, WEAR AND DAMAGE. THEREFORE YOU MUST READ AND UNDERSTAND ALL OF THE INSTRUCTIONS AND PRECAUTIONS SUPPLIED WITH YOUR FRONT RUNNER PRODUCT PRIOR TO INSTALLATION OR USE. IF YOU DO NOT UNDERSTAND ALL OF THE INSTRUCTIONS AND CAUTIONS, OR IF YOU HAVE NO MECHANICAL EXPERIENCE AND ARE NOT THOROUGHLY FAMILIAR WITH THE INSTALLATION PROCEDURES, YOU SHOULD HAVE THE PRODUCT INSTALLED BY A PROFESSIONAL INSTALLER OR OTHER QUALIFIED PERSONNEL.

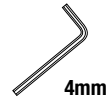
1

## GET ORGANIZED

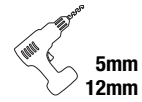
## IN THE BOX

|   |      |                           |
|---|------|---------------------------|
| 1 | 2 X  | Track - 1016mm Long       |
| 2 | 2 X  | Track - 1304mm Long       |
| 3 | 2 X  | Track - 1778mm Long       |
| 4 | 28 X | M6 x 30 Countersink Screw |
| 5 | 28 X | M6 Jack Nut               |
| 6 | 2 X  | M6 x 30 Button Head Bolt  |
| 7 | 1 X  | Installer Wrench          |

## TOOLS NEEDED



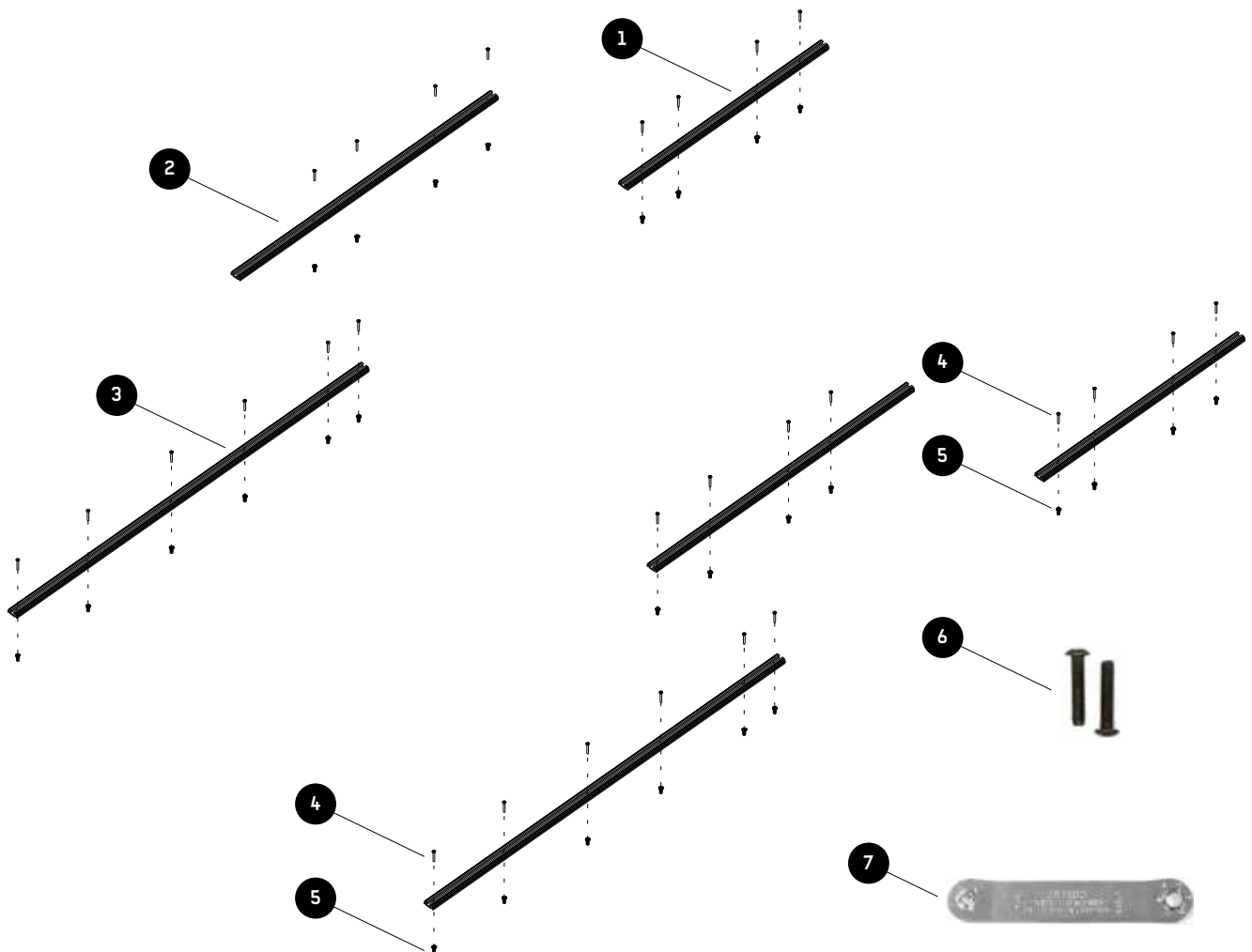
4mm

5mm  
12mm

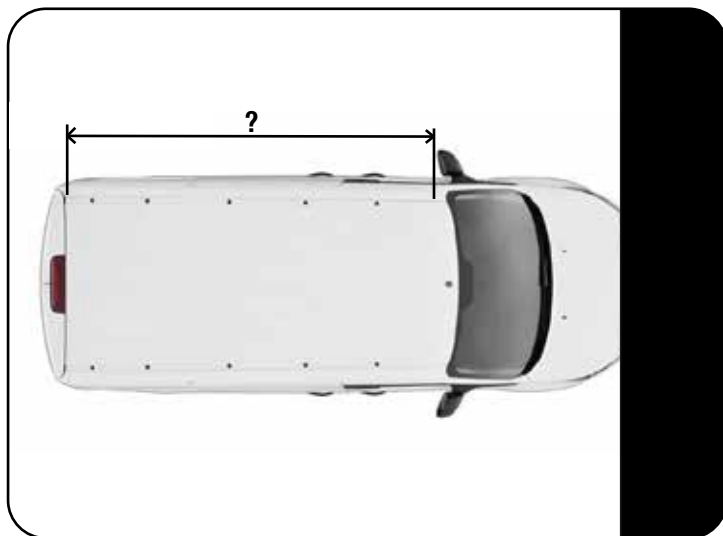
Sealant

4mm Allen Key Bit

FIGURE 1.1

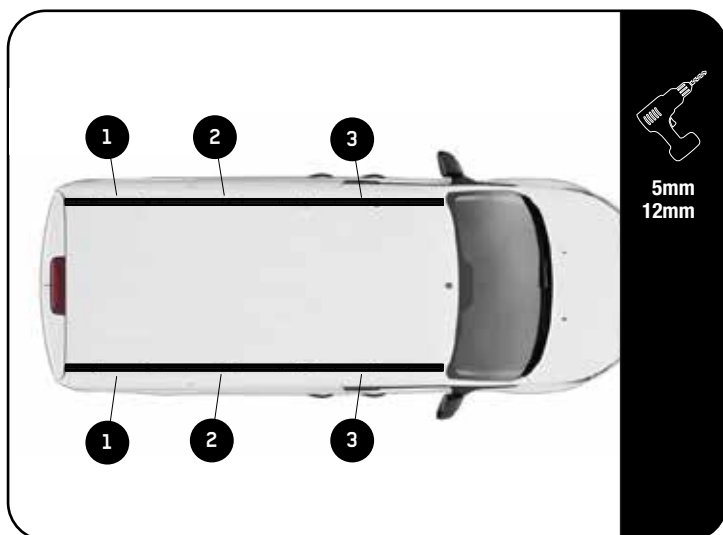


2.1



Depending on the length of your vehicle, you will use a combination of 2 to 3 tracks each side.

2.2

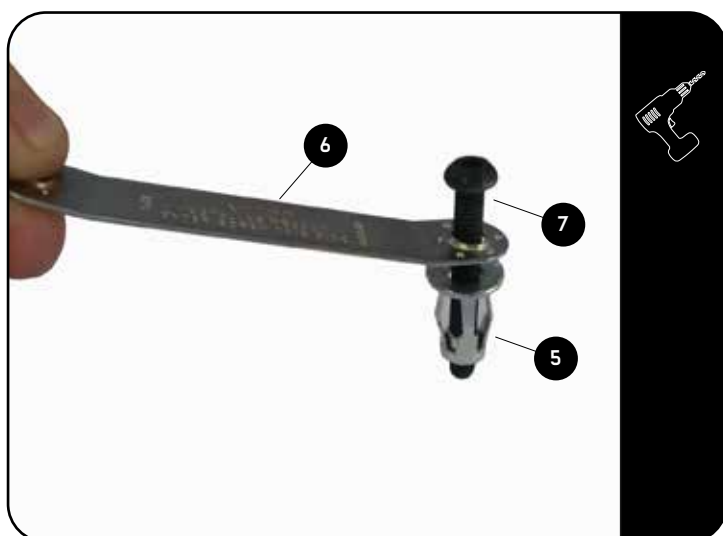


When placing the Tracks on the vehicle, make sure that the pre-drilled holes in the Tracks does not line up with the plastic inserts in the vehicles roof.

Mark all the holes in the Tracks onto the roof of the vehicle. Make sure that the tracks does not move when making.

Remove the Tracks and drill a 4mm pilot hole. Open the to 12mm.

2.3



Using the Installer Wrench (Item 6) and a M6 x 30 Button Head Bolt (Item 7), insert the M6 Jack Nuts (Item 5).

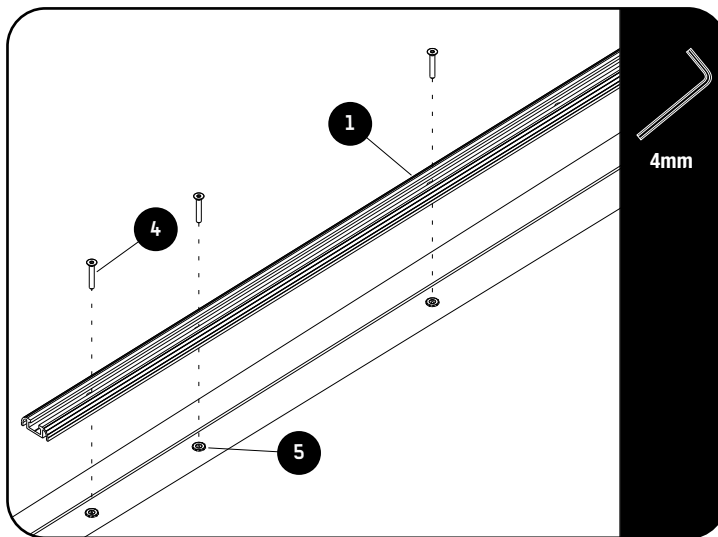
Insert the M6 Button Head Bolt into the one side of the Installer Wrench. Loosely fit a Jack Nut to the Button Head Bolt as shown.

Place the assembly into the hole drilled in Step 2.2. Using a Drilling Machine and a 4mm Allen Key Bit secure the Jack Nut into the hole while holding onto the handle of the Installer Wrench.

Make sure that the Jack Nut has pulled up all the way to the inside skin of the roof panel.

**2**

## PREPARATION

**2.4**

Place a bead of Silicon around each of the Jack Nut heads after securing them to the vehicle.

Place the Tracks in the same sequences as you placed in in Step 2.2.

Secure using M6 x 30 Countersunk Allen Cap Screws (Item 4) as shown.

**3**

## COMPLETION

**3.1**

Congratulations! You did it. Take a step back and admire your work!

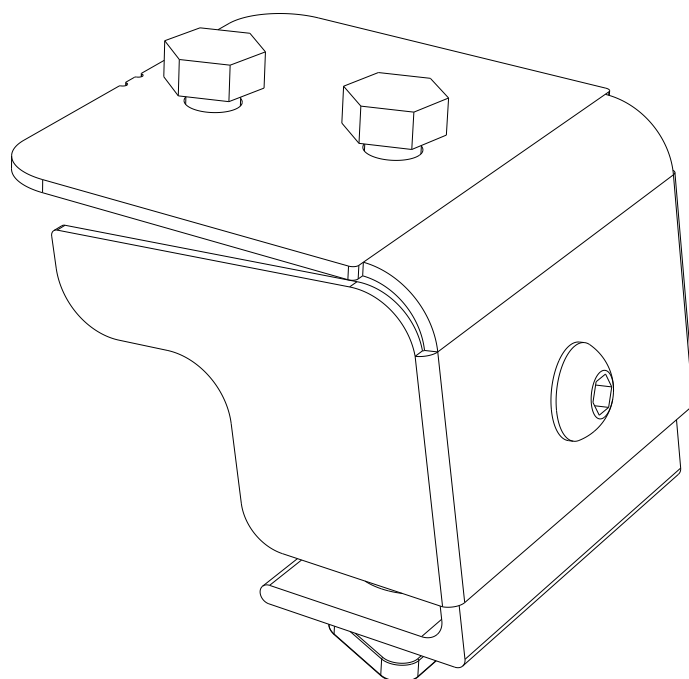
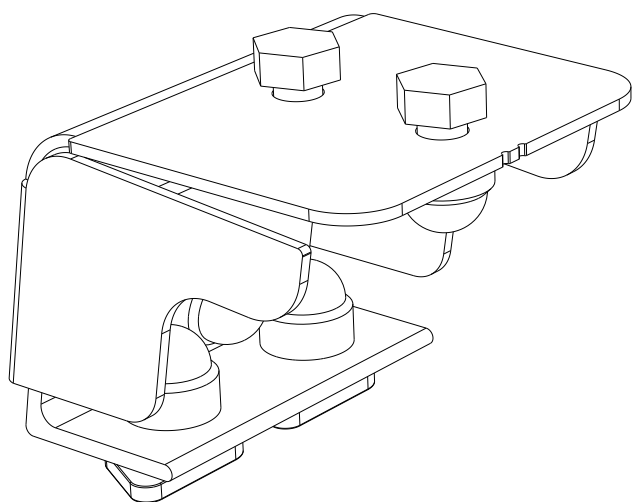
**4**

## INSTALL OTHER VEHICLE AND RACK ACCESSORIES

## FRONT RUNNER

**FOOT**  
**(40MM - 50MM, 60MM - 70MM)**  
**(ANGLED 65MM & ANGLED 75MM)**

FASSUNI



### READ ME !

Thank you for purchasing a Front Runner Foot Set.

Before you start, take a moment to familiarize yourself with the Fitting Instructions and the components received.

Refer to Page 2 for a list of all the components, quantities and tools required.

### IMPORTANT WARNING!

IT IS CRITICAL THAT ALL FRONT RUNNER PRODUCTS BE PROPERLY AND SECURELY ASSEMBLED AND ATTACHED TO YOUR VEHICLE. IMPROPER ATTACHMENT COULD RESULT IN AN AUTOMOBILE ACCIDENT, AND COULD CAUSE SERIOUS BODILY INJURY OR DEATH. YOU ARE RESPONSIBLE FOR ASSEMBLING AND SECURING ALL FRONT RUNNER PRODUCTS TO YOUR VEHICLE, CHECKING THE ATTACHMENTS PRIOR TO USE, AND PERIODICALLY INSPECTING THE PRODUCTS FOR ADJUSTMENT, WEAR AND DAMAGE. THEREFORE, YOU MUST READ AND UNDERSTAND ALL OF THE INSTRUCTIONS AND PRECAUTIONS SUPPLIED WITH YOUR FRONT RUNNER PRODUCT PRIOR TO INSTALLATION OR USE. IF YOU DO NOT UNDERSTAND ALL OF THE INSTRUCTIONS AND CAUTIONS, OR IF YOU HAVE NO MECHANICAL EXPERIENCE AND ARE NOT THOROUGHLY FAMILIAR WITH THE INSTALLATION PROCEDURES, YOU SHOULD HAVE THE PRODUCT INSTALLED BY A PROFESSIONAL INSTALLER OR OTHER QUALIFIED PERSONNEL.

**NOTE:** Front Runner will not be responsible for any damage caused by the failure to install the product according to these instructions.



CHECK ONLINE FOR LATEST FITMENT GUIDE

## 1 GET ORGANIZED

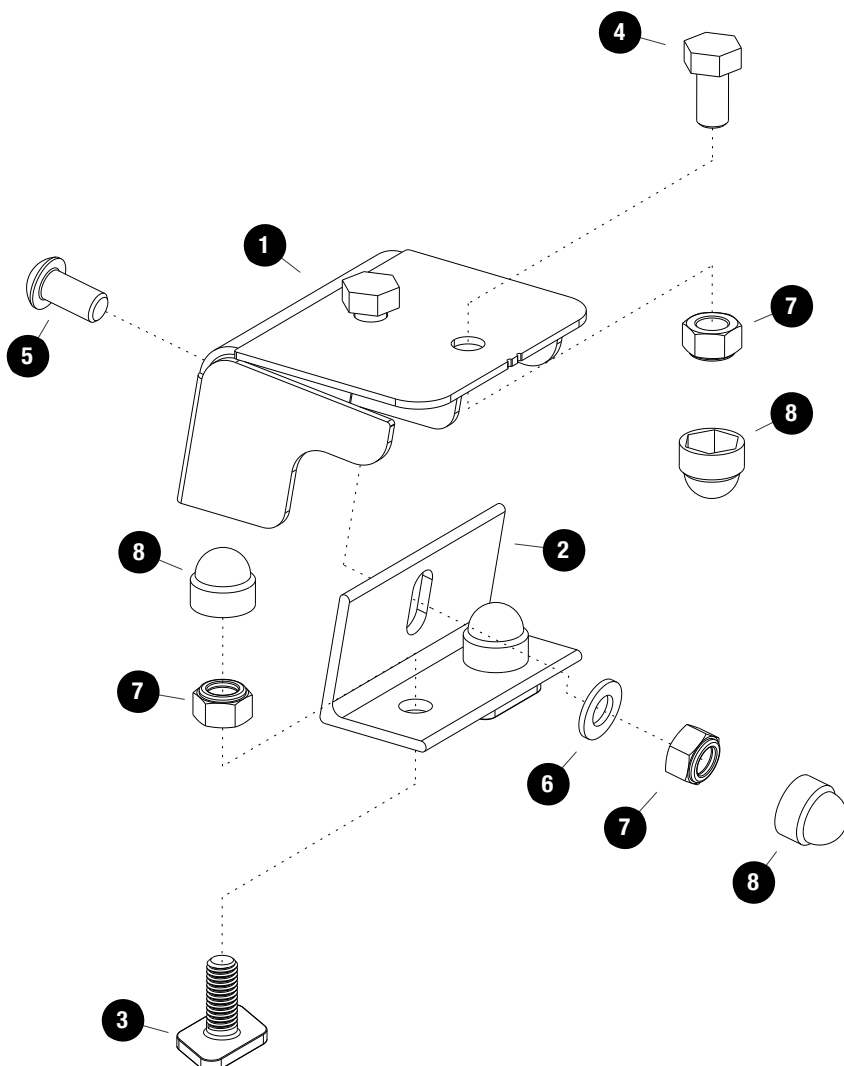
### IN THE BOX

|   |      |                           |
|---|------|---------------------------|
| 1 | 2 X  | Foot Top                  |
| 2 | 2 X  | Foot Base                 |
| 3 | 4 X  | M8 x 20 T-Bolt            |
| 4 | 4 X  | M8 x 16 Hex Bolt          |
| 5 | 2 X  | M8 x 16 Button Head Bolt  |
| 6 | 2 X  | M8 x 16 x 1.6 Flat Washer |
| 7 | 10 X | M8 Nyloc Nut              |
| 8 | 10 X | M8 Nut Cap                |

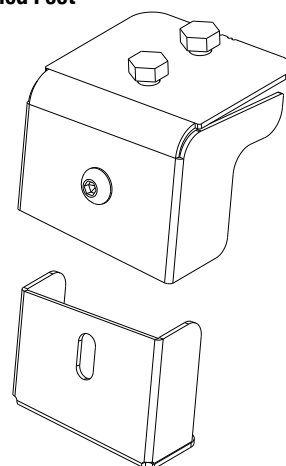
### TOOLS NEEDED



FIGURE 1.1

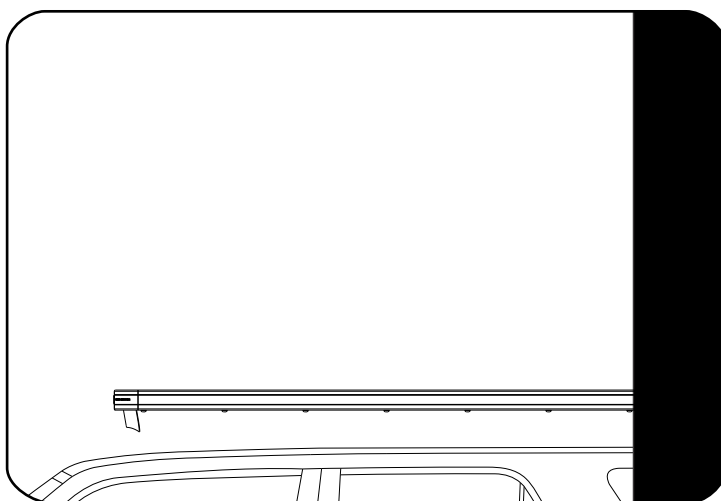


Angled Foot



Angled Foot Base

2.1



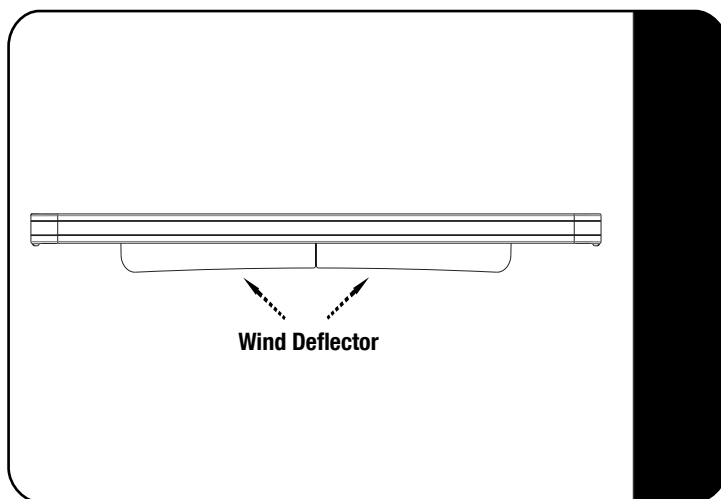
Place your Front Runner Roof Rack over your vehicle and find the best position. The Rack should sit level to the ground, not the vehicles roof line, or slanting slightly down toward the front.

Find the best position for the Feet, using the Combined Slat or Second Slat (Combined Slat recommended).

Remove the Rack and find a suitable surface to do the assembly.

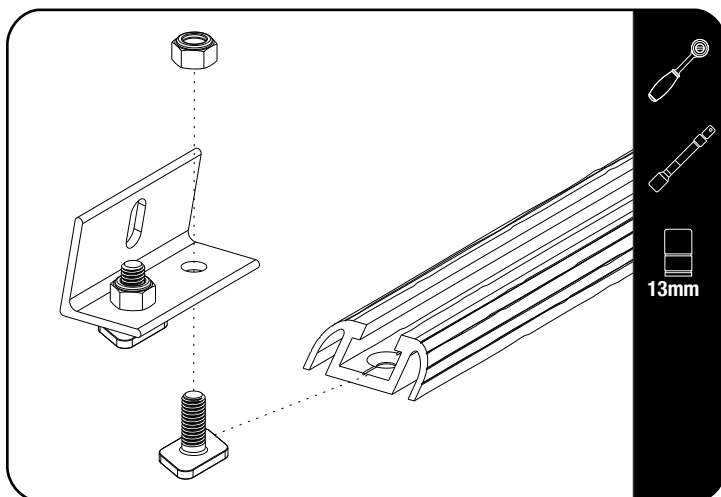
Flip the Rack so that the bottom of the Rack faces up. Insert two M8 x 16 Hex Bolts (Item 4) into the Slats machined slots that you have identified.

2.2



While your Rack is flipped make sure that the wind deflector is installed on the first slat.

2.3

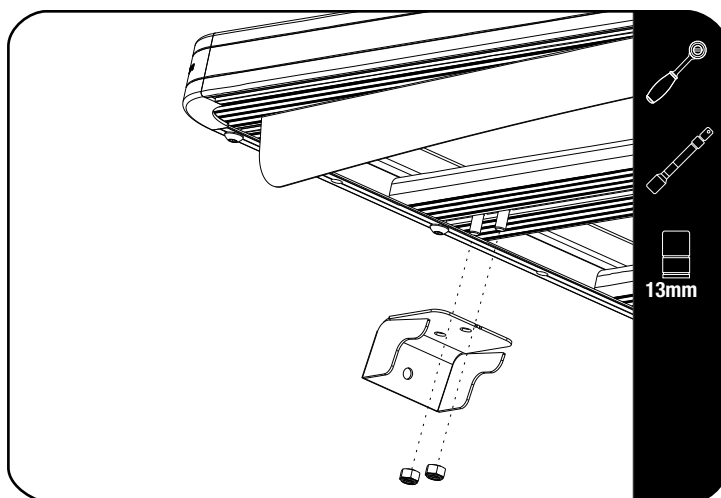


Slide the M8 x 20 T-Bolts (Item 3) into the track as shown, assemble the Foot Base (Item 2) using M8 x 20 T-Bolts and M8 Nyloc Nuts (Items 3 & 7).



Fully tighten and then loosen slightly to allow the foot base to slide in the track.

2.4

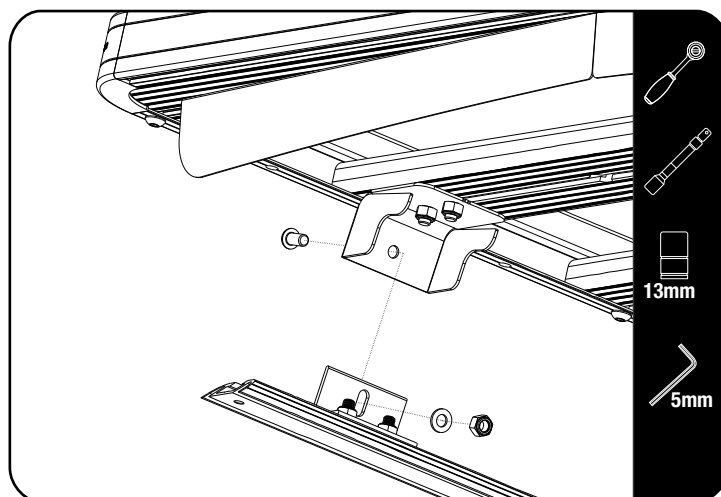


Assemble the Foot Top (Item 1) to the Rack as shown using M8 x 20 Hex Bolts inserted earlier in 2.1 and M8 Nyloc Nuts (Items 4 & 7).



Do not fully tighten to allow for the Foot tops to slide in the slats T-slot.

2.5

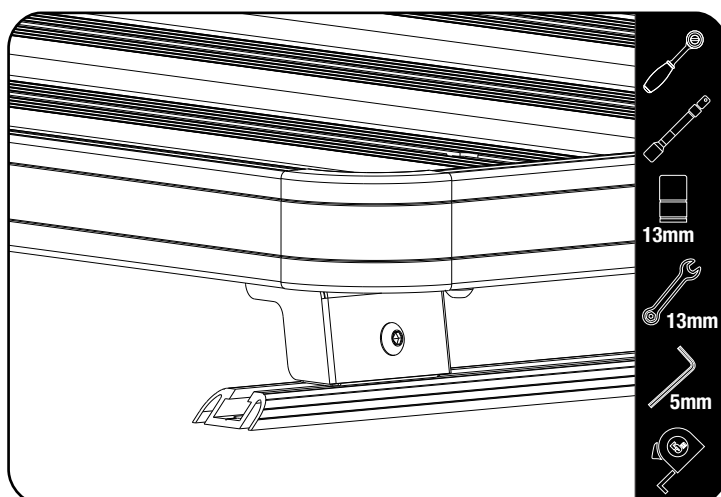


Position the Rack over the Foot Bases. Assemble using, M8 x 16 Button Head Bolts, M8 x 16 x 1.6 Flat Washers & M8 Nyloc Nuts (Items 5, 6 & 7).



Do not fully tighten to allow the Foot height to be adjusted if required.

2.6



Before tightening the Foot Base to the tracks, position the Rack so that it sits level to the ground, not the vehicle's roof line, or slanting slightly down toward the front.

First tighten the Feet to the tracks using a 13mm wrench, then center the Rack left to Right and fully tighten the fasteners from 2.4.

Lastly set the height and fully tighten the M8 x 16 Button Head Bolts and M8 Nyloc Nuts (Items 5 & 7).



Fully tighten the Nyloc Nut using the Socket and holding the Button Head with the Allen Key.



Tightening Torque 20Nm or 15 ft lb

Check clearance with sunroof operation and any accessories fitted.

25mm clearance is needed between roof and table bracket, if fitted.

**3**

## **FINISH**

**Congratulations! You did it. Take a step back and admire your work!**

**4**

## **INSTALL OTHER VEHICLE AND RACK ACCESSORIES**