

Universal Instructions for motor mount inserts (torque locations only)

It is recommended that a factory service manual be purchased prior to performing any work on your vehicle. Raise vehicle to suitable height and support properly to allow easy access to the engine mounting locations. **NOTE: BE SURE VEHICLE IS SECURELY SUPPORTED BEFORE GOING UNDERNEATH.** Find a suitable jacking location near the torque mount to be removed. Do not lift on crankshaft pulleys or oil pan. If available, use an engine hoist to raise engine. Raise the engine enough to remove load from the engine mount. Remove engine mounting bolt. Raise the engine again to allow enough clearance between the engine mounting bracket and motor mount. **NOTE: BE CAREFUL NOT TO CAUSE DAMAGE TO OTHER ENGINE COMPONENTS BY RAISING THE ENGINE TOO HIGH, ie, DISTRIBUTOR CAP, FUEL LINES, FAN, etc.** Remove mounting hardware from mount and remove mount from vehicle. **NOTE: In some cases it is not necessary to remove mount, in this event, remove adjoining bracket only.** Refer to steps 1 & 2 below.

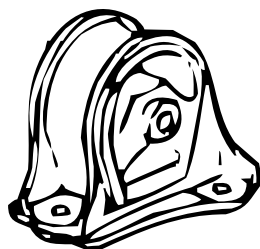
NOTE: The ENERGY SUSPENSION Polyurethane motor mount inserts will help restore your engine to its original height. If adjustments have been made to other components, such as, fan, fuel lines, air intake system, etc. due to sagging worn motor mounts, these components will need to be reset back to their original locations.

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STEP - 1

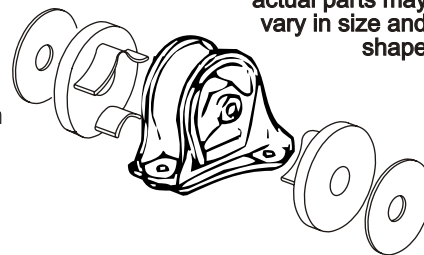
Inspect engine mount for excessive wear and cracking. If the mount is severely damaged, ENERGY SUSPENSION recommends replacing with a new engine mount.

Clean any dirt, grease, and excess rubber flashing that may be present inside the engine mount. **NOTE: IT IS VERY IMPORTANT THAT THE INSIDE OF THE ENGINE MOUNT BE CLEAN AND DRY.**



STEP - 2

Install the engine torque mount inserts so that there is a slip fit into the engine mount. One insert will be installed on each side of the engine mount. If supplied in set, install flat washers on outside of inserts. Refer to illustration for proper orientation of parts. Reassemble engine mount into engine compartment.



Appearance of actual parts may vary in size and shape

Tighten all fasteners to factory specifications. **Be sure to check hood clearance before closing.**