



HOW TO MEASURE

A **Inside Length:**
Flatten your foot by shifting your weight forward, use a ruler or tape measure to measure your foot (from the heel to the tip of your longest toe).

US SIZE	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13	13.5	14
EURO SIZE	38	38.5	39	40	40.5	41	42	42.5	43	43.5	44	45	45.5	46	47	47.5	48
JAPAN SIZE	24	24.5	25	25.5	25.5	26	26.5	27	27.5	28	28.5	29.5	29.5	30	30.5	31	31.5
INSIDE LENGTH (CM)	24	24.5	25	25.5	25.5	26	26.5	27	27.5	28	28.5	29.5	29.5	30	30.5	31	31.5
INSIDE LENGTH (INCHES)	9.4	9.6	9.8	10	10	10.2	10.4	10.6	10.8	11	11.2	11.6	11.6	11.8	12	12.2	12.4