

# INSTALLATION INSTRUCTIONS

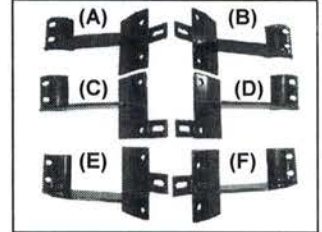
## SIDEBAR

07-11 FORD EXPLORER SPORT TRAC 4 DOOR

PART NUMBER

### PARTS LIST:

1	Driver/Left Sidebar	4	1" x 3 1/4" Tube Spacers
1	Passenger/Right Sidebar	2	1" x 2 9/16" Tube Spacers
1	Driver/Left Front Mounting Bracket (A)	4	10-1.50mm x 120mm Hex Head Bolts
1	Passenger/Right Front Mounting Bracket (B)	2	10-1.50mm x 100mm Hex Head Bolts
1	Driver/Left Center Mounting Bracket (C)	6	10-1.50mm Clip Nuts
1	Passenger/Right Center Mounting Bracket (D)	12	10-1.50mm x 30mm Hex Head Bolts
1	Driver/Left Rear Mounting Bracket (F)	18	10mm ID x 20mm OD x 2mm Flat Washers
1	Passenger/Right Rear Mounting Bracket (E)	18	10mm Lock Washers
		12	8-1.50mm x 30mm Hex Head Bolts
		12	8mm ID x 16mm OD x 1.6mm Flat Washers
		12	8mm Lock Washers



### PROCEDURE:

1. REMOVE CONTENTS FROM BOX. VERIFY ALL PARTS ARE PRESENT. READ INSTRUCTIONS CAREFULLY BEFORE STARTING INSTALLATION.
2. From underside of vehicle, locate the two front factory holes on the driver side floor panel located by the front tire. With the threaded nut facing up, insert (1) 10mm Clip Nut through larger hole. Orient Clip Nut to engage in the smaller hole (**Figure 1**).
3. Partially hang driver front Mounting Bracket to pinch weld using (2) 10mm x 30mm Hex Head Bolts, (2) 10mm Hex Nuts, (2) 10mm Lock Washers, and (4) 10mm Flat Washers (**Figure 3**).
4. Place (1) 1" x 2 9/16" (smaller) Tube Spacer between the tab on the Mounting Bracket and the already installed Clip Nut. Insert (1) 10mm x 100mm Hex Head Bolt through tab on the Mounting Bracket and Tube Spacer and to Clip Nut (**Figure 4**). Do not tighten at this time.
5. Repeat steps 2 – 4 for driver center and driver rear Mounting Brackets. Depending upon your vehicle, the center factory hole might be too small for the Clip Nut, file the Clip Nut until you are able to mount it. **NOTE:** You will be using 1" x 3 1/4" (larger) Tube Spacers with 10mm x 120mm Hex Head Bolts on the center and rear Mounting Brackets. **IMPORTANT!** Install the rear Mounting Brackets depending upon your vehicle.  
**07-08 Explorer Sport Trac:** You will need to swap the rear Mounting Brackets. The passenger rear Mounting Bracket will mount on the driver rear, and the driver rear Mounting Bracket will mount on the passenger rear. The front and center cradles on both sides should be facing the rear of the vehicle and the rear cradles on both sides should be facing the front of the vehicle. Rear Mounting Brackets will mount with (1) 10mm x 30mm Hex Head Bolt (**Figure 5**).
6. Once all three Mounting Brackets are partially mounted, carefully position driver Sidebar onto Mounting Brackets. Attach Sidebar to Mounting Brackets using (6) 8mm x 30mm Hex Head Bolts, (6) 8mm Lock Washers, and (6) 8mm Flat Washers (**Figure 6**). Do not tighten at this time.
7. Level and adjust Sidebar; then tighten all hardware at this time.
8. Do periodic inspections to the installation to make sure all hardware is secure and tight.

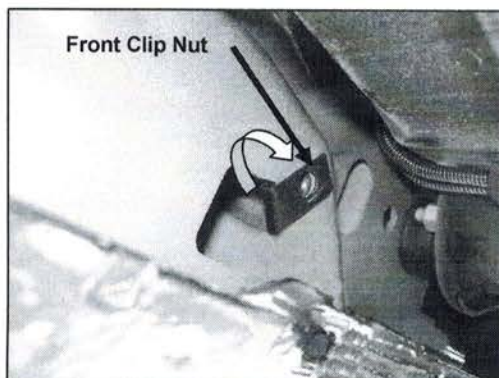


Figure 1

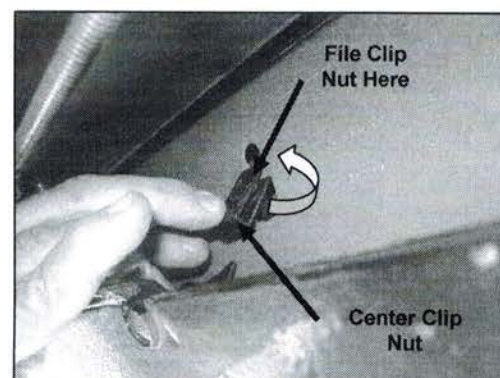


Figure 2



Driver Side Front Mounting Bracket Shown



Figure 3

- 10mm x 30mm Hex Head Bolts
- 10mm Flat Washers
- 10mm Lock Washers
- 10mm Hex Nuts

Driver Side Front Mounting Bracket Shown

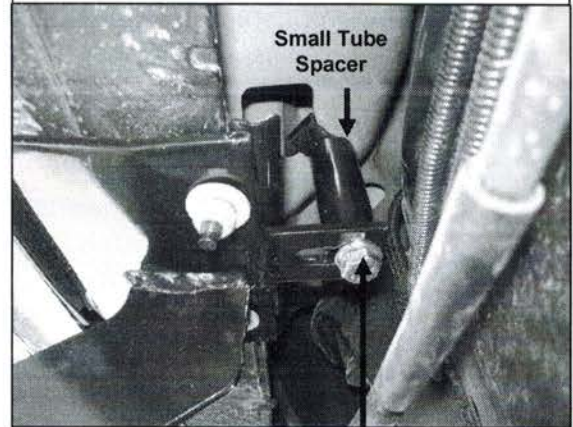


Figure 4

- (10mm Clip Nut)
- 10mm x 100mm Hex Head Bolt
- 10mm Lock Washer
- 10mm Flat Washer

- 8mm x 30mm Hex Head Bolts
- 8mm Flat Washers
- 8mm Lock Washers

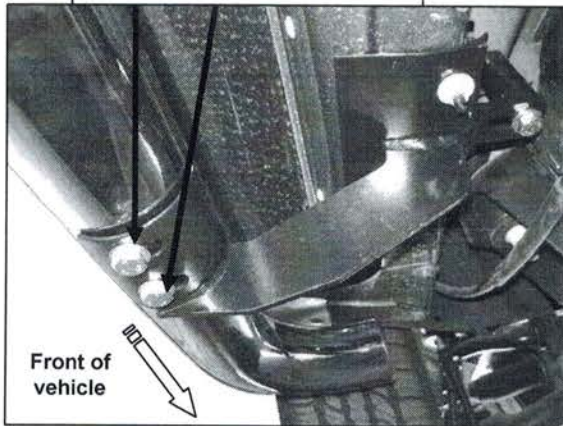


Figure 6

Rear Mounting Brackets mount with cradles facing the front of the vehicle and with one 10mm x 30mm hex bolt

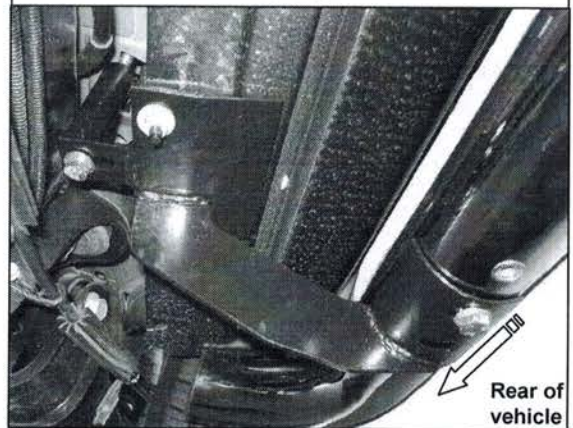


Figure 5

Installation Complete

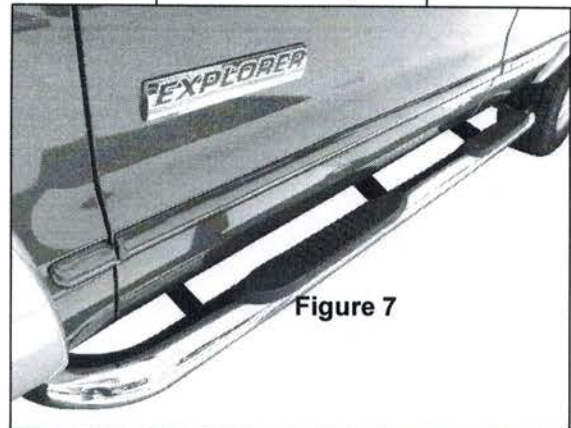


Figure 7