



BK053 INSTALLATION INSTRUCTIONS

REQUIRED TOOLS:

Sockets and/or wrenches: 13mm, 21mm

Hydraulic Jack and jack stands

INSTALLATION:

1. Lift vehicle and safely support with jack stands under the frame rails.
2. Using a 13mm socket, remove the two small bolts on one of the front cradle support plates as shown in **IMAGE 1**.
3. Using a 21mm socket, remove one of the front main cradle bolts then remove the cradle support.
4. Lube the rounded end on one of the BMR bushing inserts and push it up into one of the two voids of the cradle bushing. Place a jack under the insert as shown in **IMAGE 2**.
5. Lift the jack, forcing the bushing insert up into the bushing, until it is flush with the bottom of the bushing. Repeat for the other void in the same bushing.
6. Re-install the factory cradle support and tighten the main bolt to 129 ft/lbs. and the two smaller bolts to 41 ft/lbs.
7. Duplicate steps 2-6 for the other front bushing.
8. Using a 21mm socket, remove one of the rear cradle bolts.
9. Place one of the BMR lockout plates over the bushing as shown in **IMAGE 3**, re-install the bolt and torque to 129 ft/lbs.
10. Repeat steps 8 and 9 for the other side.
11. Lower vehicle.

