

Installation instructions

For set # 3.3188

2004 Pontiac GTO



It is recommended that if you are unfamiliar with this type of work that you refer to a qualified service center specializing in this type of work. It is also recommended that if you choose to do this work yourself that a factory service manual be obtained for the proper procedures pertaining to removal, replacement and proper torque specifications for your vehicle. This instruction set is intended as a guideline for the safe installation of Energy Suspension's polyurethane bushings, once you have removed the factory components from your vehicle.

Parts list:

- 4 - 2595** (hard durometer bushing installs next to wheel).
- 4 - 2598** (soft durometer bushing installs next to drive shaft).
- 4 - 15.10.180.39** (sleeve .750"O.D. x .480"I.D. x 2.790"LG).
- 4 - 9.11108** (grease).
- 1 - 17437** (this instruction sheet).

Apply grease to all metal parts that contact the polyurethane bushings.



The outer position bushing has no outer metal shell that needs to be pressed out. The I.D. of control arm is Ø1.608, use something smaller when pressing out the old bushing. The O.E. rubber bushing is not bonded to the control arm. Trim off the flanges of the rubber bushing (both sides) and press out the bushing. Apply grease to all metal parts that contact the polyurethane bushings. Grease P/N's 2595 and sleeve P/N 15.10.180.39 and insert into the control arm.



The inner position bushing has an outer plastic shell that needs to be pressed out. The I.D. of control arm is Ø1.608, use something smaller when pressing out the old bushing. Trim off the plastic flange of the shell and press out the bushing. Apply grease to all metal parts that contact the polyurethane bushings. Grease P/N's 2598 and sleeve P/N 15.10.180.39 and insert into the control arm.