



M-5570-A  
**Jounce Bumper Kit**  
**INSTALLATION INSTRUCTIONS**

NO PART OF THIS DOCUMENT MAY BE REPRODUCED WITHOUT PRIOR AGREEMENT AND WRITTEN PERMISSION OF FORD RACING PERFORMANCE PARTS.

**!!! PLEASE READ ALL OF THE FOLLOWING INSTRUCTIONS CAREFULLY PRIOR TO INSTALLATION.**

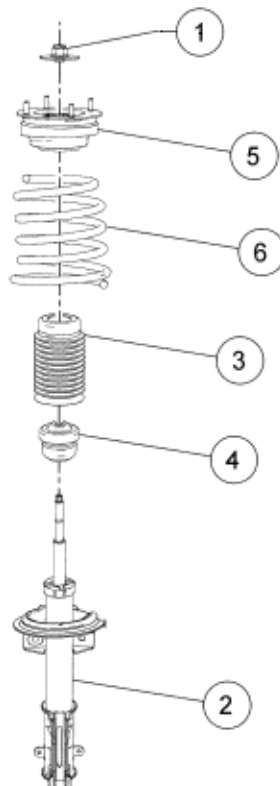
**IMPORTANT:** Installation of Ford Racing jounce bumpers is important to ride and comfort when using Ford Racing lowering springs on 2005-2011 Mustangs.

**KIT CONTENTS:**

2 front and 2 rear jounce bumpers  
4 rear jounce bumper attaching bolts

**NOTE:** All jounce bumpers are installed while the springs are removed.

**STEP 1:** Remove front jounce bumper item # 4. Do not use factory jounce bumpers or the jounce bumpers that come installed on Ford Racing front struts.





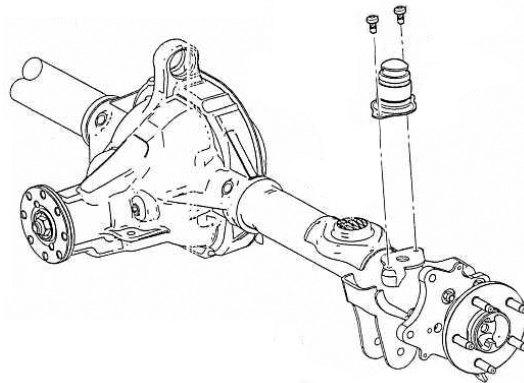
## M-5570-A Jounce Bumper Kit INSTALLATION INSTRUCTIONS

NO PART OF THIS DOCUMENT MAY BE REPRODUCED WITHOUT PRIOR AGREEMENT AND WRITTEN PERMISSION OF FORD RACING PERFORMANCE PARTS.

<u>Item</u>	<u>Description</u>
1	Strut rod nut and washer
2	Strut
3	Dust boot
4	Jounce bumper
5	Upper mount assembly
6	Spring

**STEP 2:** Install Ford Racing front jounce bumper, one per strut. Install flat side of jounce bumper up.

**STEP 3:** Remove rear jounce bumpers by removing the 2 bolts per bumper.



**STEP 4:** Install new Ford Racing jounce bumpers and bolts. Torque bolts to 28 to 32 Nm