Note: Prior to Assembly
Prior to assembling your cross bar kit check that the kit contains all the parts you will need to fit the cross bars. Refer to parts lists for guidance.
Please read these instructions before assembly.

Step 1: Removing the vehicles anchor point covers.
On the vehicles roof or ditch molding you will find fore and aft anchor point covers (fig 1). Carefully remove these covers by sliding them in the direction shown on the cover. This will reveal the anchor points. It is advisable to screw the bolts into the anchor point threads at this time to clean the threads.

Note: Take care when removing the covers to avoid damaging or losing clips. Covers will not be replaced while the cross bars are on the vehicle.
Store the covers and any plugs while cross bars are in use for later replacement.

Step 2: Installing Rubber Gaskets and Adaptor
Position the rubber gaskets over the anchor points as shown in fig 2. Ensure that the gasket is properly aligned. If your gasket has a directional arrow this always points toward the front of vehicle.
Ensure that the gasket slots are centered over the anchor point threads in the roof.
Place the plastic adaptors into the gasket’s recessed top surface (fig 3).

Location of anchor points on vehicle

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**Parts list**

- Cross Bar
- Under Cover
- Plastic adaptor
- Rubber Gasket
- M6 x 45mm bolt
- M8 spring washer
- M8 hex nut
- M8 washer
- L wrench
- Cross bar end caps
- End cap key

Tool required – 13mm or adjustable wrench
Step 3: Fitting Cross Bars to the vehicle
A. Place an end support into the plastic adaptor and loosely bolt down by inserting the 45mm bolt into the anchor point threads and turning approx 2-3 turns with the L wrench security key. Do not tighten yet, Repeat for the opposite side. (fig 4)
B. Place the cross bar onto the end supports ensuring that the end support tabs are located into the cutouts on the underside of the bar. Check that the cross bar has equally distanced overhang on either side of the end supports. (fig 5)
C. Insert the M8 hex nut into the clamp plate. Insert the clamp plate into the end of the cross bar and align it so that the nut and the end support’s bolt hole align. (fig 6)
D. Secure the cross bar to the end support by screwing the M8 x 20mm bolt with washer and spring washer through the end support hole and into the clamp plate nut. (fig 6)
E. Using a 13mm or adjustable wrench fully tighten the bolt on the underside of the support. Now using the security key finish tightening the 45mm bolts to 5Nm (44 in/lbs) or to a firm hand tightness.

Step 4: Installing under cover strips
Mark on bars with a pencil the length of under cover strips needed.
Remove bars, measure length of under cover filler strips to fill slot. Cut under cover pieces using scissors or a blade. Slide inner most under cover into position on the bars and re-assemble bars onto vehicle. Add the outer under cover piece once bars are attached. (fig 7)

Step 5: Install end caps
Locking end caps can now be installed into the ends of the cross bars. Remove keys and keep in a safe place.
To load accessories into the cross bar accessory channel remove end cap, cut buffer strips as needed. Once accessories have been loaded, re-insert the end caps and lock. Additional buffer strips may be purchased from ROLA if needed.

⚠️ REGULARLY CHECK THE TIGHTNESS OF CROSS BAR ATTACHMENTS.  
⚠️ Loads should be evenly distributed and secured.  
⚠️ Check the function of all doors and sunroof before driving.  
⚠️ Any weight carried on the vehicle will adversely affect its handling particularly in cornering or in a cross wind and the vehicle should therefore be driven with increased caution.  

Ensure bars are parallel and straps are tightened against the side rails. Perform a check by tugging on the cross bars.