

# **Kits** 78646/78643

Ford Focus (MK3) Ford Focus ST

**Rear Application** (With and Without Shocks)



For maximum effectiveness and safety, please read these instructions completely before proceeding with installation.

Failure to read these instructions can result in an incorrect installation.

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### Introduction

The purpose of this publication is to assist with the installation, maintenance and troubleshooting of this Ford Focus Performance kit.

It is important to read and understand the entire installation guide before beginning installation or performing any maintenance, service or repair. The information includes a hardware list, step-by-step installation information, maintenance tips, safety information and a troubleshooting guide.

Air Lift Company reserves the right to make changes and improvements to its products and publications at any time.

#### NOTATION EXPLANATION

Hazard notations appear in various locations in this publication. Information which is highlighted by one of these notations must be observed to help minimize risk of personal injury or possible improper installation which may render the vehicle unsafe. Notes are used to help emphasize areas of procedural importance and provide helpful suggestions. The following definitions explain the use of these notations as they appear throughout this guide.

**DANGER** INDICATES IMMEDIATE HAZARDS WHICH WILL RESULT IN SEVERE PERSONAL INJURY OR DEATH.

WARNING INDICATES HAZARDS OR UNSAFE PRACTICES WHICH COULD RESULT IN SEVERE PERSONAL INJURY OR DEATH.

**CAUTION** INDICATES HAZARDS OR UNSAFE PRACTICES WHICH COULD RESULT IN DAMAGE TO THE MACHINE OR MINOR PERSONAL INJURY.

NOTE

Indicates a procedure, practice or hint which is important to highlight.

### IMPORTANT SAFETY NOTICES

The installation of this kit does not alter the Gross Vehicle Weight Rating (GVWR) or payload of the vehicle. Check your vehicle's owner's manual and do not exceed the maximum load listed for your vehicle.

**Gross Vehicle Weight Rating:** The maximum allowable weight of the fully loaded vehicle (including passengers and cargo). This number — along with other weight limits, as well as tire, rim size and inflation pressure data — is shown on the vehicle's Safety Compliance Certification Label.

**Payload:** The combined, maximum allowable weight of cargo and passengers that the vehicle is designed to carry. Payload is GVWR minus the Base Curb Weight.

WARNING DO NOT INFLATE AIR SPRINGS WHILE OFF OF THE VEHICLE. DAMAGE TO ASSEMBLY MAY RESULT AND VOID WARRANTY.

A CAUTION

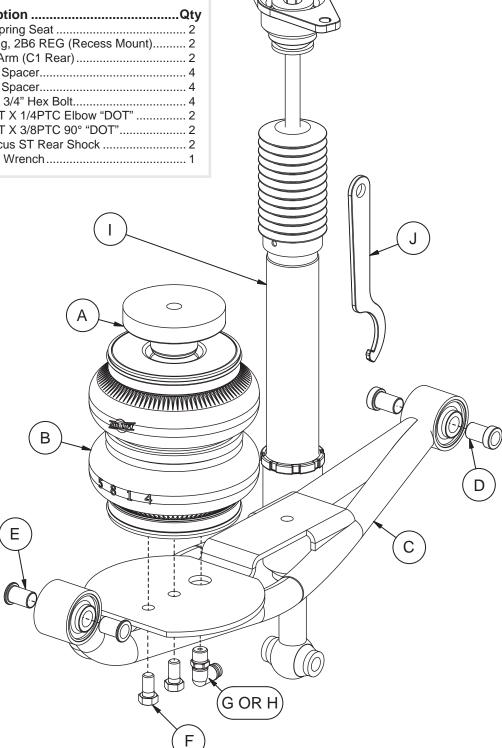
DO NOT WELD TO, OR MODIFY PERFORMANCE STRUTS/SHOCKS IN ANY WAY. DAMAGE TO UNIT MAY OCCUR AND WILL VOID WARRANTY.

## **Installation Diagram**

#### HARDWARE LIST

Item A B C D	<b>Part #</b> 07038 58531 11115 13979	DescriptionQtyUpper Spring Seat2Air Spring, 2B6 REG (Recess Mount)2Control Arm (C1 Rear)2Bushing Spacer4
Е	13990	Bushing Spacer 4
F	17101	3/8-16 X 3/4" Hex Bolt 4
G	21779	1/4MNPT X 1/4PTC Elbow "DOT" 2
Н	21851	1/4MNPT X 3/8PTC 90° "DOT" 2
I	26794	Ford Focus ST Rear Shock 2
J		Spanner Wrench 1





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### **Installing the Air Suspension**

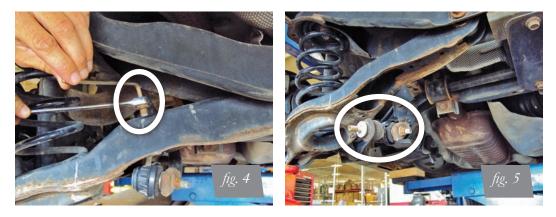
### PREPARING THE VEHICLE

- 1. Support the vehicle with jack stands or a hoist at approved lifting points.
- 2. Remove the rear wheels (fig. 2). Support the hub assembly before beginning work (fig. 3).



### STOCK SUSPENSION REMOVAL

1 **ST models:** Move to next step. **All other models:** Disconnect the stabilizer bar end link from the lower control arm (fig. 4). You may also remove the end links from the stabilizer bar for easier installation covered later in this manual (fig. 5).



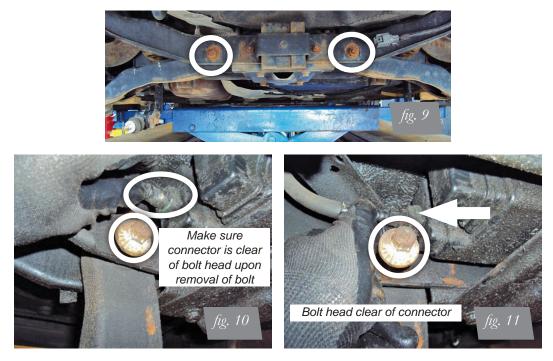
### **A** CAUTION

THE FOLLOWING STEPS COVER HOW TO REMOVE THE COIL SPRING WITHOUT A SPRING COMPRESSOR. CARE MUST BE TAKEN TO ENSURE THE SAFETY OF YOURSELF AND OTHERS WHEN REMOVING THE COIL SPRINGS.

2. Unbolt the outer lower control arm from the wheel bearing housing (fig. 6). Carefully lower the control arm down until coil spring tension is released (fig. 7). You may need to pull the control arm farther down to unseat the control arm from the upper spring perch (fig. 8). Remove the coil spring and rubber isolators.



3. Remove the inner control arm cam bolts and remove the lower control arms (fig. 9). There is a connector on one side that will need some coaxing to clear the cam bolt upon removal (figs. 10 and 11).



4. If retaining the factory shocks, continue to next step. Unbolt the upper and lower shock mount bolts and remove the shock from the vehicle (figs. 12 and 13).



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### **AIR SUSPENSION INSTALLATION**

 Remove the subframe bolt from the upper coil spring perch (fig. 14). Place the bolt and washer through the supplied upper air spring mount and bolt into place (figs. 15-17). Torque to 115 Nm (85 lbs.-ft.).



 Clip the zip tie off the end farthest from the large round spring seat (end with thick bushing spacers) and install into the cross member at the inner control arm pivot point. Reinstall the cam bolts. Do not torque at this time. (Figs. 18-21)

a) **ST models:** Move to next step. **All other models:** Install the stabilizer bar end link onto the newly supplied control arm. Torque to 55 Nm (40 lbs.-ft.).



3. Attach the air spring to the control arm using the supplied washers and bolts (fig. 22). Torque to 27 Nm (20 lbs.-ft.). Once the air spring is attached to the control arm, wrap the fitting threads with Teflon tape or thread sealant and thread into the air spring 1 and 3/4 turns beyond hand tight.



4. Clip zip tie from the other end and attach the control arm to the wheel bearing housing (fig. 24). Do not torque at this time.



5 **ST models:** Move to next step. **All other models:** Reattach the stabilizer end link to the stabilizer bar (figs. 25 and 26). Torque nuts to 55 Nm (40 lbs.-ft.).



6. If retaining the factory shocks, continue to the next step. Install the new shock (figs. 27 and 28). Torque the lower shock mount bolt to 115 Nm (85 lbs.-ft.). Torque the upper shock mount bolts to 25 Nm (18 lbs.-ft.). At this time, make sure the air spring is seated against the new upper spring perch as shown in fig. 24.



- 7. Fully compress the suspension using a jack. With the suspension compressed, review the best routing for the air line that is clear of all suspension components. Routing should also allow for the suspension to extend without kinking or pulling the line tight or rubbing on other components. Following the brake line routing is often a good place to start. Check clearances to all other components.
- 8. With the suspension fully compressed, take a measurement from the fender to some reference point typically the center of the axle. Record this measurement as Max Compression.
- 9. Cycle the suspension to Max Extension and record the measurement from the same reference points.
- 10. Add ME and MC then divide by 2. Set the suspension to this point. This position will give 50% stroke in either direction and is a starting point for ride height (fig. 29).



11. With the suspension at this position, loosen, then re-torque the lower control arm bolts to manufacturer's specifications (Table 1).

Torque Specifications				
Location	Nm	Lbsft.		
Fitting to air spring	1 and 3/4 turns beyond hand tight			
Upper shock mount to chassis	25	21		
Lower shock mount bolt	115	85		
Stabilizer end link nuts	55	40		
Wheel lugs	135	99		
Air spring bolt to control arm	27	20		
Control arm cam bolt	90	66		
Control arm outer bolt	115	85		

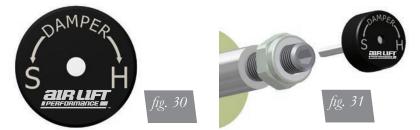
Table 1

#### DAMPING ADJUSTMENT

The dampers in this kit have 30 settings, or "clicks," of adjustable compression and rebound damping characteristics. Damping is changed through the damper rod using the supplied adjuster (figs. 30 & 31) or a 3 mm allen wrench.

Turn the adjuster clockwise and the damping settings are hardened. Turn the adjuster counterclockwise and the damping is softened.

Each damper is preset to "-17 clicks." This means that the damper is adjusted 17 clicks away from full stiff. Counting down from full stiff is the preferred method of keeping track of, or setting, damping. This setting was developed on a 2014 Ford Focus ST and may need to be adjusted to different vehicles and driving characteristics.



### ALIGNING THE VEHICLE

- 1. Using the control system, set the vehicle height to the new custom ride height.
- 2. If the custom ride height is lower than stock, we recommend loosening all pivot points (bolts, nuts) on any control arm, strut arm or radius rod that contains bushings. Once they have been loosened, re-torque to stock specifications.

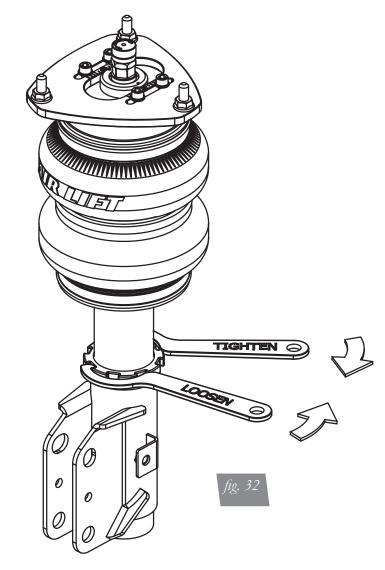
It may be necessary to cycle the suspension to loosen the bushing up from its mount. This will help re-orient the bushing at its new position and increase life of the bushings based on the custom ride height.

NOTE

#### ADJUSTING EXTENDED OR DROP HEIGHT USING LOWER MOUNT

Your dampers have been pre-set at the factory to provide maximum drop height while maintaining adequate tire clearance to the air spring. If you wish to gain more extended height (lift), which is the same as reducing drop height, or want to lower the chassis further and there is still adjustment available at the lower mount, please use the following procedure:

- 1. Support the vehicle with jack stands or a hoist at approved lifting points.
- 2. Remove the wheel.
- 3. Using the supplied spanner wrench, loosen the lower locking collar (fig. 32).



- 4. Deflate the air spring to 0 PSI on the corner you are adjusting.
- 5. Disconnect lower mount from suspension.
- 6. Spin the lower mount to the desired location.

Not all models will have further drop height available.

- 7. Re-install lower mount to suspension and torque fasteners.
- 8. Tighten the lower locking collar to the lower mount using significant force.

NOTE

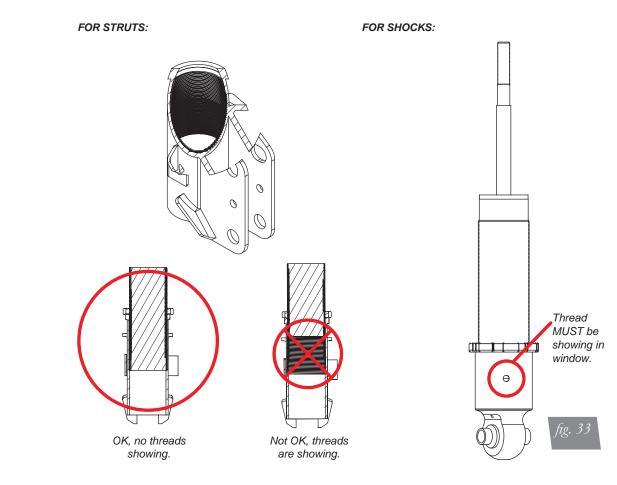
#### **A** CAUTION

WHEN ADJUSTING HEIGHT UPWARDS, MAKE SURE THAT THE DAMPER BODY ENGAGES ALL THE THREADS OF THE LOWER MOUNT (FIG. 33). WHEN ADJUSTING DOWNWARDS, MAKE SURE THERE IS ADEQUATE AIR SPRING CLEARANCE TO THE TIRE/WHEEL ASSEMBLY. CLEARANCE MUST BE CHECKED WITH SYSTEM FULLY DEFLATED AS WELL AS FULLY INFLATED TO ENSURE THAT NO RUBBING OCCURS. FAILURE TO MAINTAIN ADEQUATE CLEARANCE CAN RESULT IN AIR SPRING FAILURE AND WILL NOT BE COVERED UNDER WARRANTY.

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**A** CAUTION

DO NOT ADJUST HEIGHT BY SPINNING AIR SPRING ON DAMPER! DOING SO MAY CAUSE AN AIR LEAK AND COMPROMISE THE ASSEMBLY.



### **Before Operating**

A CAUTION

MAKE SURE THE FRONT WHEELS ARE STRAIGHT WHEN DEFLATING AND REINFLATING AIR BAGS.

- 1. Inflate and deflate the system (do not exceed 125 PSI) to check for clearance or binding issues. With the air springs deflated, check clearances on everything so as not to pinch brake lines, vent tubes, etc. Clear lines if necessary.
- 2. Inflate the air springs to 75 PSI 90 PSI and check all connections for leaks.
- 3. Air Lift Performance offers a complete line of air suspension control systems which are highly recommended for use with this product.
- 4. Please continue by reading the Product Use, Maintenance and Servicing section.

### **INSTALLATION CHECKLIST**

- □ Clearance test Inflate the air springs to 75-90 PSI and make sure there is at least ½" clearance from anything that might rub against each sleeve. Be sure to check the tire, brake drum, frame, shock absorbers and brake cables.
- □ Leak test before road test Inflate the air springs to 75 PSI 90 PSI and check all connections for leaks. All leaks must be eliminated before the vehicle is road tested.
- □ Heat test Be sure there is sufficient clearance from heat sources, at least 6" for air springs and air lines. If a heat shield was included in the kit, install it.
- □ Fastener test Recheck all bolts for proper torque.
- Road test The vehicle should be road tested after the preceding tests. Inflate the springs to recommended driving pressures. Drive the vehicle 10 miles and recheck for clearance, loose fasteners and air leaks.
- □ **Operating instructions** If professionally installed, the installer should review the operating instructions with the owner. Be sure to provide the owner with all of the paperwork that came with the kit.

Technician's Signature

\_\_ Date \_\_

### **POST-INSTALLATION CHECKLIST**

- Overnight leak down test Recheck air pressure after the vehicle has been used for 24 hours. If the pressure has dropped more than 5 PSI, then there is a leak that must be fixed. Either fix the leak yourself or return to the installer for service.
- □ Air pressure requirements Regardless of load, the air pressure should always be adjusted to maintain adequate ride height at all times while driving.
- □ Thirty day or 500 mile test Recheck the air spring system after 30 days or 500 miles, whichever comes first. If any part shows signs of rubbing or abrasion, the source should be identified and moved, if possible. If it is not possible to relocate the cause of the abrasion, the air spring may need to be remounted. If professionally installed, the installer should be consulted. Check all fasteners for tightness.

NOTE

## **Product Use, Maintenance and Servicing**

Suggested Driving Air Pressure Maximum Air Pressure

35-45 PSI

125 PSI

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FAILURE TO MAINTAIN ADEQUATE MINIMUM PRESSURE (OR PRESSURE PROPORTIONAL TO LOAD) WILL RESULT IN BOTTOMING OUT, OVER-EXTENSION OR RUBBING AGAINST ANOTHER COMPONENT AND WILL **VOID THE WARRANTY**.

#### MAINTENANCE GUIDELINES

By following these steps, vehicle owners will obtain the longest life and best results from their air spring.

- 1. Check the air pressure before driving.
- 2. Never inflate beyond 125 PSI.
- 3. If you develop an air leak in the system, use a soapy water solution to check all air line connections, before deflating and removing the spring.
- 4. When increasing load, always adjust the air pressure to maintain normal ride height. Increase or decrease pressure from the system as necessary to attain normal ride height for optimal ride and handling. Remember that loads carried behind the axle (including tongue loads) require more leveling force (pressure) than those carried directly over the axle.

**CAUTION** FOR YOUR SAFETY AND TO PREVENT DAMAGE TO YOUR VEHICLE, DO NOT EXCEED MAXIMUM GROSS VEHICLE WEIGHT RATING (GVWR), AS INDICATED BY THE VEHICLE MANUFACTURER. ALTHOUGH YOUR AIR SPRINGS ARE RATED AT A MAXIMUM INFLATION PRESSURE OF 125 PSI, THE AIR PRESSURE ACTUALLY NEEDED IS DEPENDENT ON YOUR LOAD.

- 5. Always add air to the springs in small quantities, checking the pressure frequently. Sleeves require less air volume than a tire and inflate quickly.
- 6. Should it become necessary to raise the vehicle by the frame, make sure the control system is turned off before lifting.

## **Troubleshooting Guide**

- 1. Leak test the air line connections, the threaded connection into the air spring, and all fittings in the control system.
- 2. Inspect the air lines to be sure none are pinched. Tie straps may be too tight. Loosen or replace the strap and replace leaking components.
- 3. Inspect the air line for holes and cracks. Replace as needed.
- 4. Look for a kink or fold in the air line. Reroute as needed.

If the preceding steps do not solve the problem, it is possibly caused by a failed air spring — either a factory defect or an operating problem.

## **Frequently Asked Questions**

Q. Will installing air springs increase the weight ratings of a vehicle?

No. Adding air springs will not change the weight ratings (GAWR, GCWR and/or GVWR) of a vehicle. Exceeding the GVWR is dangerous and voids the Air Lift warranty.

Q. How long should air springs last?

If the air springs are properly installed and maintained they can last indefinitely.

#### Q. Will raising the vehicle on a hoist for service work damage the air springs?

No. The vehicle can be lifted on a hoist for short-term service work such as tire rotation or oil changes. However, if the vehicle will be on the hoist for a prolonged period of time, support the axle with jack stands in order to take the tension off of the air springs.

### **Tuning the Air Pressure**

Pressure determination comes down to three things — level vehicle, ride comfort, and stability.

#### 1. Level vehicle

If the vehicle's headlights are shining into the trees or the vehicle is leaning to one side, then it is not level. Raise the air pressure to correct either of these problems and level the vehicle.

2. Ride comfort

If the vehicle has a rough or harsh ride it may be due to either too much pressure or not enough. Try different pressures to determine the best ride comfort. See Air Lift suggested driving air pressure.

3. Stability

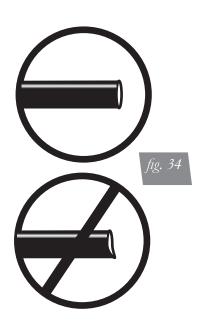
Stability translates into safety and should be the priority, meaning the driver may need to sacrifice a perfectly level and comfortable ride. Stability issues include roll control, bounce, dive during braking and sponginess. Tuning out these problems usually requires additional air pressure, strut damping, or both.

### **Checking for Leaks**

- 1. Inflate the air spring to 80 PSI.
- 2. Spray all connections and the inflation valves with a solution of 1/5 liquid dish soap and 4/5 water. Spot leaks easily by looking for bubbles in the soapy water.
- 3. After the test, deflate the springs to the minimum pressure required to restore the system to normal ride height.
- 4. Check the air pressure again after 24 hours. A 2 4 PSI loss after initial installation is normal. Retest for leaks if the loss is more than 5 lbs.

### **Fixing Leaks**

- 1. If there is a problem with a swivel fitting:
  - a. Check the air line connection by deflating the spring and removing the line by pulling the collar against the fitting and pulling firmly on the air line. Trim 1" off the end of the air line. Be sure the cut is clean and square (see fig. 34). Reinsert the air line into the push-to-connect fitting.
  - b. Check the threaded connection by tightening the swivel fitting another ½ turn. If it still leaks, deflate the air spring, remove the fitting, and re-coat the threads with thread sealant. Reinstall by hand tightening as much as possible and then use a wrench for an additional two turns.
- 2. If the preceding steps have not resolved the problem, call Air Lift customer service.



# **Limited Warranty and Returns Policy**

### WHAT THIS WARRANTY COVERS

Air Lift Company provides a Limited Lifetime Warranty to the original purchaser of its Air Lift Performance 3H<sup>™</sup> and 3P<sup>™</sup> Control/Air Management Systems, that the Air Lift Performance products will be free from defects in workmanship and materials for the normal expected life of the part when used on cars and trucks as specified by Air Lift Company and under normal operating conditions, subject to the requirements and exclusions set forth below.

For all other Air Lift Performance products, Air Lift Company warrants to the original purchaser for a period of one year from the date of original purchase, that the Air Lift Performance products will be free from defects in workmanship and materials when used on cars and trucks as specified by Air Lift Company and under normal operating conditions, subject to the requirements and exclusions set forth below.

### WHAT THIS WARRANTY DOES NOT COVER

The warranty does not apply to products that have been improperly applied, improperly installed, or which have not been maintained in accordance with installation instructions furnished with all products. This warranty does not apply and is void if damage or failure is caused by: accident, abuse, misuse (including but not limited to racing or off-road activities or commercial use), abnormal use, faulty installation, liquid contact, fire, earthquake or other external cause; operating the product outside Air Lift Company's instructions, specifications or guidelines; or service, alteration, maintenance or repairs performed by anyone other than Air Lift Company to the product from its purchased condition. This warranty also does not apply to: Universal Air (Fabricator Kits), consumable parts, such as batteries; cosmetic damage, including but not limited to scratches or dents; defects caused by normal wear and tear or otherwise due to the normal aging of the product, or if any serial or identification number has been removed or defaced from the product. Air Lift Company reserves the right to change the design of any product without assuming any obligation to modify any product previously manufactured.

### LIMITATION OF LIABILITY

TO THE EXTENT PERMITTED BY LAW, THIS WARRANTY AND THE REMEDIES SET FORTH HEREIN ARE EXCLUSIVE AND IN LIEU OF ALL OTHER WARRANTIES, REMEDIES AND CONDITIONS, WHETHER ORAL, WRITTEN, STATUTORY, EXPRESS OR IMPLIED. AIR LIFT COMPANY DISCLAIMS ALL STATUTORY AND IMPLIED WARRANTIES, INCLUDING WITHOUT LIMITATION, WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE AND WARRANTIES AGAINST HIDDEN OR LATENT DEFECTS TO THE EXTENT PERMITTED BY LAW. TO THE EXTENT SUCH WARRANTIES CANNOT BE DISCLAIMED, SUCH IMPLIED WARRANTIES SHALL APPLY ONLY FOR THE WARRANTY PERIOD SPECIFIED ABOVE. PLEASE NOTE THAT SOME STATES DO NOT ALLOW LIMITATION ON HOW LONG AN IMPLIED WARRANTY (OR CONDITION) LASTS. SO THE ABOVE LIMITATION MAY NOT APPLY TO YOU.

EXCEPT AS PROVIDED IN THIS WARRANTY AND TO THE EXTENT PERMITTED BY LAW, AIR LIFT COMPANY SHALL NOT BE LIABLE FOR ANY DIRECT, SPECIAL, INCIDENTAL OR CONSEQUENTIAL DAMAGES RESULTING FROM ANY BREACH OF WARRANTY OR CONDITION, OR ARISING IN CONNECTION WITH THE SALE, USE OR REPAIR OF AIR LIFT PERFORMANCE PRODUCTS, OR UNDER ANY OTHER LEGAL THEORY, INCLUDING BUT NOT LIMITED TO LOSS OF USE, LOSS OF REVENUE, LOSS OF ACTUAL OR ANTICIPATED PROFITS, LOSS OF THE USE OF MONEY, LOSS OF BUSINESS, LOSS OF OPPORTUNITY, LOSS OF GOODWILL, AND LOSS OF REPUTATION. AIR LIFT COMPANY'S MAXIMUM LIABILITY SHALL NOT IN ANY CASE EXCEED THE PURCHASE PRICE PAID BY YOU FOR THE AIR LIFT PERFORMANCE PRODUCT. PLEASE NOTE THAT SOME STATES DO NOT ALLOW THE EXCLUSION OR LIMITATION OF INCIDENTAL OR CONSEQUENTIAL DAMAGES, SO THE ABOVE LIMITATION OR EXCLUSION MAY NOT APPLY TO YOU.

# **Limited Warranty and Returns Policy cont'd**

### HOW TO GET SERVICE

If a defect in workmanship or materials causes your Air Lift Performance product to become inoperable within the warranty period, before returning any defective product, call Air Lift Company in the U.S. and Canada to obtain a Returned Materials Authorization (RMA) number. The consumer shall be responsible for removing (labor charges) the defective product from the vehicle and returning it, shipping costs prepaid, to Air Lift Company for verification. Returns to Air Lift Company must be postage prepaid and sent to: Air Lift Company. You must prove to the satisfaction of Air Lift Company the date of original purchase of your Air Lift Performance product. You must also enclose the RMA number and a return address. A minimum shipping and handling charge will apply to all warranty claims. You must also pack the product to minimize the risk of it being damaged in transit. If we receive a product in damaged condition as the result of shipping, we will notify you and you must seek a claim with the shipper.

### WHAT AIR LIFT COMPANY WILL DO

If you submit a valid claim to Air Lift Company during the warranty period, Air Lift Company will, at its option, repair your Air Lift Performance product or furnish you with a new or rebuilt product. Air Lift Company will not reimburse you for repairs or replacement parts provided by other parties. Your repaired or replacement Air Lift Performance product will be returned to you (subject to payment of the required warranty claim shipping and handling charge) and it will be covered under the warranty for the balance of the warranty period, if any. When a product or part is replaced, any replacement item becomes your property and the replaced item becomes property of Air Lift Company. You are responsible for installation/reinstallation (labor charges) of the product.

### HOW THE LAW RELATES TO THIS WARRANTY

THIS WARRANTY GIVES YOU SPECIFIC LEGAL RIGHTS AND YOU MAY ALSO HAVE OTHER RIGHTS WHICH VARY FROM STATE TO STATE. BY THIS WARRANTY, AIR LIFT COMPANY DOES NOT LIMIT OR EXCLUDE YOUR RIGHTS EXCEPT AS ALLOWED BY LAW. TO FULLY UNDERSTAND YOUR RIGHTS, YOU SHOULD CONSULT THE LAWS OF YOUR STATE.

## **Replacement Information**

If you need replacement parts, contact the local dealer or call Air Lift customer service . Most parts are immediately available and can be shipped the same day.

#### Contact Air Lift Company customer service first if:

- Parts are missing from the kit.
- Need technical assistance on installation or operation.

#### Contact the retailer where the kit was purchased:

- If it is necessary to return or exchange the kit for any reason.
- If there is a problem with shipping if shipped from the retailer.
- If there is a problem with the price.

- Broken or defective parts in the kit.
- Wrong parts in the kit.
- Have a warranty claim or question.