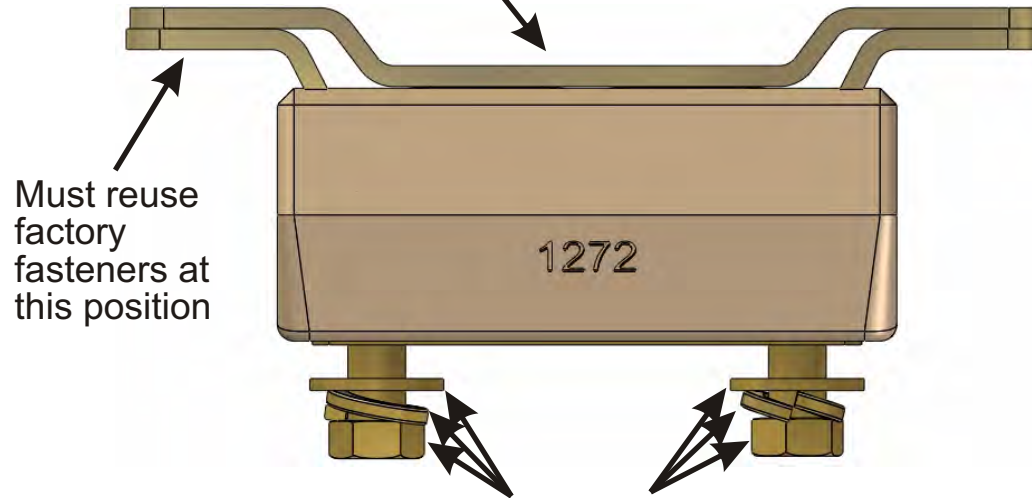


Installation instructions for Set # 4.1148 US patent # 5788207

91-01 FORD EXPLORER V6 ONLY / 97-01 MERCURY MOUNTAINEER V6 ONLY
86-97 FORD AEROSTAR / 86-90 FORD BRONCO II / 83-10 FORD RANGER
94-10 MAZDA B-SERIES / 91-94 MAZDA NAVAJO

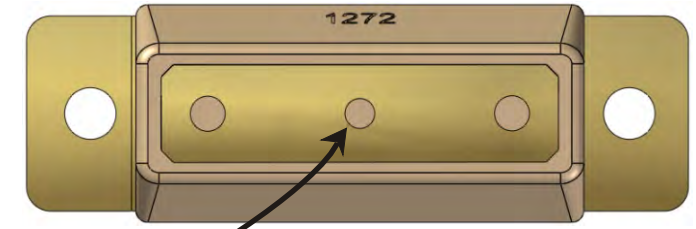
ENERGY
SUSPENSION 

Upper preload plate must be used.
(It is not a spacer)



Must reuse
factory
fasteners at
this position

Supplied flat washers, lockwashers and
7/16-14 x 1.00" grade 5 bolts.



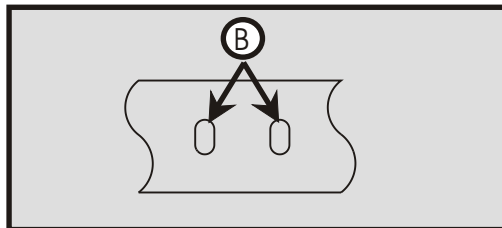
This hole is not used. (Center hole is for
manufacturing purposes.)



Inner view showing safety interlock

Tighten all fasteners to factory specifications

Crossmember center section diagram



B Before installing the new mount, be sure to check the transmission crossmember for cracks or damage at the slotted hole areas. **On some vehicles, because of the nuts used on the factory studs, it will be necessary to clean out the slots with a file for clearance when using the new bolts.** Repair or replace the crossmember if any damage is evident. On high performance (race condition) applications, reinforcing the area around the mounting point of the crossmember is recommended. Always check the front engine mounts and replace if necessary.