

Preparation:

- Disconnect the negative battery terminal. Park the vehicle on level ground and set the emergency brake.
- We recommend reading through the installation instructions in whole before performing the work.
- Estimated Installation Time: **2 Hours (Add 1 Hour to Wire Lighting)**

This installation requires 2 people for best results

Labor Rates are based on a vehicle with no pre-existing damage. Wiring labor is based on a standard wiring procedure with light switches installed in an easily accessible location. Custom light triggering or switch mounting location will result in a greater labor charge.

You will need the following tools:

- Ratchet
- 9/16" Socket & Wrench
- T-40 Torx Socket
- Grinder
- Black Paint

Included in Kit:

- 4 - Hex Head Bolts (3/8"-16 x 1 1/2")
- 8 - Flat Washers (3/8")
- 4 - Nylon Lock Nuts (3/8"-16)

Removal:

1. Unplug the connector on the back side of the trailer plug. Then, remove the plug by pushing in the two tabs and pulling it out the front of the bumper. (Fig A)



Fig A

2. Take off your license plate.
3. Remove your license plate lights from their housings. Then, remove the license plate light housings by pressing in the tabs on the back side of the housings.
4. Remove the parking sensors (x4) from their outer mounting rings. Simply spread the two tabs on the back of the mounting ring to allow the sensors to push out the back of the rings. Make sure to keep track of what order these sensors were installed in your OEM bumper as they will need to be installed in the same order on your new bumper. (Fig B)

**Spread these two tabs to
release the sensor from
its mounting ring.**

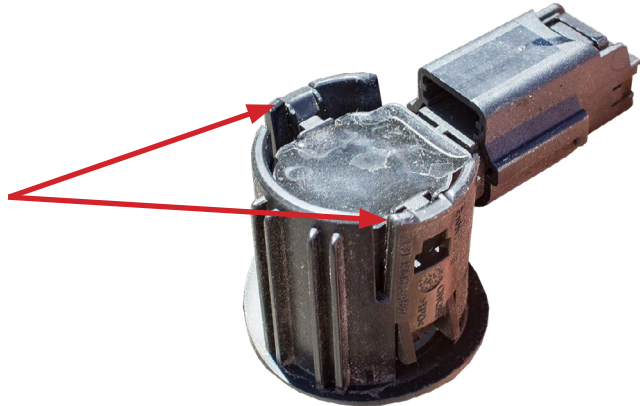


Fig B

5. Carefully pull the plastic center piece of the bumper off. There are no tools required for this step, it pulls off by hand. (Fig C)



Fig C

6. Using a T-40 Torx Bit, remove the bolts (x5) holding on each metal side piece. Save two of these bolts for reuse. (Fig D)

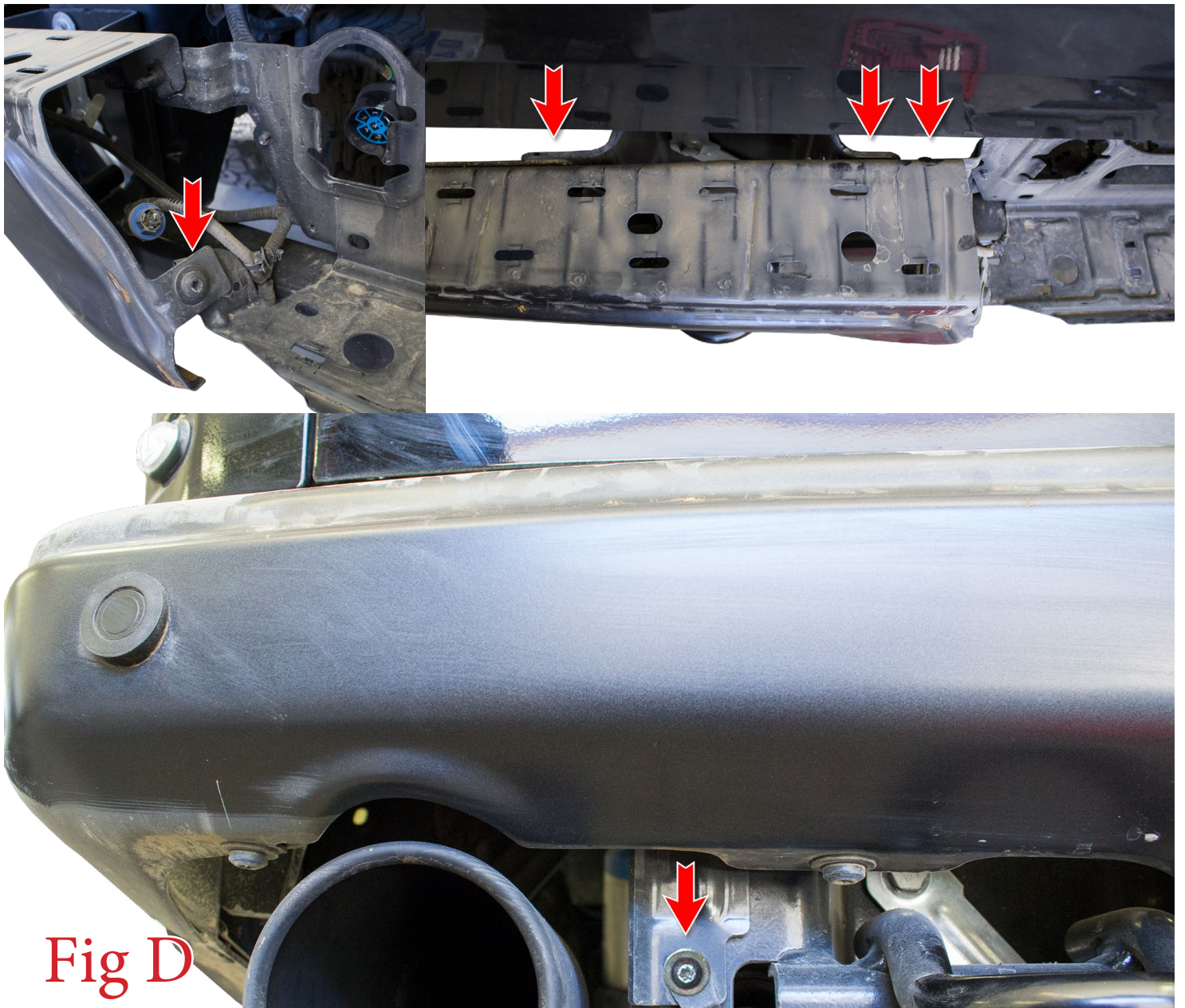


Fig D

7. Remove the plastic clips (that hold the parking sensor harness in place) from the metal bumper ends, then remove the metal bumper ends from the truck. (Fig E)

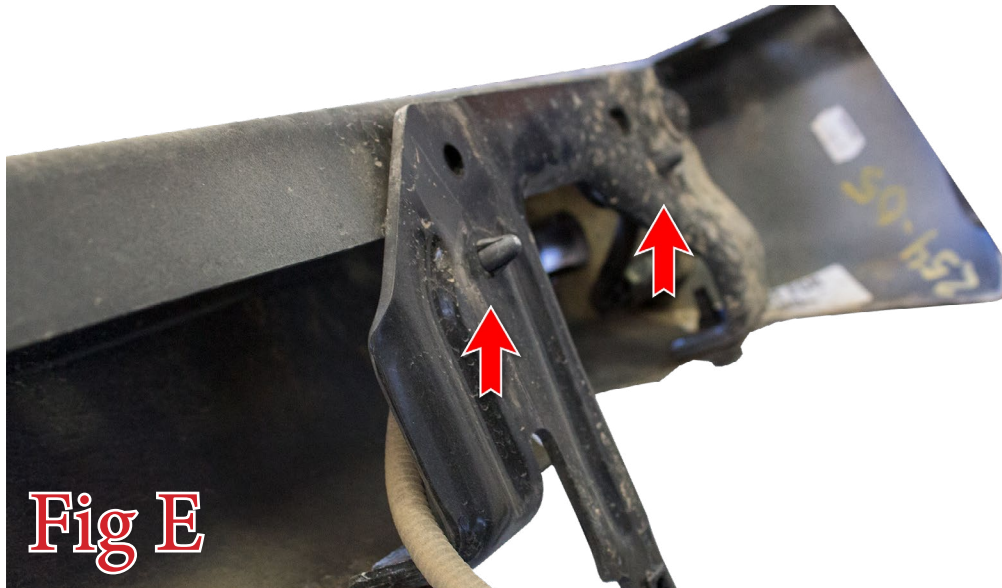
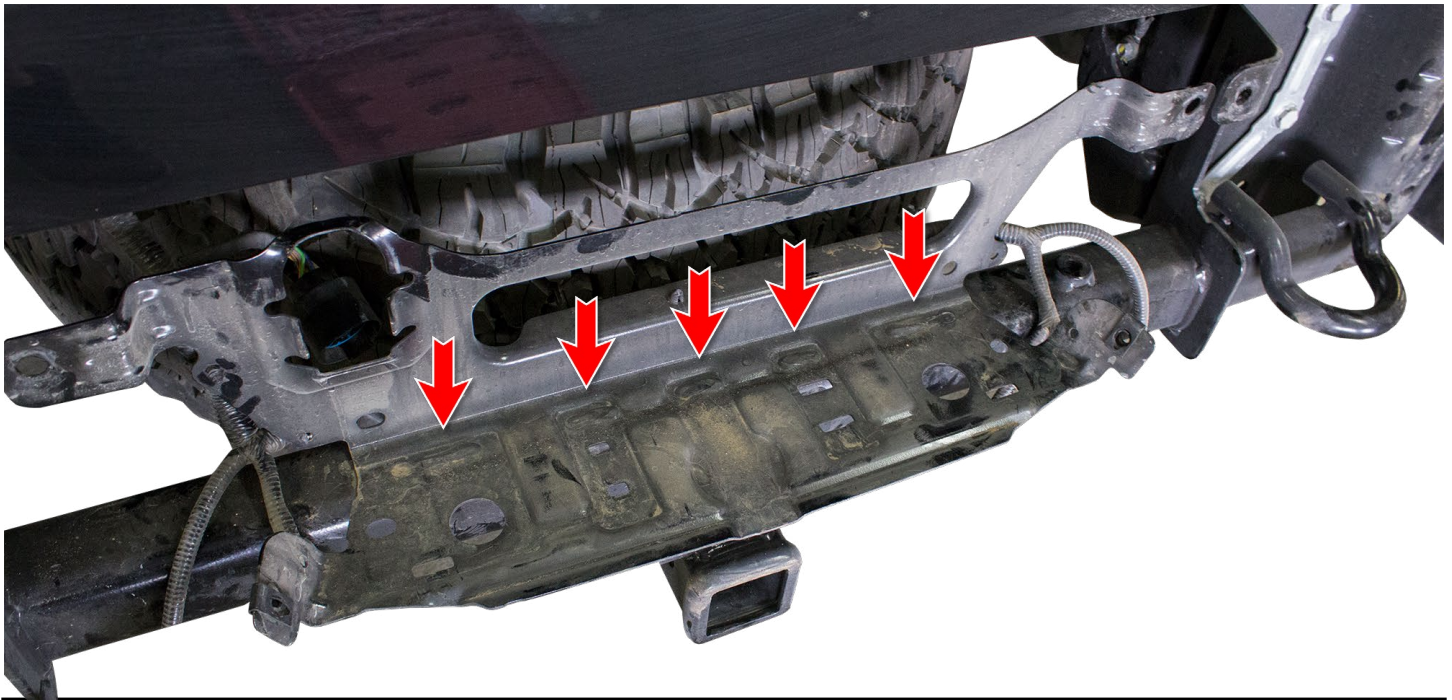


Fig E

8. Grind the 5 welds to remove the license plate structure from the rear frame. Make sure to paint over any bare metal when you're done grinding. (Fig F)



Your frame should look like this when you are done



Fig F

9. Remove the parking sensor mounting rings from the OEM bumper. Do this by pressing in the two tabs on the back of the ring and pushing the rings out the front of the bumper. Make sure to keep track of what position/orientation these were installed on your OEM bumper as they will need to be installed in the same position/orientation on your new bumper. (Fig G)

Press in these tabs to release the mounting rings from the OEM bumper.

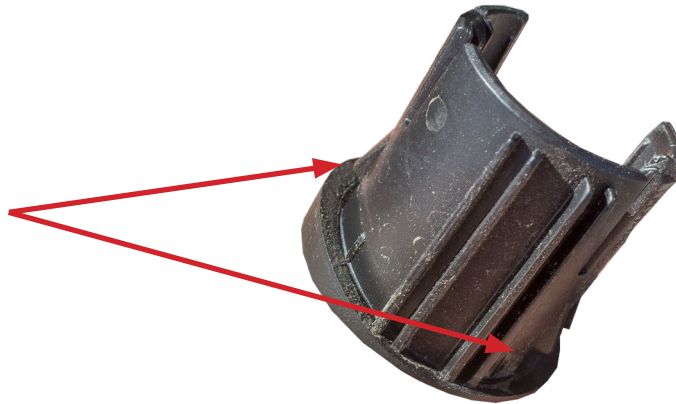


Fig G

10. Unplug and remove the OEM rear bumper wiring harness. (Fig H)

Unplug the main harness connector and remove the harness from the vehicle.

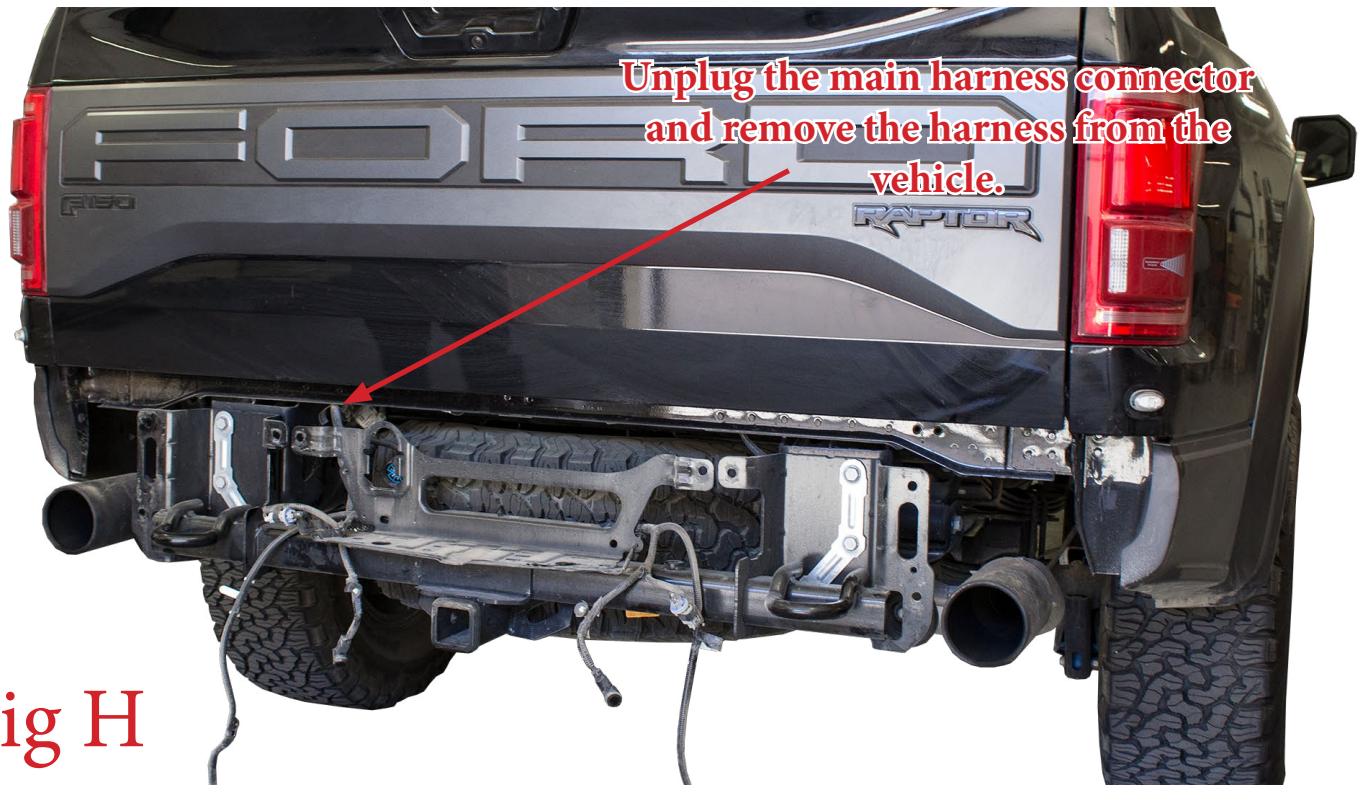


Fig H

Installation:

11. Install the license plate light housings on your new bumper by pressing them into their precut holes until they click into place. Make sure to install them in the same position as they were installed on the OEM bumper. (Fig I)



12. Install the parking sensor mounting rings onto your bumper by pressing them into their precut holes until they click into place. Make sure to install them in the same position/orientation as they came off your OEM bumper. If the rings do not click into place, you may have to trim the tabs on the sides of the mounting rings. (Fig J)



13. Install your parking sensors onto your bumper by pressing them into the front side of their mounting rings. Make sure to install these in the same position/orientation as they came off your OEM bumper. (Fig K)



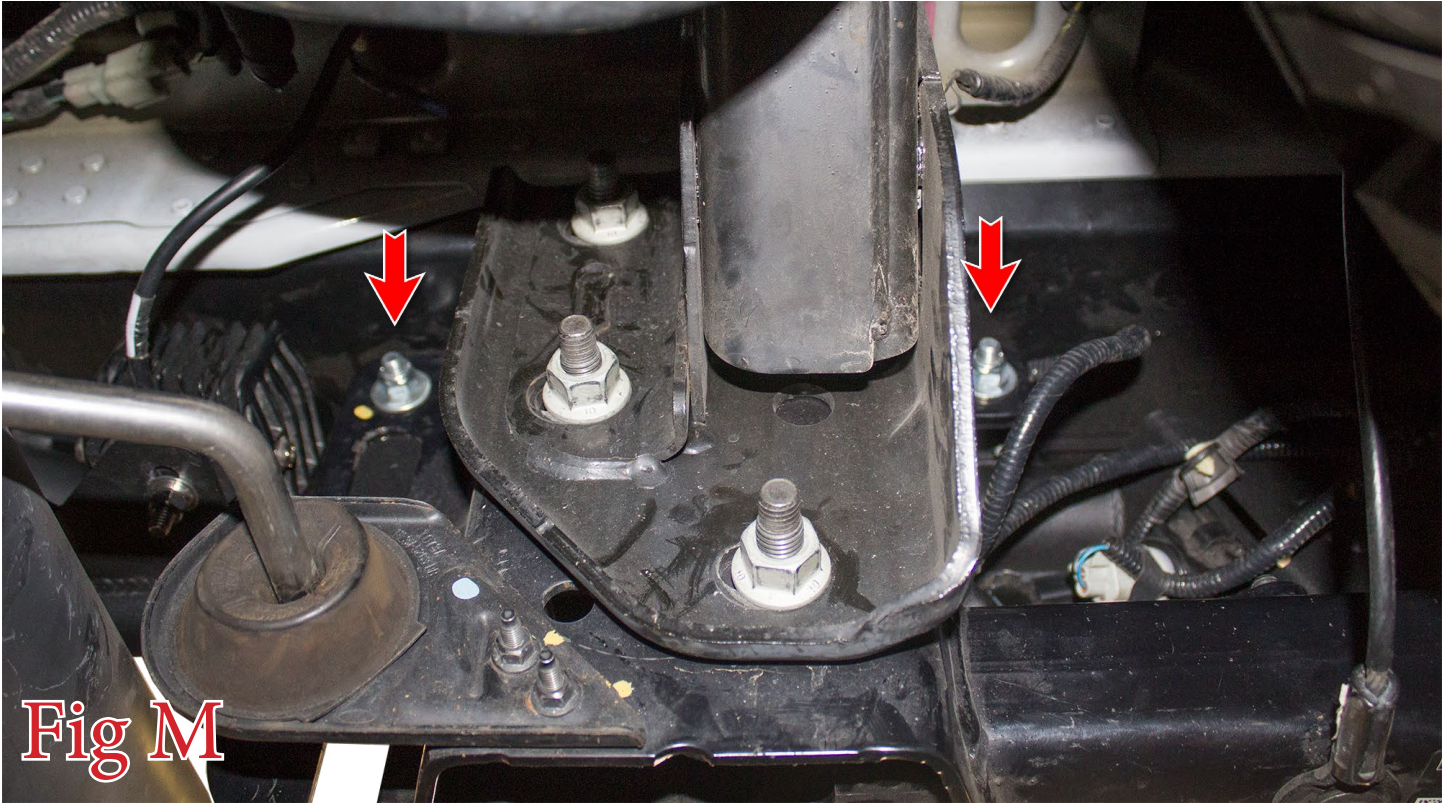
Fig K

14. Install the trailer plug onto your new bumper. Do this by pressing it into its precut hole until it clicks into place. (Fig L)

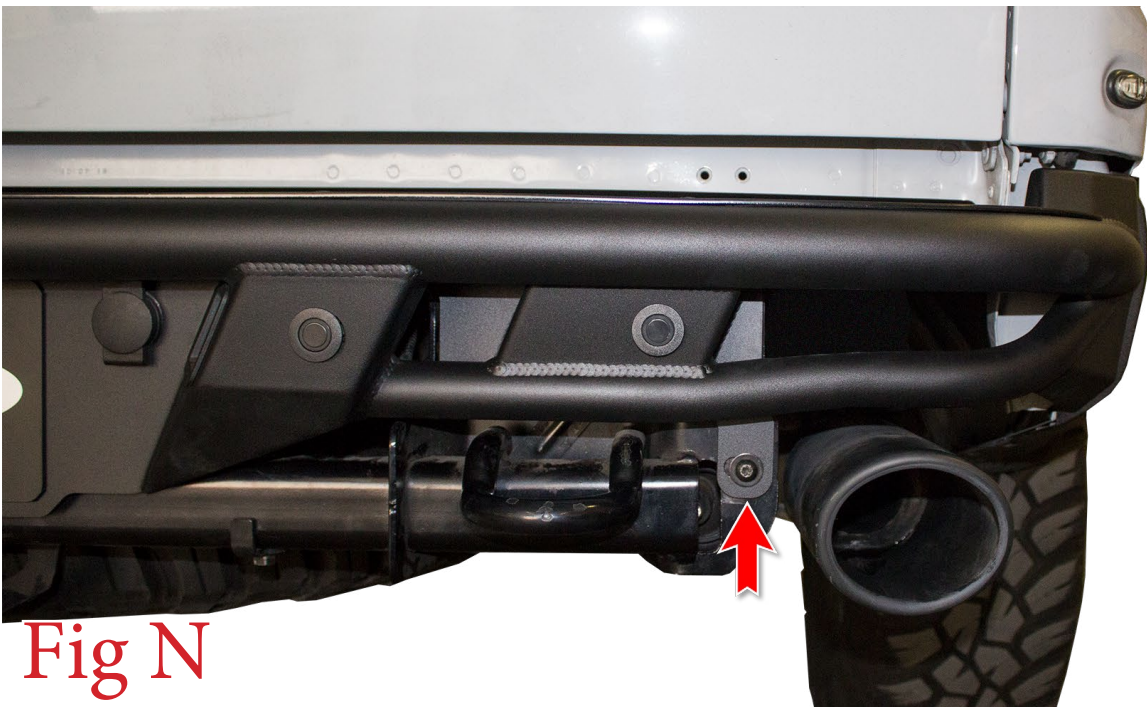


Fig L

15. Install the bumper harness onto your new bumper. Plug it into the license plate lights, parking sensors, and trailer plug. Then, secure it up and out of harm's way.
16. Set the bumper in place on the vehicle. Use the supplied 3/8" Bolts (x4), 3/8" Washers (x8), and 3/8" Lock Nuts (x4) to secure it. Leave these bolts loose for now. (Fig M)



17. Install the two bolts you saved in Step 6 in the lower bumper mounting holes. (Fig N)



18. Align the bumper so that it sits straight in relation to the tailgate and is centered left to right. Then, tighten the 3/8" mounting bolts to 30 foot pounds. Tighten the OEM mounting bolts to OEM torque spec.
19. If you have cube lights to install, install those now. Use the light manufacturer's guide for mounting/wiring information. (Fig O)



20. Plug in the connector from Step 10.
21. Stand back and enjoy your new ADD PRO™ Bolt-On Rear Bumper.
22. Check and re-tighten, if needed, all mounting bolts after 100 miles and periodically thereafter.



[View other off-road bumpers made by Addictive Desert Designs on our website.](#)