



BC0072

Engine:

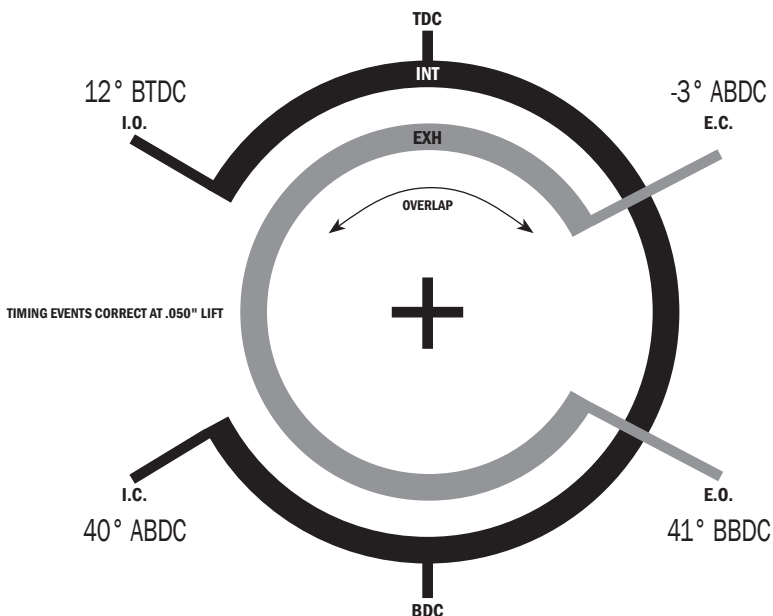
HONDA D16Y8

	<u>INT</u>	<u>EXH</u>
Advertised Duration:	310°	316°
Duration @ .050":	232°	218°
Valve Lift (inches):	.432"	.424"
Valve Lift (mm):	10.97	10.77
Valve Lash (inches):	.006"	.008"

Recommended Valve Spring/Retainer Kit:

BC0070

For best results, install straight up at 0 intake / 0 exhaust and tune from there with adjustable cam sprockets if applicable.



Camshafts damaged by improper installation, excessive spring pressure, valve train bind or retainers contacting valve guides or seals are void from warranty.
Not legal for sale or use on emission controlled motor vehicles.