



Installation Instructions

2019 GMC 1500 Vengeance Bumper

Product Number: D605X
Application: '19 GMC 1500

.....
SAFETY
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Your safety and the safety of others is very important.

- In order to help you make informed decisions about safety, we have provided installation instructions and other information.
- These instructions alert you to potential hazards that could hurt you or others.
- Please do a job safety analysis (JSA) before each task to identify potential hazards for your situation and remove/protect against them.
- You must use your own good judgment and take your time.

**THIS PRODUCT IS FOR OFFROAD USE ONLY. ALL LIABILITY FOR
INSTALLATION AND USE RESTS WITH THE OWNER.**

**CARELESS INSTALLATION AND OPERATION CAN RESULT IN SERIOUS
INJURY OR EQUIPMENT DAMAGE.**

**SENSORS FIELD OF VIEW WILL BE ALTERED WITH USE OF THE
REPLACEMENT BUMPER**

Failure to observe these instructions could lead to severe injury or death.

- Always remove jewelry and wear eye protection.
- Always use extreme caution when jacking up a vehicle for work. Set emergency brake and use tire blocks. Locate and use the vehicle manufacturers designated lifting points. Use jack stands.
- Always use appropriate and adequate care in lifting components into place.
- Always insure components will remain secure during installation and operation.
- Always wear safety glasses when installing this kit. A drilling operation will cause flying metal chips. Flying chips can cause serious eye injury.
- Always use extreme caution when drilling on a vehicle. Thoroughly inspect the area to be drilled (on both sides of material) prior to drilling, and relocate any objects that may be damaged.
- Always use extreme caution when cutting and trimming during fitting.
- Always tighten all nuts and bolts securely per installation instructions.
- Always route electrical cables carefully. Avoid moving parts, components that become hot and rough or sharp edges.
- Always insulate and protect all exposed wiring and electrical terminals.
- Always perform regular inspections and maintenance on mounts and related hardware.



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Congratulations on your purchase of the industries' best and most stylish truck bumper available for the 2019 GMC 1500! This bumper has been engineered for strength while keeping the weight down.

Your front bumper was designed in 3-D from digitized data, CNC laser cut, fabricated, and powder coated... all in the U.S.A.

Enjoy the fit and finish of a quality GMC 1500 bumper from Fab Fours Inc.





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TOOLS REQUIRED

- 7mm socket
- 10mm socket
- 15mm socket
- 5/8" socket/wrench
- 11/16" socket/wrench
- Body pry tool

PROVIDED MATERIAL

Fab Fours Identification	Component Description	Qty
50162- HW	1/2"-13 x 4 1/2 yellow-zinc hex cap bolt, Grade 8	2
50162- HW	1/2"-13, yellow-zinc hex nut, Grade 8	2
50162- HW	1/2" SAE yellow-zinc lock washer, Grade 8	2
50162- HW	1/2" SAE, yellow-zinc flat washer, Grade 8	4



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REMOVAL OF OEM BUMPER

Note: Save all OEM parts until installation is complete!

1. Using a body pry tool, remove the ten (10) push pins along the grill cover and remove the grill cover from the vehicle. **(Figure 1)**



Figure 1

2. Using the 10mm socket, remove the four (4) bolts attaching the grill to the truck. **(Figure 2)**



Figure 2



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- To remove the valance, start by carefully removing the front section of the wheel well trim using a body pry tool and 7mm socket. **(Figure 3a-b)**



Figure 3a

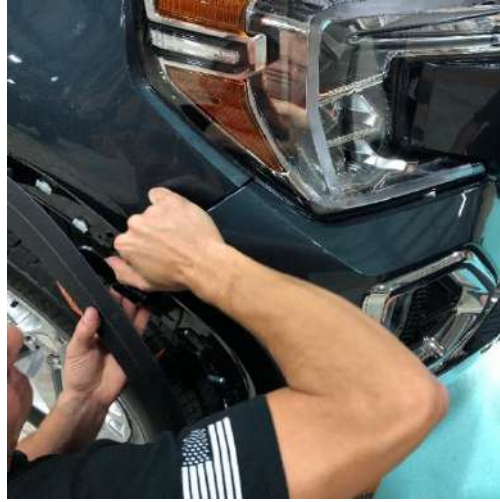


Figure 3b

- Once the sides of the valance have been removed, use a body pry tool to unclip the rest of the valance from either side of the vehicle to the middle.
- Once you reach the point that the grill and valance connect, carefully pull the top of the grill away from the vehicle, without removing it, to access the valance clips located at the base of the grill.
- Unclip the five (5) clips and remove the valance from the truck. **(Figure 4)**



Figure 4



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7. Remove the two (2) 18mm bumper mounting bolts on the top of the bumper.
8. Remove the four (4) support bracket bolts, two on each side of the vehicle, and the two (2) 18mm bolts located in the middle of the bumper. **(Figure 5a-b)**



Figure 5a



Figure 5b

9. Unplug the sensor harness located on the passenger side and remove the bumper from the truck.
10. Remove the OEM electrical harness from bumper by removing the push pins. **(Figure 6-7)**

NOTE: Document the location of each sensor housing for reference when reinstalling into your bumper.



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Figure 6



Figure 7

11. Disconnect the electrical harness from the fog lights in the bumper. **(Figure 8)**



Figure 8

12. Remove the sensor from the sensor housing by expanding both sides of the sensor housing and lifting. **(Figure 9-10)**

NOTE: Sensors are extremely delicate and must be handled with care! Do not push on face of sensors to remove!



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Figure 9



Figure 10

13. Remove the sensor housing from the bumper by depressing the four (4) tabs while pulling outward from the outside of the bumper. (Figure 11-11.1)



Figure 11



Figure 11.1

14. Using a 15mm socket, remove the six (6) 15mm bolts from the frame covers and remove from the truck. (Figure 12)



Figure 12



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15. If vehicle is equipped with OEM tow hooks, remove from the frame by removing the two (2) 18mm bolts located on the outside of the frame on both DS and PS. (**Figure 13**)



Figure 13

16. Reinstall the valance by clipping it in, working from the middle to either side, starting with the six (6) clips located at the base of the grill.
17. Reinstall the wheel well and trim.
18. Reinstall the four (4) bolts attaching the grill to the truck.
19. Reinsert the ten (10) push pins along the grill cover.

BUMPER INSTALLATION

NOTE: Use painters' tape to protect any areas of the vehicle that may contact the Fab Fours product during installation.

NOTE: If installing any lights into the bumper, they can be installed prior to bumper installation. Follow the lighting manufacturer's instructions for installation.

1. Remove the bumper from its packaging and place it face down to install the OEM sensor housings and harness.

NOTE: Make sure the harness plug is on the passenger side of the bumper when installing.



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2. Install the sensor housings into the appropriate slots by inserting each housing from the outside of the bumper in. **(Figure 14)**



Figure 14

3. Replace the sensors in the appropriate housings and zip-tie any loose harness to the bumper. **(Figure 15)**

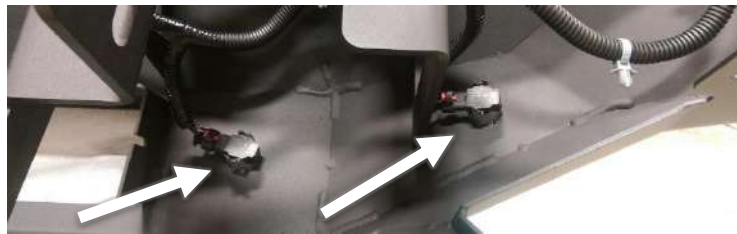


Figure 15

4. With assistance, hold the bumper to the frame and use the six (6) OEM 15mm frame bolts to attach the bumper to the frame rails. **(Figure 16a-b)**

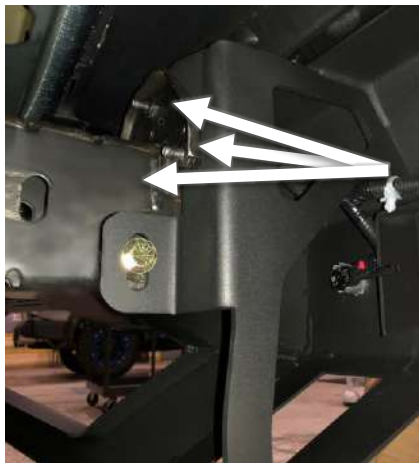


Figure 16a

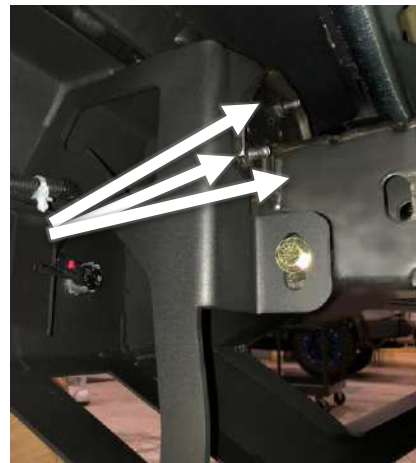


Figure 16b



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5. Use the 1/2" yellow zinc bolts and washers, provided in your hardware kit, to bolt through the frame. *Note: Do not over tighten the zinc bolts! (Figure 17a-b)*

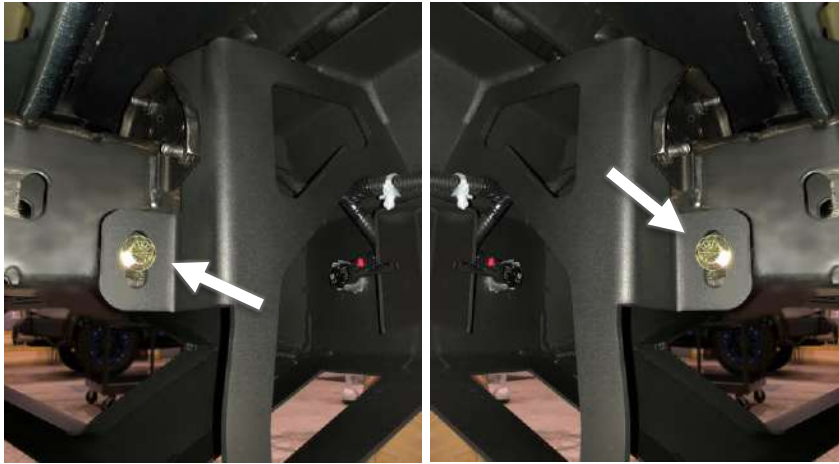


Figure 17a

Figure 17b

6. Once you have the bumper at the desired location, fully tighten the 15mm mounting bolts.



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Maintenance/Care

- Periodically check and tighten all fasteners.
- Stripped, fractured, or bent bolts or nuts need to be replaced.