

# Tightening Instructions for Cylinder Head

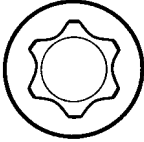
496.222

suitable for  
adaptable a  
**BMW**



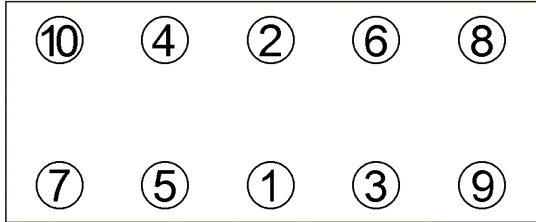
Das Original

Head shape



802.790  
M 10 x 110

Tightening



Tightening/ \* 30 Nm  
➤ 80°  
➤ 80°

## Explanations

*	use new cylinder head bolts
★	warm up time (80°C)
□	loosen and tighten each bolt
●	relaxation time
➤	torque angle

## Engine type

Mot. S62 B50  
M5 E39  
Z8  
Cyl. 5-8

**\*496.222\***