

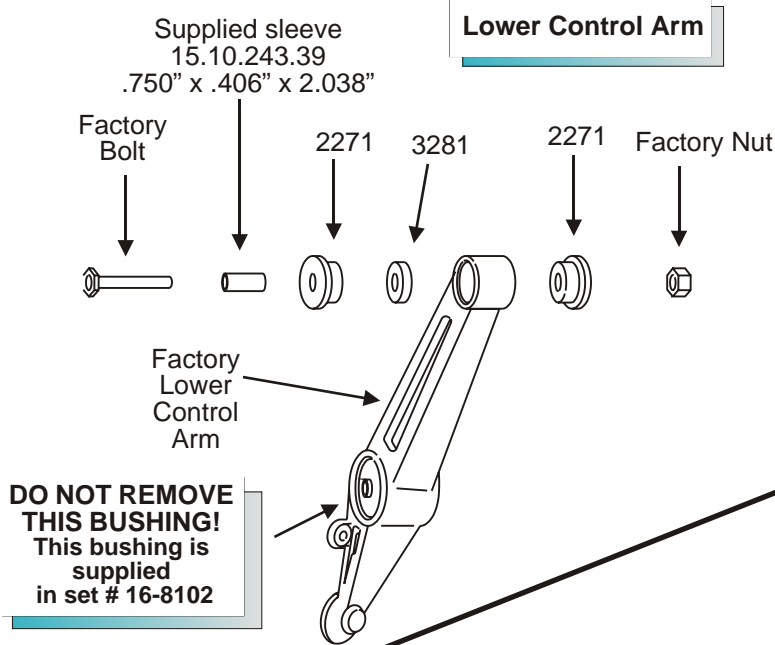
# Installation Instructions Set # 16-3108

## 91-93 Acura Integra



It is recommended that a factory service manual be purchased prior to performing any work on your car or truck.

1. Properly support the vehicle on the frame.
2. Unbolt the upper control arm and pivot bushing assembly from the vehicle. Unbolt the upper control arm from the pivot bushing assembly.
3. Remove the rubber bushing and shells from the pivot bushing assembly. A hydraulic press will be needed. Clean the pivot bushing assembly and lubricate the inside of the barrel. Grease all sides of the bushing that contact metal. Press in the Energy Suspension bushing. Note: the bushings have a part number engraved in them. The engraved side on each bushing must be facing each other when fully assembled. See diagram.
4. Reassemble and reinstall the upper control arm assembly onto the vehicle.
5. Remove the lower control arm.
6. Press out the inner control arm bushing including it's shell from the control arm.
7. Grease the I.D. of the lower control arm (where the shell was). Grease the Energy Suspension bushing. Grease all sides of the bushing that contact metal.
8. Install the bushings. There are three bushing for this location. Two will be the same and one is different. Install the bushing with the flange first then install the bushing without the flange next. Install the remaining part. Grease the sleeve and install the sleeve.
9. Reassemble the control arm onto the vehicle. Tighten all fasteners to factory specs.
10. Perform a complete wheel alignment after completion of work.



- Other Energy Suspension Sets Available for this vehicle:**
- 16-3104 Rear end control arm set (lower only)
  - 16-8102 Front shock bushing set
  - 16-8103 Rear shock bushing set
  - 16-7102 Front strut bushing set
  - 16-13101 Balljoint boot set
  - 9-13103 Tie-rod boots
  - 16-1102 Manual trans. shifter stabilizer

### UpperControl Arm

